



## MEN'S TRACK & FIELD

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### Cook And Fouche Burn Up The Track At The Lewis Invite

Senior Brandon Cook wins the 55- and 200-meter dashes on Saturday.

Feb. 12, 2006

**Romeoville, Ill.** - The UIC men's and women's track and field team showed off its speed on Saturday afternoon at the Lewis Invitational with six individual event titles, including clean sweeps of the top three finishes in the women's 200- and 400- meter dash.

Seniors [Jessica Fouche](#) and [Brandon Cook](#) continued to pace the Flames' attack during this 2006 indoor campaign.

Fouche, the reigning Horizon League Women's Indoor Track Athlete of the Week, enjoyed the sprinting hat trick by finishing first in the 55- (7.28), 200- (25.71), and 400-meter (58.96) races.

Cook, meanwhile, set a new indoor personal best in the 55-meter dash, crossing in 6.52 en route to a first-place finish. He also claimed the crown in the 200-meter dash in 22.44.

The UIC women's team dominated the sprinting events at the meet.

[Mary Nardini](#) finished right behind Fouche in the 55-meter race in 7.54 to give the Flames a one, two standing. UIC then made a clean sweep in the 200- and 400- meter dash with [Kaci Boston](#) and [Rowsha LaBranche](#) following Fouche in the 200 and LaBranche and [Cynthia Spearman](#) taking second and third place honors in the 400.

On the men's side, [Sam Watson](#) gave the Flames their sixth event title on Saturday, placing first in the 3,000-meter race in 8:47.43.

UIC garnered second-place finishes in the 400-meter by [Trent Thompson](#) and the 55-meter hurdles by Anthony LaVine,

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Senior Brandon Cook won the 55- and 200-meter dashes on Saturday at the Lewis Invite.

who came in behind [Marcus Lesley](#) who was running unattached.

The UIC men's and women's track and field squad will be back in action next Saturday when they head to Milwaukee, Wis., to compete in the UWM Quadrangular.

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