

**Effects of Variable Energy Delivery on  
Leukocyte Kinetics and Wound Healing**

BY

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THESIS

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My thesis is dedicated to my grandparents Maria Cristina Olguin and Epifanio Diaz, my grandparents Maria De Jesus Fulgencio Paredes and Jose Baltazar Fulgencio, my parents Raul Paredes and Adriana Paredes, my Uncle Jesse Diaz, my Aunt Trish Diaz, and my beautiful wife Shandi Paredes, for their unconditional support and love.

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### **Contribution of Authors**

Chapter 1 and Chapter 2 is a background of relevant studies in the context of the field and highlights the significance of my thesis. Chapter 3 and Chapter 4 represent unpublished manuscripts for which I am the primary author. David Benavidez assisted me in zebrafish experiments. Dr. Steve Mangos assisted me in zebrafish handling, approaches, and methodologies. Dr. Jun Cheng assisted me in research design of quantitative measures. My research mentor, Dr. Amelia Bartholomew contributed to the research design and refinement of both manuscripts. Chapter 5 is an interpretation of future directions and overarching conclusions of my thesis.

# TABLE OF CONTENTS

<u>CHAPTER</u>	<u>PAGE</u>
<b>CHAPTER 1.....</b>	<b>1</b>
<b>1. INTRODUCTION .....</b>	<b>1</b>
1.1. WOUND CARE PROBLEM.....	1
1.2. TISSUE INJURY, INFLAMMATION, AND INFLAMMATORY LEUCOCYTES.....	1
1.3. MACROPHAGES .....	4
1.3.1. <i>Macrophage Responses to Bacteria, Necrotic and Apoptotic Cellular Debris.....</i>	<i>5</i>
1.3.2. <i>Macrophage Metabolism and Energy Demands in Normal and Abnormal Healing.....</i>	<i>7</i>
1.4. PROLONGED INFLAMMATORY RESPONSES CONTRIBUTE TO IMPAIRED WOUND HEALING .....	8
1.4.1. <i>The Influence of Reactive Oxygen Species on Macrophages.....</i>	<i>8</i>
1.4.2. <i>Impaired Wound Healing and the Dysfunctional or Absent Macrophage .....</i>	<i>10</i>
1.5. WOUND CARE INTERVENTIONS.....	12
1.5.1. <i>Primary Wound Care Interventions and Skin Substitutes.....</i>	<i>12</i>
1.5.2. <i>Energy Modalities.....</i>	<i>14</i>
<b>CHAPTER 2.....</b>	<b>15</b>
<b>2. CONCEPTUAL FRAMEWORK AND RELATED LITERATURE .....</b>	<b>15</b>
2.1. PHOTOBIOMODULATION IN BROAD CLINICAL PRACTICE .....	15
2.2. PHOTOBIOMODULATION IN CLINICAL WOUND CARE .....	16
2.3. PBMT EFFECT ON MITOCHONDRIA.....	17
2.4. PBMT EFFECTS ON ROS .....	20
2.5. PBMT UNKNOWN EFFECTS .....	22
2.5.1. <i>Effect of Light Wavelength.....</i>	<i>22</i>
2.5.2. <i>Effect of Energy Flux.....</i>	<i>24</i>
2.5.3. <i>Effect of Pulsing Modality .....</i>	<i>31</i>
2.6. PBMT CELLULAR EFFECTS ON MACROPHAGES.....	33
2.6.1. <i>PBMT Effects on Macrophage Inflammatory Responses .....</i>	<i>33</i>
2.6.2. <i>Macrophage Induced Fibroblast Proliferation Following PBMT .....</i>	<i>34</i>
<b>CHAPTER 3.....</b>	<b>36</b>
<b>3. AN AUTOMATED QUANTITATIVE IMAGE ANALYSIS PIPELINE OF <i>IN VIVO</i> OXIDATIVE STRESS AND MACROPHAGE KINETICS.....</b>	<b>36</b>
3.1. BACKGROUND AND RATIONALE .....	36
3.2. MATERIAL AND METHODS .....	39
3.2.1. <i>Zebrafish Assay Preparation.....</i>	<i>39</i>
3.2.2. <i>Imaging .....</i>	<i>42</i>
3.2.3. <i>Overview of Software.....</i>	<i>43</i>
3.2.4. <i>MATLAB Implementation .....</i>	<i>45</i>
3.2.5. <i>Statistical Analysis.....</i>	<i>48</i>
3.3. RESULTS .....	48
3.3.1. <i>Module 1: Data Formatting of Standardized Three-dimensional Time-lapse Imaging.....</i>	<i>48</i>

3.3.2.	<i>Module 2: Fluorescent Probe Image Analysis</i> .....	49
3.3.3.	<i>Module 3: Fluorescent Cell Kinetic Image-based Spatial and Temporal Quantitation</i> .....	52
3.3.4.	<i>Validation and Speed</i> .....	55
3.3.5.	<i>Module 4: Representative Experiment For Database Comparative Analysis</i> .....	56
3.4.	DISCUSSION AND CONCLUSIONS .....	59
<b>CHAPTER 4</b> .....		<b>64</b>
<b>4.</b>	<b>THE EFFECT OF FLUENCE ON MACROPHAGE KINTECS, OXIDATIVE STRESS, AND WOUND CLOSURE USING REAL-TIME <i>IN VIVO</i> IMAGING</b> .....	<b>64</b>
4.1.	BACKGROUND AND RATIONALE .....	64
4.2.	MATERIAL AND METHODS .....	66
4.2.1.	<i>Zebrafish assay Preparation &amp; Imaging</i> .....	66
4.2.2.	<i>Laser Irradiation for Time-lapse Imaging</i> .....	67
4.2.3.	<i>Analysis of Time-lapse Images</i> .....	68
4.2.4.	<i>Fin Regeneration Assay</i> .....	69
4.2.5.	<i>Statistical Analysis</i> .....	70
4.3.	RESULTS .....	70
4.3.1.	<i>Laser Dose Response of Oxidative Stress After Wounding</i> .....	70
4.3.2.	<i>Laser Dosing Exhibits Different Levels of Macrophage Kinetics in Response to Wounding</i> ..	73
4.3.3.	<i>Laser Dose Response of 24 Hour Wound Closure</i> .....	76
4.4.	DISCUSSION AND CONCLUSIONS .....	78
<b>CHAPTER 5</b> .....		<b>83</b>
<b>5.</b>	<b>FUTURE DIRECTIONS AND CONCLUSIONS</b> .....	<b>83</b>
5.1.	PBMT AND DOSE PARAMETERS .....	83
5.2.	PBMT AND ATP .....	83
5.3.	PBMT AND NEUTROPHILS .....	85
5.4.	ISCHEMIA REPERFUSION INJURY .....	86
5.5.	CONCLUSIONS .....	87
<b>CITED LITERATURE</b> .....		<b>89</b>
<b>APPENDICES</b> .....		<b>108</b>
APPENDIX A	.....	109
APPENDIX B	.....	113
<b>VITA</b> .....		<b>121</b>

## LIST OF TABLES

<u>TABLE</u>	<u>PAGE</u>
I. PBMT ENHANCED CELLULAR PROCESSES WITH VARIABLE DOSING .....	26
II. PBMT IMPROVED REGENERATIVE OUTCOMES IN ANIMALS WITH VARIABLE DOSING .....	29
III. ACCURACY VERIFICATION AND EXECUTION TIME OF ZIRMI IMAGE ANALYSIS PIPELINE .....	56
IV. ADVANCES IN REAL-TIME QUANTITATIVE SIMULTANEOUS CELL TRACKING AND ROS IMAGING.....	58
V. COMPARISON OF GROUP ZEBRAFISH AVERAGE ROS GENERATION & AVERAGE MACROPHAGE SPEED, STATIC RATIO, AND WOUND RECRUITMENT .....	60
VI. LASER TREATMENT PARAMETERS AT TARGET .....	68
VII. USER-DEFINED PARAMETERS AND THEIR CORRESPONDING FUNCTIONALITIES IN <b>ZIRMI</b> TO EXECUTE AN IMAGE ANALYSIS .....	109
VIII. COMPARISON OF SINGLE WOUNDED ZEBRAFISH MACROPHAGE TEMPORAL SPEED AND STATIC RATIO AVERAGE.....	111



## LIST OF FIGURES

<u>FIGURE</u>	<u>PAGE</u>
1. Robust human wound healing undergoes (I) inflammation to (II) regeneration. Within the first few days neutrophils (PMN) are the first to be recruited, primarily present throughout inflammation. Macrophages (M $\phi$ ) recruit at a slower pace but are present throughout all phases of healing. ROS and ATP are important cytokines that affect inflammation and when balanced correctly promote an acute inflammation transition to cell proliferation and wound remodeling.....	3
2. Parameterized light affects mitochondrial activity and complexes (complex I, NADH dehydrogenase; complex II, succinate dehydrogenase; complex III, cytochrome bc complex; IV cytochrome c oxidase) modulating membrane potential and ATP and ROS.....	19
3. ROS loaded Transgenic Wounded Larval Zebrafish Images. Zebrafish wound (A) at 10x magnification shows fluorescent macrophages (B) color mapping, to detect low threshold (blue) and high threshold (red) pixel intensity in (C) 3D with total travel path vector displacement of (D) macrophages .....	37
4. Zebrafish image-based assay workflow schematic. A. Zebrafish larvae selected for image-based assay had to meet an inclusion criterion based on physiological and fluorescence quality. B. Fish selected were loaded with reactive oxygen species probe solution, Dihydroethidium [35 $\mu$ M], that was optimized according to microscope setup. C. Fish were then mounting laterally in 1% Low melting temperature agarose as flat as possible. D. Once mounted fish were subjected specific injury resulting in “V” shaped wound perimeter (red) with a sterile 28-gauge needle to create a wound perimeter, E. Minutes post injury, fish were placed in a controlled 28°C temperature environment with 10% humidity and imaged in three-dimensional and time-lapse (3D +t) manner at 10X magnification to capture cell migration. Greyscale 3D+t digital images were exported into directories by channel: Brightfield, RED, and GREEN.....	41
5. <i>Zirmi</i> software image analysis pipeline schematic. <i>Zirmi</i> software progresses raw data through 4 modules in an automated fashion. In module 1, three dimensional time-lapse raw digital images (A) and experiment relevant inputs (B) are standardized into directories to facilitate throughput processing (C). Next, module 2 takes user-input parameters (D) to specify image processing algorithms (E) for image-based discrete oxidative stress measures over time (F). In module 3, <i>PhagoSight</i> algorithms are ran from formatted directories for throughput cell tracking (G). User-input parameters (H) are then used to customize algorithms to control outcomes and visual tools for context (I). Lastly, in module 4 the information gathered from the previous three modules are consolidated into Excel databases that are automatically updated as more raw data is analyzed through the analysis pipeline (J, K).....	45
6. <i>Zirmi</i> module 2 - reactive oxygen species probe image analysis. Macrophage migration patterns of unwounded control zebrafish (A), single wound (B), and double wound (C) can be detected in parallel with caudal fin oxidative stress (D,E,F). 40 discrete 10 $\mu$ m diameter circles in unwounded fins are used for capture background fluorescence regions of interest, ROIs (G). For wounded fins a uniform user-defined distance (yellow line - 65	

**LIST OF FIGURES (continued)**

<u>FIGURE</u>		<u>PAGE</u>
	μm) from wound perimeter (red line) was used to define wound ROI (H,I). Using these ROIs, the Corrected Total Fluorescence was discretely determined in an automated manner overtime per fin injury type (J,K,L) to form databases and visualization tools that could be exported to Excel and PowerPoint, respectively .....	51
7.	<i>Zirmi</i> module 3 –cell migration image analysis. Macrophage discrete positions in the tail were tracked via <i>PhagoSight</i> keyhole modeling in a three-dimensional and time-lapse manner (A) to derive all cell tracks inclusive of all frames (B). With discrete position information, tracks were then parsed by time domains (C) to derive time-based changes (D). Selection of tracks by space was done by outlining the wound perimeter (red solid line) to get the wound epicenter (red asterisk) by which the user can use to segment by wound region (yellow) and additional space domains S1 (via white asterisk), and S2, S3, S4 (E). With these selection criteria tracks could be grouped by time and space (F) on outcome measures ranging from speed, meandering index, static ratio, net distances, and direction. Selected tracks were plotted on MATLAB (B,D,F) exportable to PowerPoint and discrete values exportable to Excel. ....	55
8.	Photobiomodulation Therapy Schematic shows laser treatment schematic with a continuous laser of 635 nm wavelength at 5mW output power. Laser is applied directly to the glass of 35 mm glass bottom dish to treat Fish. The entirety of the fish with a spot size of 0.25 cm <sup>2</sup> is treated with either 150, 450, or 900 seconds of irradiation for an energy fluence of 3, 9, and 18 J/cm <sup>2</sup> , respectively. ....	67
9.	Laser effects oxidative stress. A and B display bright field image of fish after 60 minutes post injury of a wounded untreated control and of a wounded and treated fish with 3 J/cm <sup>2</sup> , respectively. Figure C and D display a color-map of the ROS probe (DHE) intensity; red hue indicating saturated DHE and blue hue indicated absence of DHE . Fish of untreated wounds 0 J/cm <sup>2</sup> (n=21) were compared with laser treated wounds: 3 J/cm <sup>2</sup> (n=11) and 9 J/cm <sup>2</sup> (n=8), 18 J/cm <sup>2</sup> (n=8). E displays group overall geometric mean ± 95% confidence intervals of DHE mean intensity values at 60 and 120 minutes post injury. Student T-tests *(p < 0.05), **(p < 0.01), ***(p < 0.001) were performed in Microsoft Excel. ....	72
10.	Wound recruited macrophages of 0, 3, 9, 18 J/cm <sup>2</sup> treatment groups of fish (n=20, 12, 10, and 8 respectively) were tracked using software analysis. Representative control fish (A) and 3 J/cm <sup>2</sup> (B) are shown with trajectories with the highest total distances hued as dark red and lowest values hued as dark blue. Quantitative measures of were algorithmically derived at T1 (30 to 60 minutes post injury ), T2 (30-90 minutes post injury), and T2 (30-120 minutes post injury) temporal domains post injury with means and 95% CIs for each independent group measure. Macrophage measures of absolute velocity (C), meandering index (D) were determined to evaluate persistence. Wound oriented net distance traveled (E) and static ratio (F) were determined to evaluate wound bias efficiency. Statistical differences were computed with Student t-tests *(p < 0.05), **(p < 0.01) in Graphpad® Prism. ....	75

**LIST OF FIGURES (continued)**

<u>FIGURE</u>	<u>PAGE</u>
11. Laser effects on fin wound closure. A and B show caudal fin wound region 1 hour post wounding. Figures C and D display the wound region 24 hours post wounding, untreated and treated with (3 J/cm <sup>2</sup> ) laser, respectively. Figure E displays the geometric mean $\pm$ 95% confidence interval of percent wound closure from 1 hour to 24 hours post wound of untreated control group (n=8) and 3, 9, and 18 J/cm <sup>2</sup> laser treated groups (n=12, 9, and 10 respectively). Student T-tests *(p < 0.05) were performed in Microsoft Excel and wound measurements were performed in ImageJ.....	78
12. Wound severity comparative analysis. Macrophage velocities (A), static ratios (B), and meandering (C) at three intervals: 30-59, 60-89, and 90-120 minutes post injury in unwounded, singly wounded, and doubly wounded fins. Macrophage cumulative wound recruitment in fish with single wounds (D) was compared to those with double wounds; ROS generation shown as Corrected Total Fluorescence (CTF) in unwounded fish (n=4) was compared to singly wounded (n=4) fish, and singly wounded CTF was compared to doubly wounded (n=3) fish at user defined time points (E). All values are shown as mean $\pm$ SD in GraphPad, Prism. ....	112

## LIST OF ABBREVIATIONS

3D+t	three-dimensional time-lapse imaging
ATP	adenosine-triphosphate
CTF	corrected total fluorescence
CW	continuous wave
DICE	dice similarity coefficient
DHE	dihydroethidium
dpf	days post-fertilization
FOV	field of view
H <sub>2</sub> O <sub>2</sub>	hydrogen peroxide
IntDen	integrated density
LLLT	low level light therapy
MMP	mitochondrial membrane potential
mpeg	macrophage expressed gene
MPI	minutes post injury;
Mφ	macrophage
NADPH	nicotinamide adenine dinucleotide phosphate
NOX	NADPH oxidase
n.s.	not significant;
O <sub>2</sub> <sup>-</sup>	super oxide anion
PBM	photobiomodulation
PBMT	photobiomodulation therapy
PMN	polymorphonuclear leukocytes
ROI	region of interest
ROS	reactive oxygen species
<i>Tg</i>	transgenic
<i>Zirmi</i>	<u>z</u> ebrafish <u>i</u> nflammatory <u>r</u> eactive oxygen species- and <u>m</u> acrophage kinetics- based <u>i</u> mage analysis

## SUMMARY

Annually in the United States, wound and wound related complications affect millions of people and cost the healthcare system in the tens of billions of dollars. As such, chronic inflammatory wounds are a significant healthcare problem and new forms of therapy are highly sought after. Photobiomodulation therapy (PBMT) as an energy-based modality presents as an emerging paradigm-shifting approach for its clear cost, safety, and implementation advantages. Also, PBMT has been numerously reported to reduce tissue inflammation and accelerate wound closure. However, the varied responses of macrophages to oxidative stress in inflammatory diseases underscores a need to better understand how microenvironment level changes can enhance or impair wound responses. Unfortunately, precise energy parameters have not been established to optimize effects in macrophage kinetics and function within the wound tissue microenvironment.

To meet this need, implementation of *in vivo* model strategies capable of observing molecular real-time changes within microenvironments after variable energy treatments is required. Recently, zebrafish animal reporter-based assays have grown their feasibility to characterize inflammatory cell migration and responses to biochemical cues, such as, reactive oxygen species. Unfortunately, acquiring quantitative measures of macrophage behavior in response to oxidative stress using real-time imaging is currently beyond the scope of commercially available software solutions. This thesis describes a novel image analysis pipeline method to interrogate zebrafish wound macrophage recruitment and oxidative stress, to evaluate quantitative dose effects of PBMT on a microenvironment level.

In Chapter 1, an introduction to the scope of robust and impaired healing both in its normative and perturbed molecular conditions are presented. This in addition to a background

## SUMMARY (continued)

of current wound care interventions are acknowledged and serve as a motivation of investigating energy-based modalities of therapy.

Chapter 2 provides a framework of current published photobiomodulated cellular inflammatory and kinetic responses. This includes the concept of variable energy treatments, such as, energy fluences in PBMT and its need for a more standardized approach.

In Chapter 3, an image analysis pipeline solution is described to provide real time quantitative measures of cellular kinetics and reactive oxygen species tissue content after tissue injury. This approach, termed *Zirmi*, differs from current software solutions that may only provide qualitative, single image analysis, or cell tracking solutions. This approach demonstrated standardized space- and time-based quantitative measures of (1) fluorescent probe based oxidative stress and (2) macrophage recruitment kinetic based changes after tissue injury. The implementation of *Zirmi* image analysis pipeline performed at execution speeds as high as 10-fold faster than manual image-based approaches. Automated segmentation methods were comparable to manual methods with a DICE Similarity coefficient  $> 0.70$ .

Chapter 4 describes the effects of a dose range of fluences delivered by a HeNe laser on individual macrophage kinetics, tissue oxidative stress, and wound closure using *Zirmi*. Results showed macrophage activity could be manipulated by applied energy fluence leading to reduced levels of wound reactive oxygen species and accelerated wound closure. Particularly, this demonstrated that the zebrafish model provides a means to quantitatively compare wound macrophage behavior in response to a variety of laser treatment parameters in real time.

Future directions outlining the potential of the *in vivo* test system developed and its potential utility to the scientific community are presented in Chapter 5.

## CHAPTER 1

### 1. INTRODUCTION

#### 1.1. Wound Care Problem

Approximately 1-2% of the United States population will develop a chronic wound in their lifetime, designating wound care as a significant public health problem and a growing economic burden, particularly for the elderly (Gould et al. 2015). For patients covered by Medicare, a 2014 analysis reported 15% (8.2 million) experienced a wound complication with costs estimated to range from \$28.1 to \$96.8 billion (Nussbaum et al. 2018). Strategies aimed at accelerating wound care have targeted the alteration of the microenvironment through cytokines, growth factors, artificial scaffolds, and biologics such as stem cells or skin substitutes. However, these strategies have not demonstrated durability in solving the problem, particularly in diabetics who suffer with high rates of wound complications (Nussbaum et al. 2018). Tissue repair is a multistep process and manually orchestrating complicated modes of regulation of various cell types has proven to have limited success (Enoch, Grey, and Harding 2006). New, more cost-effective treatments are needed.

#### 1.2. Tissue Injury, Inflammation, and Inflammatory Leucocytes

Tissue injury evokes a sequence of phases in the human body to sterilize the site of injury and reconstitute tissue and tensile strength. Once a wound is inflicted, the body, regardless of the etiology, coordinates a molecular response to enter hemostasis initiating the stages of healing: inflammation, proliferation, and remodeling (Deodhar and Rana 1997).

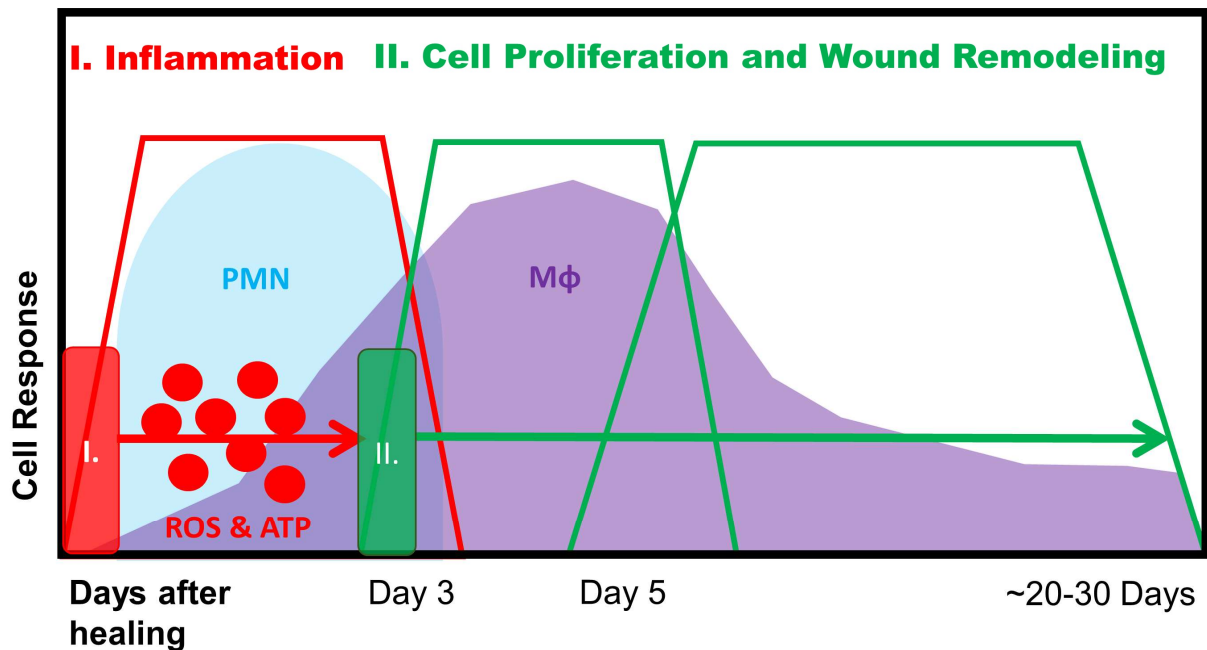
Following tissue injury, a complex orchestration of events is directed towards achieving hemostasis and recruiting immune cells such as macrophages and neutrophils to the site for their anti-microbial and pro-regenerative influences (**Figure 1**). As a first step, vessel injury leads to

exposed collagen, thrombin production, and coagulation to promote hemostasis and restore blood flow to the area (Minors 2007, Rong et al. 2005). Endothelial and platelet released chemical cues result in platelet activation and subsequent aggregation at the injured vessel site (Herbaczynska-Cedro, Lembowicz, and Pytel 1991). Activated platelets also produce growth factors, including transforming growth factor- $\beta$  and platelet-derived growth factors, to induce vessel repair (Rajkumar et al. 2006). Fibroblasts, which participate in adventitial repair of the vessel as well, can release of reactive oxygen species, ROS, (Ardanaz and Pagano 2006) to facilitate gene expression for inflammatory cytokines, such as, interleukin-1, and downstream promotion of immune cell recruitment and activation (Siegbahn and Hammacher 1990, Wahl et al. 1987).

ROS release serves to recruit neutrophils and macrophages to the site; increased vascular permeability locally as well as other factors aid in recruitment of these cells to the wound (Scheiermann, Kunisaki, and Frenette 2013). Molecular signals are recognized by pattern recognition receptors (PRR), dependent on the etiology of tissue injury, to facilitate damage or microbial pathogen associated, DAMP or PAMP, signals to recruit leukocytes (McDonald, Pittman, Menezes, Hirota, et al. 2010, Zhang et al. 2010, Land 2015). Initially, following tissue damage ROS secreted by NADPHD oxidase (Liu et al. 2004) and dual oxidase (DUOX) can serve as a chemokine (Niethammer, Grabher, Look, and Nature 2009), a small type of cytokine. ROS, along with growth factors (Wahl et al. 1987), cAMP (Harvath, Robbins, and Russell 1991), ATP (Honda et al. 2001b) and other chemokines, are generated at optimal levels to attract leukocytes to the site of injury. In excess however, ROS can also serve as an inflammatory agent (Rajagopalan et al. 1996), along with interleukins (Baggiolini and Clark-Lewis 1992, O'Neill



and Dinarello 2000) , tumor necrosis factor (Beutler et al. 1985), matrix metalloproteinases (Thompson et al. 1995), colony stimulating factor (Inaba et al. 1992). Superoxide anion for instance, is produced endogenously throughout the adventitia, interfering with nitric oxide ability to vasodilate and progress the phases of healing accordingly (Di Wang et al. 1998). To reach tissue homeostasis, reactive oxygen species are primarily controlled by recruited leukocytes, used cyclically condone cell functional inflammatory behaviors as needed (Tarlowe et al. 2003). Therefore, ROS is an important molecular pattern, and if unregulated by leukocytes, will lead to slow and unyielding inflammatory responses (Lavine et al. 1979, Boring et al. 1997).



**Figure 1.** Robust human wound healing undergoes (I) inflammation to (II) regeneration. Within the first few days neutrophils (PMN) are the first to be recruited, primarily present throughout inflammation. Macrophages (M $\phi$ ) recruit at a slower pace but are present throughout all phases of healing. ROS and ATP are important cytokines that affect inflammation and when balanced correctly promote an acute inflammation transition to cell proliferation and wound remodeling.

The recruitment of leukocytes, neutrophils and macrophages, commence an important protection inherent to inflammation, preventing infection (Artis et al. 2000, Roach et al. 2002, Nieminen et al. 2008, McDonald, Pittman, Menezes, and Hirota 2010). Inflammatory neutrophils and macrophages participate in cooperative defense strategies for the elimination of pathogenic and deleterious infiltrates responsible for infection (Silva, Silva, and Appelberg 1989, Novais, Santiago, and Báfica 2009). Neutrophils, as the first line of defense, arrive relatively quickly, engulfing surface labeled microbes (Colucci-Guyon et al. 2011) and sterilizing wound through respiratory bursts or degranulation, a process which involves the release of reactive oxygen species into the tissues (Rothe and Valet 1990). However, neutrophils, the most circulating leukocyte, in large quantities contributes to the slew of inflammatory buildup. The anti-microbial effects of degranulation via superoxide and hydrogen peroxide species, while desirable, can also cause damage to surrounding tissue, inducing cell death by increasing pH (Segal et al. 1981) and oxidative stress (Lamy, Mathy-Hartert, and Deby-Dupont 1996). Additionally, neutrophils undergo apoptosis following engulfment of bacteria (Kobayashi, Voyich, and Whitney 2005), further releasing intracellular contents to further progress inflammation (Grigg et al. 1991). Such debris requires clearance before the tissue injury can heal; macrophages play an important role in this clearance.

### **1.3. Macrophages**

Macrophages follow neutrophils recruitment. Macrophages are present in all phases of healing, and play an important role regulating both inflammatory and regenerative processes (Lucas, Waisman, Ranjan, Roes, Krieg, Müller, et al. 2010). They phagocytose cellular and bacterial debris, and secrete cytokines, chemokines, and matrix proteins involved in heightening or resolving inflammatory responses.

### **1.3.1. Macrophage Responses to Bacteria, Necrotic and Apoptotic Cellular Debris**

Inflammatory macrophages work as professional phagocytes and have a large capacity to engulf and internalize debris, cells, and microbes such as pathogens and bacteria (Flannagan, Cosío, and Grinstein 2009). Following phagocytosis, macrophages kill pathogens, microbial clearance, by the production of superoxide anions (Sasada and Johnston 1980). At the wound site, gamma interferon (Beutler et al. 1986), and endotoxins, such as, lipopolysaccharide (Doe and Henson 1978) of the bacteria cell wall, greatly stimulate macrophage pathways to increase superoxide anion production for the purpose of microbial clearance.

Internalization of necrotic cell debris also plays a role in activating macrophages. Necrotic cell debris facilitate inflammatory macrophages activation via high mobility group 1 proteins, a late mediator of endotoxin lethality, promoting macrophage recruitment and phagocytosis (Cohen et al. 2010). Further, cellular necrosis released intracellular contents promotes toll-like receptor signaling in a comparable manner to damage associated molecular patterns and lipopolysaccharide, stimulating macrophage proinflammatory responses (Andersson et al. 2000). To additionally bolster macrophage microbial clearance, macrophages engulf residual granules of reactive oxygen species left by neutrophils. Internalization of neutrophil granules play an important role in enhancing macrophage oxidative metabolism, aiding them with ROS needed to destroy microbes (Silva, Silva, and Appelberg 1989, Tan et al. 2006). Consequently, internalization of these reactive oxygen species play an important role clearing excessive oxygen species setting the stage for regeneration (Vincent et al. 2017, Novais, Santiago, and Báfica 2009).

Macrophages are also signaled by neutrophil apoptotic cell debris to aid in regeneration by a process termed efferocytosis (Kobayashi, Voyich, and Whitney 2005). Neutrophil apoptotic debris, different from necrotic cell debris, maintain high mobility group 1 firmly bound to chromatin in apoptosis (Scaffidi, Misteli, and Bianchi 2002). This apoptosis is an intrinsic process regulated within the cell by BCL2 family proteins, such as MCL-1, (Kato et al. 2006), and Src homology 2 domain-containing 5'-phosphatase (Gardai et al. 2002). Released by permeabilized cells and apoptotic neutrophils, ATP, metabolites, and other types of "eat me" signals then direct macrophages for their internalization (Nunn et al. 1996). These signals then interact with several macrophage receptors, including phosphatidylserine, complement receptor, lectins, and cluster differentiation proteins to promote macrophage recruitment (Kennedy and research 2009) and alternative activation (Lumbroso et al. 2018). Alternatively activated macrophage, via engulfment of neutrophil apoptotic intracellular materials, have been demonstrated to (1) stunt inflammatory cytokine production of interleukins, such as, colony-stimulating factor and necrosis factor, and (2) promote production of pro-healing cytokines, such as, transforming growth factor, prostaglandin and platelet-activating factor geared toward inflammatory resolution (Fadok et al. 1998). Therefore, macrophage internalization of apoptosis contribute to the alternative activation of macrophages to circumvent cyclic inflammatory tissue damage and promote tissue regeneration (Wyllie, Kerr, and Currie 1980).

Alternative macrophages timely presence are important to promote angiogenesis, collagen deposition, and wound closure (Lucas, Waisman, Ranjan, Roes, Krieg, Muller, et al. 2010). Once alternatively activated, macrophages secrete factors in the forms of proteins, growth factors, and other cytokines critical to the progression of successful tissue repair

(Mandrekar-Colucci, Karlo, and Landreth 2012). However, alternatively activated macrophage and their pivotal role in healing is not investigated in this thesis.

### **1.3.2. Macrophage Metabolism and Energy Demands in Normal and Abnormal Healing**

Aberrant metabolism can either immunosuppress or immunoactivate to modify the susceptibility of infection or inflammatory disease (Wellen and Hotamisligil 2005). Therefore, an energy homeostasis is important for the immune response pathways to prevent inflammatory diseases, commonly associated with metabolic disorders. As a result there is growing body of evidence that demonstrates metabolic dysfunction and chronic inflammation go hand in hand (Hotamisligil 2006).

In the activated state macrophages undergo a metabolic switch, from oxidative phosphorylation to glycolysis, decreasing oxygen consumption (Keuper et al. 2017). It has been proposed that macrophage activation and corresponding increase in glycolysis could be a mechanism to rapidly generate ATP (Nascimento et al. 2005). More efficient than the tricarboxylic acid cycle in ATP generation, glycolysis can be induced quickly, enabling synthesis of ATP in response to the high demand required for increases in production of purines and pyrimidines required in biosynthesis (Vazquez et al. 2010). Activated macrophages also produce increased amounts of mitochondrial reactive oxygen species which can be used to enhance bactericidal activities (West et al. 2011). A switch to glycolytic ATP production may be a critical component for the production of reactive oxygen species production in the wound (Palsson-McDermott and O'neill 2013). Therefore, macrophages demonstrate an overarching ability to govern proliferative tasks and when dysregulated exacerbate inflammatory wound conditions (Mirza and Koh 2011). Elevated macrophage activity can accelerate wound healing responses before and after inflammation. It has classically been outlined that ROS secretion is

proportional to phagocytosis activity via NADPH oxidase. Therefore, ROS levels can be indicative of macrophage phagocytosis, inferring greater antimicrobial and antibacterial activity with an ROS increase.

#### **1.4. Prolonged Inflammatory Responses Contribute to Impaired Wound Healing**

Macrophages clearance of neutrophils is key to the resolution of acute inflammation. Neutrophil longevity is influenced by microbial induction of inflammatory cytokines, including interleukins, tumor necrotic factors, gamma interferon, colony stimulation (Colotta et al. 1992). Prolonged microbial activities can affect neutrophil mitochondrial membrane potential. This activity has been demonstrated to significantly reduce caspase-3 and caspase-9, affecting cytokines ability to promote neutrophil longevity, stunt neutrophil apoptosis, and cycle more inflammatory behaviors (Colotta et al. 1992, Taneja et al. 2004). As a result, a dense cellular infiltrate consisting of neutrophils, macrophages, necrotic debris, and other inflammatory agents impair the site of injury, delaying healing (Khanna et al. 2010, Mirza and Koh 2011, Mittal et al. 2005, Henry and Martine 2002). Additionally, leukocytes saturate wound sites, excessive free radicals saturate the wound increasing wound oxidative stress (Jx and Nj 2014, Sen 2009, Niethammer 2016, Ushio-Fukai 2009). Therefore failure to phagocytose neutrophils in a timely manner is demonstrated to increase the longevity of neutrophils and prevent macrophage alternative activation, delaying healing and prolonging inflammation (Meszaros, Reichner, and Albina 1999).

##### **1.4.1. The Influence of Reactive Oxygen Species on Macrophages**

Redox based signaling at the site of injury plays a critical role in the progression of tissue repair (Henry, Matilde, and Fulvio 2010). As previously mentioned, tissue damage activates NOX and DUOX to generate ROS generated gradients. Next, ROS participates in a spatial-

temporal distribution to facilitate critical acute inflammatory cellular processes, such as apoptosis and recruitment (Jiang, Zhang, and Dusting 2011). To induce apoptosis, generated peroxides oxidize MAP kinase phosphatases to sustain JNK activity, well characterized in the early steps of regeneration (Ishida et al. 2010). This induction of redox based apoptosis is linked to enhancing tissue regeneration, as inhibited NOX generated ROS is shown to impair tissue apoptosis and subsequent tissue regeneration (Gauron et al. 2013). Additionally, NOX generated ROS are characterized to oxidize tyrosine kinase, Lyn, enhancing apoptosis in neutrophils (Gardai et al. 2002), thus influencing macrophage efferocytosis geared regenerative outcomes. To induce leukocyte recruitment, DUOX generated ROS have been described as forming a chemoattractant gradient (Niethammer, Grabher, Look, and Mitchison 2009). More precisely, peroxides oxidize tyrosine kinase redox sensor, Lyn, to mediate oriented leukocyte recruitment to the inflammatory foci (Yoo et al. 2011). However, acute inflammatory redox based signaling is dependent on optimal ROS threshold levels; ROS is deleterious in excess.

Excess ROS, can impair macrophages, delaying the initiation of tissue repair and regeneration. In acute inflammation, the accumulating effect of nearby cell lysing, neutrophil respiratory burst, and inflammatory macrophage activation results in increased oxygen consumption through oxidases activation. Increased oxygen consumption is linked to elevated levels of reactive oxygen species, ROS, superoxide anion ( $O_2^{\cdot-}$ ) and  $H_2O_2$  (Lambeth, Kawahara, and Diebold 2007). Generated ROS, in turn, supports macrophage survival and promotes the phagocytosis of short-lived, neutrophils cells (Wang et al. 2007, Brown et al. 2003), initiating a necessary microenvironment for tissue regeneration (Mirza and Koh 2011). However, in surplus, an insurmountable accumulation of necrotic debris and ROS can stagnate macrophages from phenotype switching to more regenerative alternative activations (Zhang et al.

2013). Studies now link excessive ROS based inflammatory macrophage activation to mitochondrial dysfunction (Bossche et al. 2016). These macrophages are then inhibited from their alternative abilities to dampen inflammation and promote tissue repair (Kelly and O'Neill 2015). Further, macrophage mitochondrial dysfunction is linked to NLRP3 inflammasome pathway activity, responsible for triggering pro-inflammatory responses (Zhou et al. 2010). Interesting, however, studies also show alterations to microenvironment ROS production via inducible nitric oxide synthase (iNOS), promoting alternative macrophage activation and mitochondrial respiration (Bossche et al. 2016). These representative studies demonstrate the orders of magnitude by which ROS directly and indirectly impacts the recruitment, activation, and enhancement of macrophages.

#### **1.4.2. Impaired Wound Healing and the Dysfunctional or Absent Macrophage**

The speed of wound healing is influenced by the timely presence and function of available macrophages (Ross and Odland 1968). Macrophages represent only 3% of circulating leukocytes, responsible for the clearance of residual inflammatory agents in the form of microbes, reactive oxygen species, and even neutrophils (Wetzler et al. 2000). A study examined the temporal effects of conditional macrophage depletion in mice throughout tissue repair (Lucas, Waisman, Ranjan, Roes, Krieg, Muller, et al. 2010). The study demonstrated inflammatory phase-based macrophage depletion significantly reduced granulation tissue and impaired epithelization; mid tissue repair macrophage depletion significantly increased susceptibility to hemorrhage in wound tissue; and tissue maturation phase macrophage depletion did not provide significant differences when compared to controls. Additional macrophage ablation studies corroborate macrophage stage-dependent effects. Petrie *et al.* demonstrated macrophage ablation eliminated bony-ray patterns in zebrafish following fin amputation (Petrie



et al. 2014). Mirza, DiPietro, and Koh. demonstrated eradicated macrophages reduce collagen deposition, impair angiogenesis, and overall decrease wound cell proliferation (Mirza, DiPietro, and Koh 2009). They also demonstrated an increase in proinflammatory tumor necrosis factor at the site of injury contributing to impaired healing.

Further studies correlate macrophage dysfunction to impaired healing. Studies have demonstrated isolated macrophages from diabetic mice chronic wounds to be impaired, linked to dysfunctional efferocytosis and increases in wound tissue inflammation (Khanna et al. 2010, Mirza and Koh 2011). Impaired effects were significantly associated with increases in pro-inflammatory cytokines and decreases in anti-inflammatory cytokines that could be reversed if macrophages were enabled to perform successful efferocytosis. Khanna *et al.* also found that macrophages in diabetic mice demonstrated a significant impairment in the ability to engulf apoptotic matter, ultimately contributing to elevated inflammatory wound microenvironments. Rosowski *et al.* demonstrated that in wounds with *Rac2*<sup>-/-</sup> macrophages, defective in basic motility to mobilize to wound regions, demonstrated a higher susceptibility to infection (Rosowski et al. 2016a). Mirza and Koh. provided evidence that wound macrophages of diabetic mice impaired activation, from pro-inflammatory to pro-healing phenotype, contributed to a pro-inflammatory wound microenvironment resembling that of a chronic wound (Mirza and Koh 2011). Results further demonstrated granulation thickness, wound closure percentage, collagen deposition vary significantly when phenotypes of macrophages are dysregulated. Additional studies have corroborated this principle linking macrophage dysregulation to elevated inflammatory expression at the wound region including interleukin-1 $\beta$ , matrix metalloproteases-9, Tumor necrosis factor- $\alpha$ , reactive oxygen species, and a dense deposit of neutrophils and cell debris prevalent in chronic wounds (Goren et al. 2009). Studies also report a correlation

between macrophage dysregulation and pulmonary carcinoma, atherosclerosis, periodontitis, chronic wounds, and other inflammatory driven diseases (Hoeksema, Stöger, and de Winther 2012, Murray and Wynn 2011, Quatromoni and Eruslanov 2012, Khanna et al. 2010).

Therefore, eradication of macrophages, and dysfunctional macrophages all contribute to wounds with poorly equipped regenerative capacities.

Unfortunately, no current avenue exists for accelerating the capacity of macrophages, ensuring wound homeostasis and timely transition from inflammation to regeneration. However, metabolic dysfunction can be recovered to improve regenerative outcomes (Furukawa et al. 2017, Varga et al. 2017, Cherry and Piantadosi 2015, He et al. 2017, Hotamisligil 2006, Szeto et al. 2011). Vital to a robust scalable response in tissue repair are macrophages cellular kinetics to mobilize for featured behaviors. If the metabolic capacity of a microenvironment could be supplemented, vital governing control centers, such as macrophages, could accelerate functions to supplement the metabolic needs of regeneration.

## **1.5. Wound Care Interventions**

### **1.5.1. Primary Wound Care Interventions and Skin Substitutes**

Wound dressings have been applied to aid in healing and inhibit bacterial infection. Advanced forms of dressing, extend beyond providing homeostatic temperature, moist environment, and neutral pH levels (Boateng et al. 2008). Recent strategies in wound dressings focus on various synthetic polymers and target enhancements in (Dhivya, Padma, and Santhini 2015):

- (1) leukocyte recruitment and support of regenerative functions
- (2) epidermal migration
- (3) development of granulation tissue
- (4) protection against bacterial infections.

Semi permeable films, such as nylon, provide autolytic debridement while providing protection from bacteria (Moshakis et al. 1984). As such these semi permeable films are limited to epithelializing shallow wounds with low exudates. Alternatively, hydrogels provide high water content to facilitate cellular recruitment and movement to sites of injury (Jones and Vaughan 2005). Alginate dressings, a common derived biodegradable hydrogel, is reported to control microbial infection. Specifically, alginate dressings can promote macrophage activation, leading to the production of inflammatory signals, such as tumor necrotic factor (Thomas, Harding, and Moore 2000). These solutions, including other dressings such as hydrocolloid dressings, foam dressings, bioactive dressings, impregnated dressings in addition to topical agents and new and improved versions, flood the market diluting the wound care strategies (Avishai, Yeghiazaryan, and Golubnitschaja 2017).

Tissue engineered skin substitutes are naturally occurring or synthesized polymer matrixes composites designed to bypass energy requirements (Enoch, Grey, and Harding 2006). Most commonly, *in vitro* engineered skin substitutes, are employed for supplementing an injury with cells or vascularization at a greater rate than could be provided by host tissue (Black et al. 1998). New stem cell and growth factor embedded directions (Liu et al. 2008), and composite tissue transplant developments (Ameer, Mahmood, and Langer 2002) have elevated the potential of tissue engineered skin substitutes. However, skin substitutes are inherently derived from biological materials requiring an additional level of security to balance safety of patience, practicality, and clinical effectiveness (MacNeil 2007). Additionally, many engineered substitutes derived from synthetic materials present challenges as being non-biodegradable (Sun et al. 2005). For example, companies, such as Dermagraft, despite receiving positive effects in healing, are not commercially viable (Bello and Falabella 2002). Therefore, extra safety is

required for decontamination, acquiring donor cells and tissues, immune response compatibility, all of which can impede clinical cost effectiveness (Carver 1991).

### **1.5.2. Energy Modalities**

Recent research has provided new insights in the metabolic demand of these regenerative processes. Studies have now demonstrated functional evidence of energy, in the form of ATP, responsible for inducing rapid recruitment and enhancing motility of immune cells (Sáez et al. 2017a) . Additionally, studies show metabolic dysfunction can be recovered to improve regenerative outcomes (Kalyanaraman et al. 2017).

Energy modalities include ultraviolet light C, negative pressure, electrical stimulation, ultrasound, and low-level laser irradiation (Vaghardoost et al. 2018, Ennis, Lee, and Meneses 2007). These treatments are increasing the scope of options for tissue injury reporting manipulations to inflammatory conditions and resolution (Frykberg and Banks 2015, Ennis et al. 2011). Further, they are uniquely suited to satisfy clinical safety and cost demands. However, optimization of these modalities for their effects on improving the wound microenvironment is still not defined. Knowledge of how energy manipulates the wound microenvironment presents a gap in knowledge for optimization of these therapeutics.

## CHAPTER 2

### 2. CONCEPTUAL FRAMEWORK AND RELATED LITERATURE

As photobiology evolved in the form photobiomodulation therapy (PBMT) over the last 50 years, over 2000 scientific investigations have been conducted to substantiate its role in medicine. However, a lack standardized approaches have limited PBMT clinical effectiveness.

#### **2.1. Photobiomodulation in Broad Clinical Practice**

Photobiomodulation (PBM), via light irradiation, demonstrates a multifaceted aptitude to treat a wide range of inflammatory and tissue repair related dysfunctions. Clinical studies aimed at inflammatory conditions have demonstrating wavelengths near 632 nm , 820 nm, and 904 nm to modulate angiogenic levels, biochemical (PGE<sub>2</sub>, TNF-alpha, IL-1beta) levels, neurophysiological levels, and other inflammatory related effects (Bjordal et al. 2006, Fabre et al. 2015, Gur et al. 2004). Clinically studies have shown photobiomodulation efficacy in the treatment of cardiac arrhythmias and ischemia (Ionin and Volkova 1989, Moshkovska 2005), increased cerebral blood flow and cognitive capabilities following traumatic brain injury (Li et al. 2015, Poiani et al. 2018), improved skeletal muscle force and reduced fatigue (de Almeida et al. 2012, Leal Junior et al. 2008), and reduction of pain in a manner similar to non-steroidal pharmaceuticals (Bjordal et al. 2006, Konstantinovic et al. 2010). From a clinical standpoint PBM offers numerous advantages: cost-effective, non-invasive, simple and pain free for the patient; potential drug equivalency for certain conditions to pharmaceutical agents and proven safety with minimal to no contraindications (Karu 2013).

## **2.2. Photobiomodulation in Clinical Wound Care**

Photobiomodulation treatment of wounds has been described to be in the red and near infrared spectrum (600nm to 1000nm) for ideal skin penetration (0.5-2 mm) and biochemical and photophysical effects.

Studies demonstrate a PBMT aptitude to treat diabetic foot ulcers, burns, and postoperative wounds, that is currently not being met by conventional interventions (Desmet et al. 2006). A double-blind randomized clinical trial led to a decrease in diabetic ulcer size (Kaviani, Djavid, and Ataie-Fashtami 2011) using 660 nm laser ( $10 \text{ J/cm}^2$ ,  $10 \text{ mW/cm}^2$ ) treatment. Compared to placebo (n=10), patients treated with laser 6 times per week (n=13) demonstrated a significant ulcer reduction within 4 weeks of treatment. Also, 4 to 10-week follow-up evaluations demonstrated 66% of patients undergoing the laser treatment achieved complete healing, higher than the 33% seen in placebo groups. Recent clinical trials have also demonstrated significantly improved outcomes for both diabetic and non-diabetic chronic wound patients after 625 nm, 660 nm, and 850 nm light treatment. Results demonstrate that light treated ulcers (n=20) at  $0.72 \text{ J/cm}^2$ , when compared to not irradiated placebo group (n=20) significantly accelerated granulation and healing after light irradiation (Frangez et al. 2017). Also, in burn patients (n=11), 660 nm laser treatment ( $20 \text{ J/cm}^2$ ) combined with skin grafts led to accelerate healing (Vaghardoost et al. 2018). In post-operative healing, 660 nm treated postoperative healing reduced swelling, inflammation, and pain in patients 24 hours after surgery (Fabre et al. 2015). Further, Kazemi-Khoo evaluating laser treatment efficacy in diabetic healing demonstrated 660 nm, 650 nm, and 980 nm lasers led to improved diabetic foot ulcer healing outcomes. All three wavelengths ( $0.6 \text{ J/cm}^2$  to  $6 \text{ J/cm}^2$ ) in diabetic patients (n=7) led to a reduction in ulcer size with no recorded contraindications (Kazemi-Khoo 2006). However,

studies such as these have led to a dispute in the medical community; there is no consensus on which parameters are required to stimulate relevant biological avenues to promote regeneration.

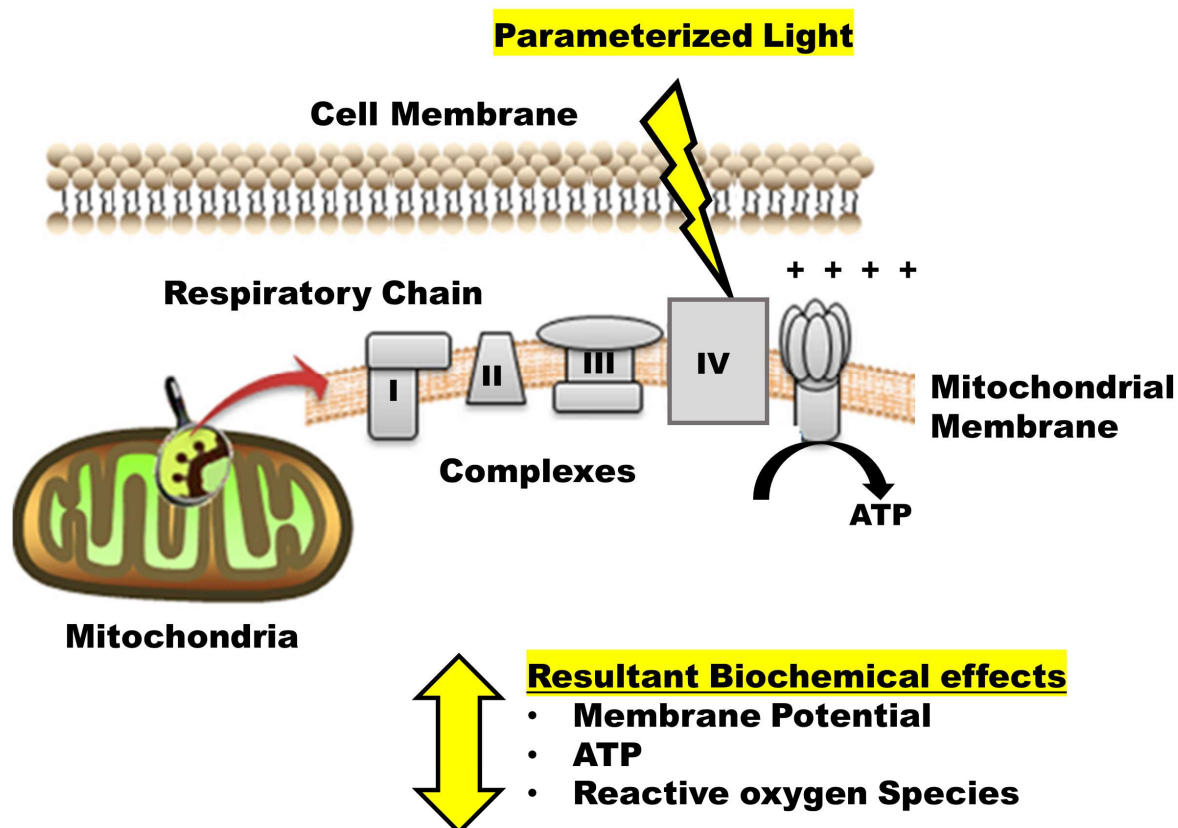
PBMT wound care has yet to standardize a clinical regiment of treatment. A meta-analysis was performed on twenty-four studies evaluating the effect of laser therapy on wound healing (Woodruff and laser surgery 2004). Results using a Cohen's d. statistic, demonstrated the mean overall effect of laser on healing was significant with the studies demonstrating augmentations in healing time, wound size, collagen synthesis, inflammation, and tensile strength. However, clinical treatment parameters used by all twenty-four studies demonstrated effective outcomes wide spectrum of wavelengths (400 nm to 1000 nm), energy fluences (0.076 J/cm<sup>2</sup> to 140 J/cm<sup>2</sup>), and irradiances (1 mW/cm<sup>2</sup> to 1 200 mW/cm<sup>2</sup>). Additionally, a large disparity exists in the clinical treatment strategies, ranging light exposure from 1 to 36 times in a single day and frequency a week ranging from twice per week to daily. As such, system reviews emphasize the need of more standardized modes of delivery for purposeful clinical impact (Chow and Barnsley 2005, Anders, Ketz, and Wu 2017). Wang *et al.* reported that while clinical based laser treatments report an overwhelming potential to promote wound repair, the disparity in treatments emphasize a need for more molecular based studies (Wang et al. 2017). Therefore, to confirm the beneficial effects of photobiomodulation for clinical practice, more mechanistic and molecularly stimulated avenues need to be investigated.

### **2.3. PBMT Effect on Mitochondria**

A series of studies have indicated that electromagnetic waves in the visible and NIR light spectrum interact with the cellular respiration chain (Kato 1981, Karu 1987). Studies of isolated rat mitochondria provided evidence that mitochondria were affected by monochromatic visible 632 nm light (Passarella et al. 1983). In isolated rat liver mitochondria treatment with the 632

nm laser ( $5 \text{ J/cm}^2$ ) has been reported to increase mitochondrial membrane potential and ATP (Passarella, Casamassima, and Molinari 1984). Additional *ex vivo* studies demonstrated enhanced ATP synthesis with exposure to a 632 nm wavelength delivering  $5 \text{ J/cm}^2$  (Passarella et al. 1988, Karu, Pyatibrat, and Kalendo 1995). Yu *et al.*, alternatively demonstrated 660 nm ( $10 \text{ mW/cm}^2$ ) increased oxygen consumption ( $0.6 \text{ J/cm}^2$  and  $1.2 \text{ J/cm}^2$ ) and energy charge ( $1.8 \text{ J/cm}^2$  and  $2.4 \text{ J/cm}^2$ ) in isolated rat mitochondria (Yu et al. 1997). Yu *et al.* further demonstrated that the electron chain components complex I, III, and IV affects membrane potential after respective red laser treatment. These findings provided a foundation of data indicating that mitochondria played a role mechanistically in photobiomodulation as a chromophore (**Figure 2**).





Modified Mitochondria Illustration- Huang, Y.-Y. Y., S. K. Sharma, et al. (2010).

**Figure 2.** Parameterized light affects mitochondrial activity modulating membrane potential and ATP and ROS via activation of complexes: complex I, NADH dehydrogenase; complex II, succinate dehydrogenase; complex III, cytochrome bc complex; IV cytochrome c oxidase.

The mitochondria electron transport chain complexes are now widely accepted as chromophores. A study using male Wistar rats, demonstrated increased activities of respiratory chain complex I, II, III, and IV, after 904 nm treatment ( $5 \text{ J/cm}^2$ ) (Silveira, da Silva, et al. 2009). Cytochrome c oxidase, complex IV, is known as playing a central role in the bioenergetics of a cell. Isolated cytochrome C oxidase (CCO) were measured for conformational change activity, inferring electron transfer. Results demonstrated an increase in its conformational change commonly after 632 nm treatment ( $2 \text{ J/cm}^2$  and  $10 \text{ mW/cm}^2$ ) implicating

cytochrome c oxidase as a mitochondrial photoacceptor (Pastore 2000). Karu *et al.* described an action spectrum using HeLa cells, identifying cytochrome C oxidase as a primary mitochondrial photoacceptor (Karu, Pyatibrat, and Afanasyeva 2004). Karu *et al.* further provided evidence that the action spectrum was believed to be a result of the heme core within the complex, with a single band at 619 nm and a compound band in the NIR region with a maximum peak at 820 nm (Karu et al. 2005). As a result, the now recognized term, photobiomodulation, was defined as a form of non-ionizing and non-thermal light therapy involving endogenous chromophores to elicit a “photophysical and photochemical event at various biological scales” (Anders, Ketz, and Wu 2017).

#### **2.4. PBMT Effects on ROS**

Photobiomodulation has been reported to affect ROS production, however, the effects have differed depending on the fluence applied *ex vivo*. ROS is a byproduct of mitochondrial cellular respiration (Zorov, Juhaszova, and Sollott 2006); as electrons are transferred within multi-subunit complexes, such as NADH dehydrogenase, superoxide radicals are generated (Lee et al. 2011). The motif is believed to play a role in PBMT, enhancing electron transfer and increasing intracellular ROS. Kushibiki *et al.* assayed ROS production via 2'-7' dichlorodihydrofluorescein diacetate ROS probe after 405 nm (100 mW/cm<sup>2</sup>) in a variety of cells including mouse preadipocytes, prechondrocytes, myoblasts, mesenchymal stromal cells, fibroblasts, and macrophages (Kushibiki et al. 2013). Results demonstrated enhanced ROS production after 405nm treatment in all cell types. Another study demonstrated 980 nm (1 5700 mW/cm<sup>2</sup>) laser elevated ROS production assessed by 2'-7' dichlorodihydrofluorescein diacetate in a dose dependent manner in osteoblasts. Highest energy fluence (78.75 J/cm<sup>2</sup>) demonstrated highest ROS production and lowest energy fluences (1.57 J/cm<sup>2</sup> and 7.87 J/cm<sup>2</sup>) demonstrated

lowest ROS production (Migliario et al. 2014). Results also indicated all fluences had significantly elevated ROS production when compared to non-treated control, but 10 J/cm<sup>2</sup> correlated to the most enhanced cellular proliferation of all groups. Another study demonstrated 810 nm laser (3 J/cm<sup>2</sup> and 20 mW/cm<sup>2</sup>) affected cortical neurons mitochondrial membrane potential, assayed with tetramethylrhodamine, and ROS generation, assayed with Mito-sox (Huang et al. 2013). Chen *et al.* demonstrated 810 nm increased reactive oxygen species and ATP synthesis in a dose dependent manner on murine fibroblasts (Chen, Arany, and Huang 2009). Low fluence (0.003 J/cm<sup>2</sup>) demonstrated no significant increase in ATP synthesis while higher fluences (0.03 and 0.3 J/cm<sup>2</sup>) increased ATP synthesis by 10% and 60%, respectively and correlated to increases in mitochondrial ROS. Results also demonstrated ROS production after 0.3 J/cm<sup>2</sup> were correlated to nuclear factor kappa B activation, regulating various inflammatory and cell survival pathways. In neurons, 810 nm laser, demonstrated a significantly increased ROS production and mitochondrial membrane potential. However, results also demonstrated in oxidative stressed cells, 810 nm treated neurons had an even more significant increase on mitochondrial membrane potential (30%) but reduced ROS presence. More recent studies have corroborated near infrared laser effects on neurons, demonstrating controlled mitochondrial ROS generation after 750, 810, and 950 nm (200 mW/cm<sup>2</sup>) treatment to protect from global brain ischemia conditions (Sanderson et al. 2018). Large quantities of mitochondrial ROS generation by the electron transfer of cytochrome C is known to trigger apoptosis (Giorgio et al. 2005). Wu *et al.* evaluated 633 nm high fluences (120 J/cm<sup>2</sup>) at an irradiance of 200 W/cm<sup>2</sup> effects on human lung adenocarcinoma ROS production and apoptosis (Wu et al. 2009). Results demonstrated high fluence 633 nm laser treatment induced excessive levels of intracellular ROS

and apoptosis. These experiments indicate PBMT can manipulate ROS production within a target cell *ex vivo*.

## **2.5. PBMT Unknown Effects**

The primary mechanism of light action on the mitochondrial photoacceptor may not provide a full explanation of the mechanisms elicited by photobiomodulation; several different light facilitated parameters contribute to similar and opposing biological effects. Optimization of these photobiomodulations for their effects on improving the wound microenvironment is still not defined. This gap in knowledge primarily rests on fundamental gaps in mechanisms elicited following energy-based treatments. If there was a more sensitive marker for photobiomodulation effects, the treatment may become more standardized. PBMT needs a standardized approach for parameters, including wavelength, fluence, irradiance, and pulsing modality (Tunér and Hode 1998)

### **2.5.1. Effect of Light Wavelength**

Photobiomodulation effects have been reported in variety of wavelengths, eliciting debate on which wavelength to use for therapies; generally, increased wavelengths are believed to be more penetrant (Ash et al. 2017). Light as an electromagnetic form of radiation has been well defined to positively correlate with absorption, Beer's Law (Kocsis, Herman, and Eke 2006). One study measured the optical properties of several different cell types, including cartilage, muscle, skin, tumor, and myocardium with wavelengths ranging from 630 nm to 1064 nm using replicated parameters and measurement equipment (Beek et al. 1997). They determined 630 nm light had the largest differences in optical properties, suggesting that differences may be explained by inherent biological variations of the tissue. Other studies have added that tissue constituents affect wavelength diffusivity (Gemert and Jacques 1989). Kim *et al.* measured 635

nm and 850 nm light diffusivity via optical fiber sensor in porcine skin with varying differences in water content (Kim, Shin, and Jeong 2015). Results demonstrated that both wavelengths under the same energy fluence propagated energy fluence differently based on the wavelength optical properties of water. Further, measured fluence rate inside skin was dependent on the tissue water content. These studies shed light on the varying effects within *in vitro* studies in varying wavelengths.

Varying wavelengths have been demonstrated to alter photobiomodulation effects. In human adipose derived stem cells 415 nm, 540nm, 660 nm, and 810 nm at 3 J/cm<sup>2</sup> were compared to determine the effects of wavelength dependent photobiomodulation (Wu et al. 2010). Cellular responses were evaluated including: cell proliferation, mitochondrial membrane potential, ATP production, ROS generation, Calcium concentration, and pH levels. Cell proliferation, ATP production, ROS generation, and mitochondrial membrane potential were increased after 660 nm and 810 nm wavelengths. In contrast, 415 and 540 nm demonstrated decreased cell proliferation and ATP levels which coincided with greater levels of ROS generation and mitochondrial membrane potential.

Alternative studies have also demonstrated similar effects in varying wavelengths. One study demonstrated a difference in the absorption wavelength of the mitochondrial electron chain resulting in enhanced ATP synthesis on isolated rat liver mitochondria at 515 nm, (Morimoto et al. 1994), when previous studies demonstrated elevated ATP synthesis near 630 nm, 820 nm, and 904 nm. NIH-3T3 fibroblasts treated with 904 nm laser demonstrated significant increases in proliferation and procollagen synthesis (Pereira et al. 2002). In embryonic skin fibroblasts 810 nm demonstrated increased activation of NF-κB in addition to increases in mitochondrial reactive oxygen species and ATP levels when compared to non-irradiated controls (Chen et al.

2011). Human foreskin fibroblasts demonstrated an increase in proliferation after 630 nm treatment compared to non-irradiated controls (Hsieh et al. 2012). Another study used human skin fibroblasts, Hu02, to assess 660 nm light bioenergetics and subsequent responses (Naderi et al. 2017). Hu02 cells treated with 660nm demonstrated a significant increase in reactive oxygen species generation, cell proliferation doubling time, and cell viability. These studies demonstrate a wide variance of wavelengths applied *in vitro*; *in vivo* applications may require more investigation for optimization based on cell/tissue type.

### **2.5.2. Effect of Energy Flux**

Multiple photobiomodulation effects have been reported in similar or same wavelengths eliciting debate on an energy quantity for treatment. A common unit of energy for light is joules, J, equivalent to  $\text{kg m}^2 \text{s}^{-2}$ . Joules are equivalent to Watts, W, or  $\text{kg m}^2 \text{s}^{-3}$  multiplied by the time of exposure in seconds. Light energy fluence and irradiance are both parameters used to control energy deliverance in treatment, incorporating both J and W. Light energy fluence, commonly reported as  $\text{J}/\text{cm}^2$ , can be simplified as the number of photons (N) or number of energy passing through a target area (A). This energy fluence (E), can be described by Equation 1:

$$E = \frac{dN}{dA} \quad (1)$$

Additionally, the radiant flux of light energy or light irradiance (I) is derived by time of irradiation in seconds (T) of joules per target unit area. Therefore, light irradiance,  $\text{W}/\text{m}^2$ , can be described by Equation 2:

$$I = \frac{dN}{dA dT} \quad (2)$$

*In vitro* studies (TABLE I): Van Breugal and Dop Bar demonstrated that 632.8 nm at kept constant at 180 mJ at variant powers (0.55 mW to 5.98 mW) for irradiation time (30 seconds to 330 seconds) on human fibroblasts demonstrated significant changes in cell proliferation (van Breugel and Bär 1992). Stimulatory effects were maximized at lower irradiation times and irradiance, whereas inhibitory effects were maximized at high laser powers. **TABLE I** demonstrates the wide range of delivered energies to cultured cells. It is surprising to see that there is a 6- to 10-fold range of energy fluences in which beneficial effects have been described. Even more variable is the irradiance which ranges from 0.68 mW/cm<sup>2</sup> to 530 mW/cm<sup>2</sup>. Such wide variances make it difficult to define parameters which can provide reproducible and consistent results.

TABLE I. PBMT ENHANCED CELLULAR PROCESSES WITH VARIABLE DOSING

Light Source (wavelength)	Irradiation	Fluence	Cell Model	Photobiomodulation effect	Reference
Laser (660nm & 780nm)	1 W/cm <sup>2</sup>	6 J/cm <sup>2</sup>	Human Neutrophils (PMN)	Increased ROS generation and oxidative burst effect against <i>Candida albicans</i> cells (fungi)	Cerdeira <i>et al.</i> (2016) <u>J Biophotonics</u>
GaAslAs (808nm)	(0.37 to 0.566) W/cm <sup>2</sup>	(11.3 to 17) J/cm <sup>2</sup>	HOF fibroblasts & NOKSI keratinocytes	Increased ROS generation to toxic levels. Protective catalase activity differs in cell type	Engel <i>et al.</i> (2016) <u>J Biophotonics</u>
LED (470nm & 660nm)	50 mW/cm <sup>2</sup>	30 J/cm <sup>2</sup>	C2C12 myoblasts, NIH/3T3 fibroblasts, BIR10 keratinocytes	Modulated proliferation and apoptosis. Increased migration kinetic (scratch wound)	Teuschi <i>et al.</i> (2015) <u>Dermatological Surg</u>
Lasers (660nm & 780nm)	(10.3 and 375) mW/cm <sup>2</sup>	(2.6 and 7.5) J/cm <sup>2</sup>	J774 macrophages	Modulated COX-2 activity & IL-6 mRNA. Reduced TNF-a & iNOS mRNA expression	Fernandes <i>et al.</i> (2015) <u>J Photochem and Photobio</u>
Laser (652nm, 806nm) vs LED (637nm, 901nm)	(5.57 and 1.30) mW/cm <sup>2</sup>	(10.02 and 2.334) J/cm <sup>2</sup>	A549, U20S, and PtK2 epithelial cells	Increased Migration (Scratch Wound), Proliferation	Splitter & Berns (2014) <u>J Biomedical Optics</u>
GaAs diode (915nm) CW and Pulsed (100 Hz)	166.7 mW/cm <sup>2</sup>	(5, 14, and 45) J/cm <sup>2</sup>	Human Dermal Fibroblasts	Modulated mitochondrial potential (MMP) & ROS generation	Belletti <i>et al.</i> (2014) <u>Lasers Med Sci</u>
Laser (660nm)	75 mW/cm <sup>2</sup>	4.5 J/cm <sup>2</sup>	U937 (alveolar macrophages)	restored DEX effect. Decreased IL-8 & TNF and HDAC(more gene activation) via PKA via inhibition of PI3K.	Souza & Aimbire <i>et al.</i> (2014) <u>J Photochem and Photobio</u>
HeNe (632.8nm)	530 mW/cm <sup>2</sup>	1,589 J/cm <sup>2</sup>	BV2 murine microglial (resident brain macrophages)	Increased viability and phagocytosis. Reduced LPS cytokine expression, NO expression via tyrosine kinases Src and Syk.	Song, Zhou, and Chen (2012) <u>J Neuroinflammation</u>
HeNe (632.8nm)	10.22 mW/cm <sup>2</sup>	5 J/cm <sup>2</sup>	WS1 Diabetic human skin fibroblasts	Increased migration, viability, proliferation, and collagen production	Ayuk & DTech & Abrahamse (2012) <u>Diab Tech &amp; Therapy</u>
HeNe (632.8nm)	12.74 mW/cm <sup>2</sup>	(1 and 2) J/cm <sup>2</sup>	RAW 264.7 (murine macrophages)	Increased Phagocytosis via Src activity	Lu <i>et al.</i> (2011) <u>Biophoton Immu Resp</u>
Laser (660nm)	17.9 mW/cm <sup>2</sup>	4.5 J/cm <sup>2</sup>	AMJ2-C11 (rat alveolar macrophages)	Reduced MIP-2 mRNA and ROS generation and NF-kB after LPS stimulation. Potentiated after NAC	Lima <i>et al.</i> (2010) <u>Photomed Laser Surg</u>



Nd:YAG (1064nm) Laser (830nm) HeNe (632.8nm)	(22, 6, and 12.7) mW/cm <sup>2</sup>	5 J/cm <sup>2</sup>	WS1 Diabetic human skin fibroblasts	Increased migration, viability and proliferation. Modulated ATP production	Hourelid & Dtech & Abrahamse (2010) <u>Diab Tech &amp; Therapy</u>
Nd:YAG (1064nm) Laser (830nm) HeNe (632.8nm)	(2.07, 5.95, and 12.73) mW/cm <sup>2</sup>	5 J/cm <sup>2</sup>	HSF human skin fibroblasts	Modulated mRNA IL-6, bFGF and Proliferation	Hawkins <i>et al.</i> (2007) <u>Photomed Laser Surg</u>
HeNe (632.8nm)	3 mW/cm <sup>2</sup>	(0.5 to 16) J/cm <sup>2</sup>	HSF human skin fibroblasts	Increased Migration (Scratch Wound), Proliferation, bFGF mRNA	Hawkins <i>et al.</i> (2006) <u>Photomed Laser Surg</u>
Laser (830nm)	316.7 mW/cm <sup>2</sup>	(9.5 and 19) J/cm <sup>2</sup>	Human Neutrophils (PMN)	Reduced opsonized PMN ROS generation via Luminol	Fujimaki <i>et al.</i> (2003) <u>J Clin Laser Med Surg</u>
HeNe (632.8nm)	0.68 mW/cm <sup>2</sup>	(0.01 to 0.03) J/cm <sup>2</sup>	Spleen Phagocytes	Increased Respiratory burst of Phagocytotic Cells via Luminol	Karu <i>et al.</i> (1989) <u>Lasers Surg Med</u>

*In vivo* studies (TABLE II): AL-Watban *et al.* evaluated wound healing in diabetic rats using different energy fluences (5, 10, 20, and 30 J/cm<sup>2</sup>) and wavelengths (532 nm to 980 nm) (Al-Watban, Zhang, and Andres 2007). Results demonstrated percentage of relative healing were most optimal at 633 nm delivered at 10 J/cm<sup>2</sup>, establishing differences in efficiencies not only by wavelength but also by energy fluence. Other reports have shown 685 nm, 830nm, at energy fluences 20 J/cm<sup>2</sup> and 50 J/cm<sup>2</sup> to have increased collagen production on cutaneous wounds in the dorsum of Wistar rat (Mendez *et al.* 2004). With 20 J/cm<sup>2</sup> treatments demonstrating more collagen production than 50 J/cm<sup>2</sup>. Another study evaluated wound tensile strength in rats after 635 nm and 670 nm with an energy fluence of 5 J/cm<sup>2</sup> but variant irradiances (4 mW/cm<sup>2</sup>, 15 mW/cm<sup>2</sup>) (Vasilenko *et al.* 2010). This study demonstrated significantly improved healing with both 635 nm at 15 mW/cm<sup>2</sup> and 670 nm at 4 mW/cm<sup>2</sup>. Erdle *et al.* evaluated 670 nm effects on a mouse burn injury model at the same energy fluence (3.6 J/cm<sup>2</sup>) but with low, medium and high irradiances (1.6, 8, and 40 mW/cm<sup>2</sup>, respectively)

(Erdle et al. 2008). All irradiances increased percent healing of injuries on day 2. Low irradiance increased 4-fold better when compared to untreated controls, and 1.5-fold better than high irradiances. Alternatively, a study evaluating healing in splinted wounds of diabetic mice after 660 nm treatment ( $4.7 \text{ J/cm}^2$  to  $6.3 \text{ J/cm}^2$ ) at variant irradiances ( $58 \text{ mW/cm}^2$  to  $313 \text{ mW/cm}^2$ ) found little differences (Peplow et al. 2011). Results demonstrated that each irradiance had enhanced reepithelization and granulation tissue when compared to nonirradiated control, but not each other. Conflicting results by energy flux in *in vivo* studies underscores the need for a reproducible model in which each parameter can be studied *in vivo* to identify optimal parameters for clinical translation.

TABLE II. PBMT IMPROVED REGENERATIVE OUTCOMES IN ANIMALS WITH VARIABLE DOSING

Light Source (wavelength)	Irradiation	Fluence	Animal Wound Model	Photobiomodulation effect	Reference
Laser (660nm)	11.3 mW/cm <sup>2</sup>	(1,5, 10) J/cm <sup>2</sup>	Male Sprague-Dawley Rats	Increased Collagen Deposition, rupture strength and stiffness. Reduced Mφ -(3 & 7 days)	Suzuki & Takakuda (2016) <u>Lasers Med Sci</u>
GaAl (904nm)	400 mW/cm <sup>2</sup>	(3 and 5) J/cm <sup>2</sup>	Male Wistar Rat	Reduced nonenzymic oxidative stress and IL-6 and IL-10 production (mRNA)-Reduced inflammatory response (2,12,24 h)	Silveira <i>et al.</i> (2016) <u>Free Radic Res</u>
GaAlAs (830nm) CW and Pulsed (50 Hz)	(2 500 and 1 2500) mW/cm <sup>2</sup>	4 J/cm <sup>2</sup>	Male Wistar Rat	Reduced TNF-a, IL-1B inflammatory cytokines. Increased TGF-B1. Modulated Nitric Oxide (1,4,8,15 days)	Guerra <i>et al.</i> (2016) <u>Lasers Med Sci</u>
Laser (808nm) CW and Pulsed	1 276 W/cm <sup>2</sup>	6.38 J/cm <sup>2</sup>	Male Wistar Rats	Increased Healing rate, granulation, epithelization and wound reduction (3, 7 14 days)	Tabakoglu <i>et al.</i> (2016) <u>Lasers in Surg Med</u>
Laser (890nm) Pulsed (80 Hz)	1 mW/cm <sup>2</sup>	0.2 J/cm <sup>2</sup>	induced diabetic Wistar rats	Increased Diabetic fibroblasts, macrophages-and increase bFGF gene (angiogenesis) in all rats (4,7,15 days)	Sharifian <i>et al.</i> (2014) <u>Lasers Med Sci</u>
Pulsed Laser (890nm, 80 Hz)	1.08 mW/cm <sup>2</sup>	(0.03 and 0.2) J/cm <sup>2</sup>	STZ (bacteria) induced diabetic Wistar Rats	30 days after STZ injections used Biometrics to establish load and stress of wounds. LLLT decreased maximum load and stress in non-diabetic. Increased Elastic Modulus max load and stress in LLLT diabetic injuries. (All tensiometrical examination 45 days after STZ injection)	Dadpay <i>et al.</i> (2012) <u>J PhotoChem and PhotoBio</u>
Laser (HeNe 632nm)	4.02 mW/cm <sup>2</sup>	(0.5 to 2) J/cm <sup>2</sup>	Mice	Increased collagen deposits, fibroblasts granulation tissue reduced leukocytes	Prabhu <i>et al.</i> (2012) <u>J Biophotonics</u>
Laser (890 nm) Pulsed (50 Hz)	Not described	Not described	Rabbits	Increased wound closure and fibroblasts presence. Reduced mononuclear infiltration via Histopathology-(3,7,14 days)	Hussein <i>et al.</i> (2011) <u>N. Am J Med Sci</u>
Laser (660nm)	375 mW/cm <sup>2</sup>	67.5 J/cm <sup>2</sup>	Male BALB/c mice	Reduced Neutrophil influx from BALF and Reduced TNF-a mRNA and cAMP expression in alveolar macrophages (3 hours)	Lima <i>et al.</i> (2011) <u>Lasers Med Sci</u>
Laser (660nm)	(58 to 313) mW/cm <sup>2</sup>	(4.7 to 6.3) J/cm <sup>2</sup>	Diabetic mice	Increased epithelization, granulation and collagen deposit(14 days)	Peplow <i>et al.</i> (2011) <u>Lasers in Surg Med</u>

LED GaAlAs (660nm)	9 mW/cm <sup>2</sup>	(10 to 32.4) J/cm <sup>2</sup>	Holtzman Rats	modulated aerobic metabolic capacity in temporalis muscle via Cytochrome C oxidase (CCO).	Hayworth <i>et al.</i> (2010) <u>J Photochem and Photobio</u>
GaAlAs (780nm) CW and Pulsed (2 336 Hz)	9.91 mW/cm <sup>2</sup>	2 J/cm <sup>2</sup>	Male Sprague-Dawley Rats	Increased fibroblasts and blood vessel formation. Reduced macrophages -(4,7, &15 days)	Bayat <i>et al.</i> (2010) <u>Photomed Laser Surg</u>
AsGa (904nm)	Not described	5 J/cm <sup>2</sup>	Male Wistar Rats	Increased ETC Complexes I,II,III and IV activity support hypothesis ATP increase -(5 days) - Reduced wound size (2007)	Silveira <i>et al.</i> (2009) <u>J Photochem and Photobio</u>
Laser (diode 532, 633, 810, 980 nm)	(15.56 to 22.22) mW/cm <sup>2</sup>	(5 to 30) J/cm <sup>2</sup>	induced diabetic Male Sprague-Dawley Rats	LLLT group significantly had a faster healing time in diabetic rats. ( 3 weeks)	Al-Watban <i>et al.</i> (2007) <u>Photomed Laser Surg</u>
HeNe (632.8nm)	588.2 mW/cm <sup>2</sup>	10 J/cm <sup>2</sup>	induced diabetic male Wistar Rats	Increased granulation and epithelization. Reduced mononuclear infiltration and inflammatory cell density (4,7,15 days)	Rebelo <i>et al.</i> (2006) <u>Photomed Laser Surg</u>
HeNe (632.8nm)	(139 and 281) mW/cm <sup>2</sup>	(2.09 and 4.21) J/cm <sup>2</sup>	Sprague Dawley Rats	Increased tensile strength, collagen deposition, reduced mononuclear cell infiltration (1 ,3, 5 days)	Yasukawa <i>et al.</i> (2006) <u>Laboratory Animal Science</u>
GaAs (904nm)	0.149 mW/cm <sup>2</sup>	5 J/cm <sup>2</sup>	Male Wistar Rats	In Induced muscle trauma Reduced ROS generation, iNOS, and NF-kB activation. Increased collagen deposition (12 hours, 7 ,14 days)	Rizzi <i>et al.</i> (2006) <u>Lasers Surg Med</u>
Lasers (685nm & 830nm)	Not described	(20 and 50) J/cm <sup>2</sup>	Male adult Wistar Rats	Increased fibroblasts, collagen deposition, re-epithelization. Reduced mononuclear cell infiltration via Histopathology (7 days)	Mendez <i>et al.</i> (2004) <u>J Clin Laser Med Surg</u>
Laser (830nm)	79 mW/cm <sup>2</sup>	5 J/cm <sup>2</sup>	Female diabetic mice	Increased wound tensile strength in all mice via Tensiometer(4 or 7 days)	Stadler <i>et al.</i> (2001) <u>Lasers Surg Med</u>

### **2.5.3. Effect of Pulsing Modality**

Photobiomodulation effects have been reported in variety of laser operating states, eliciting debate on whether continuous wavelengths or pulsed lasers should be used for photobiomodulation effects. Pulsing in light sources is controlled by pulse width measured in seconds and pulse repetition rate (frequency) measured in Hertz, Hz. Molecularly, pulsed and continuous wavelength lasers have been demonstrated to elicit varying effects on the mitochondria.

Effects on Mitochondria: A study of mitochondria in fibroblasts evaluated 915 nm laser pulsed (100 Hz) and continuous at 5, 15, and 45 J/cm<sup>2</sup> responses in the mitochondrial membrane potential via tetramethylrhodamine methyl ester molecular probes (Belletti et al. 2015). This molecular probe emitted fluorescence proportional to the amplitude of the mitochondrial membrane potential and was measured over time. The 915 nm treated fibroblasts demonstrated decrease in potential in both pulsed and continuous modalities at high fluences, 45 J/cm<sup>2</sup>. At lower fluences, 5 J/cm<sup>2</sup> pulsed modality decreased mitochondrial membrane potential, while continuous wavelength laser increased mitochondrial membrane potential. While optical properties of biological tissue are thought to have better light diffusivity with pulsing, these studies do not demonstrate a clear-cut direction regarding the role of pulsed vs constant source energy. There are still mechanistic effects that are not completely understood.

Effects of pulsed vs continuous on inflammation and tissue healing: Overall, continuous administration may provide an advantage over pulsed administration for reduction of inflammation and tissue regeneration. Mantineo *et al.* evaluated the effect of different power irradiation parameters (10, 20, 30, 40, and 50 mW) with continuous (830 nm and 980nm) and pulsed laser (830 nm) on inflammation induced in gastrocnemius muscles of rats by measuring

peripheral blood cytokine levels and histologic examination of the muscle (Mantineo, Pinheiro, and Morgado 2014). Treatment was applied daily for five sessions. Continuous state irradiation treatment at 830 nm demonstrated the greatest decrements in inflammatory cytokine production and inflammatory cell infiltrate in the muscle. A study investigated the effects of a pulsed continuous wave lasers at 635 nm ( $1.0 \text{ J/cm}^2$ ) at 100, 200, 300, 400, and 500 Hz in the role of healing in rats (Al-Watban and Zhang 2004). This study demonstrated continuous wave without pulse had the most efficacious healing closely followed by 100 Hz; both demonstrated nearly a 3-fold improvement in percentage of relative healing over 500 Hz treated wounds. Gigo-Benato evaluated Wistar rat nerve regeneration in continuous 808 nm laser versus 905 pulsed laser (Gigo-Benato et al. 2004). Results demonstrated continuous wave laser at 808 nm to have better nerve regeneration, but also demonstrated combined treatment of both continuous and pulsed to have the most effective nerve regeneration. A clinical study evaluated the treatment of episiotomies in woman with pulsed or continuous wave laser at 670 nm (10, 25 and 50 Hz). Results demonstrated pulsed laser enhanced wound repair more than continuous wavelength (Kymplová, Navrátil, and Knížek 2003).

Effects of super pulsed lasers and body temperature on energy absorption: Other parameters can affect the degree of energy absorbed when pulsed. Super pulsed lasers provide 100-200 nanosecond pulses at high power (50,000 mW); this delivery is believed to provide more light diffusivity through tissue. Joensen *et al.* compared 810nm, 200mW continuous wave energy to super pulsed 904 nm laser (60 mW) for effects on rat skin flaps which were harvested and then irradiated (Joensen et al. 2012). Results demonstrated super pulsed 904 nm laser were significantly more penetrated through skin than 810 nm continuous wave lasers, even when at lower output powers.

Energy absorption can also be influenced by temperature. Yeo *et al.* evaluated 660 nm at frequencies of 1, 10, 25, and 50 Hz peak intensity studying the effects of frequency, temperature, and glycerol injection in a soft tissue model (Yeo et al. 2011) . Results demonstrated an increased absorption with cooling, with a 1.5-fold increase in intensity at 10° than 40°. Further, a 1.8-fold increase was seen in 10 Hz than continuous wave laser treatment. Injection of glycerol also increased photon density within the tissue. When combined, all three were better in energy delivery than each alone. These results punctuate the large number of variables which affect therapeutic delivery of energy to tissues and the need for reproducible models which can study each parameter alone and in combination *in vivo*.

## **2.6. PBMT Cellular Effects on Macrophages**

### **2.6.1. PBMT Effects on Macrophage Inflammatory Responses**

In the 1980's preliminary studies were first conducted to on immune cells to better navigate clinical outcomes in healing. Karu *et al.*, in an effort to corroborate Ender Mester red laser effects, investigated 632.8 nm irradiation (0.01 J/cm<sup>2</sup> to 0.03 J/cm<sup>2</sup>) on primary rat spleen phagocytes (Karu et al. 1989). Results demonstrated phagocytes significantly increased respiratory bursts 2-fold, both in presence and non-presence of bacteria, measured via chemiluminescence. Dube *et al.* used mice peritoneal macrophages to demonstrate 632.8 nm significant increases in lysozyme and cathepsin activity, in addition to, increased phagocytosis of yeast cells (Dube, Bansal, and Gupta 2003). This study also measured changes in macrophage morphology, as sign of cellular activation and differentiation. A significant increase in cell size and spreading was seen after 632.8 nm laser treatment, indicting activation.

Recent *in vitro* studies have begun to characterize phenotypical changes in macrophages in response to PBMT. Fernandez *et al.* investigated the capacity of 660 nm and 780 nm

photobiomodulation to affect the activation state of macrophages J774 cell line at both 2.6 J/cm<sup>2</sup> and 7.5 J/cm<sup>2</sup> fluence (Fernandes et al. 2015). Fernandez *et al.* demonstrated both wavelengths promoted the transition of macrophages from an inflammatory state to an anti-inflammatory state, measured via ELISA. Both lasers significantly reduced TNF $\alpha$  and iNOS expressions, with 660 nm providing an additional uptake of IL-6 expression and production. Overall, it appears that PBMT effects on macrophages *ex vivo* enhance bacterial phagocytosis, increase respiratory burst, enhance activation, and possibly hasten the transition from pro-inflammatory to pro-regenerative macrophage functions.

### **2.6.2. Macrophage Induced Fibroblast Proliferation Following PBMT**

One preliminary study investigated 660 nm, 820 nm, 870 nm, and 880 nm pro-healing alternative activation on macrophage-like cell line, U-937 (Young et al. 1989). This study demonstrated U-937 treated with wavelengths 660 nm and 820 nm had a significantly improved proliferative effect on 3T3 fibroblasts. In contrast, 870 nm demonstrated minimal stimulation and 880 nm had inhibitory effects on fibroblast proliferation. These findings align with mitochondrial absorption bands detected at 619 and 820 (Karu et al. 2005). Bolton *et al.* further determined the effects of light sources ranging from 400-2000 nm on U-937 macrophages. Bolton *et al.* corroborated Young *et al.* findings demonstrating macrophages, after PBMT, contributed to enhanced fibroblast proliferation (Bolton, Dyson, and Young 1992). Bolton further went on to demonstrate similar significant findings with 660 nm (2.4 J/cm<sup>2</sup> to 9.6 J/cm<sup>2</sup>) on U-937 macrophage enhanced fibroblast proliferation, with 7.2 J/cm<sup>2</sup> demonstrating the most significant effects (Bolton, Young, and Dyson 2004). An additional study similarly investigated U-937 macrophage-like cells effects on fibroblast proliferation after 820 nm varying pulsing frequency



(Rajaratnam, Bolton, and Dyson 1994). Varying pulses demonstrated significant differences in fibroblast proliferation from each other and from non-irradiated controls.

These findings provide strong evidence for the effect of photobiomodulation on some macrophage activities, but due to the nature of being *ex vivo*, these studies in isolation limit *in vivo* understandings. The behavior of macrophages in response to a wound microenvironment is not defined. Insights on macrophage wound recruitment kinetics and overall effect on wound closure require a method to mark and track macrophages *in vivo* and compare responses between wounded and non-wounded conditions.

## CHAPTER 3

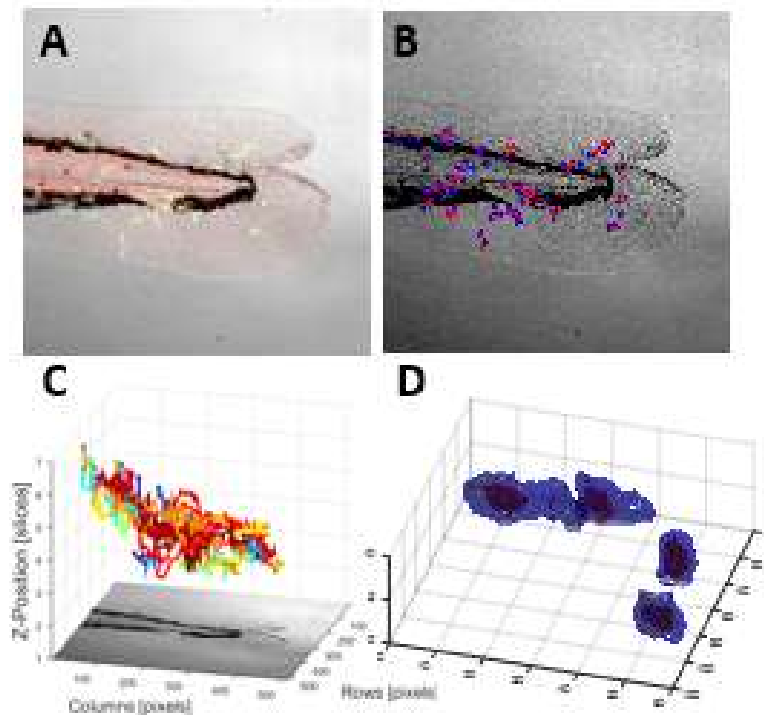
### 3. AN AUTOMATED QUANTITATIVE IMAGE ANALYSIS PIPELINE OF *IN VIVO* OXIDATIVE STRESS AND MACROPHAGE KINETICS

#### 3.1. Background and Rationale

The varied responses of macrophages to oxidative stress in health and disease underscores a need to better understand how tissue level changes of oxidative stress can enhance or impair injury responses. Zebrafish can be bred to express fluorescent transgenic inflammatory cells such as macrophages, to be imaged in a whole organism approach in real time due to their translucent phenotypical characteristics (Baker 2010). The conservation between zebrafish and human pathways has been verified extensively, supporting image-based analysis as an ideal strategy to characterize biological phenomena comprehensively to gain insights into human inflammatory responses (Forn-Cuní et al. 2017). Currently, no analysis pipeline exists to leverage the zebrafish *in vivo* visualization advantage that has promulgated to high impact inflammatory discoveries concerning leukocyte recruitment and oxidative stress after injury (Niethammer, Grabher, Look, and Mitchison 2009).

Unfortunately, many relevant image processing strategies do not provide transferable analysis pipeline solutions, introducing non-standard data formats prohibitive of broad implementation (Svensson, Medyukhina, Belyaev, Al-Zaben, et al. 2017). A recent survey of automated processing strategies within zebrafish image data, implore image analysis software's to be transparent, user-friendly, and readily available (Mikut et al. 2013). The motivation for this work is to provide a readily available quantitative analysis pipeline of zebrafish-based inflammatory oxidative stress and macrophage kinetics in parallel over time (

**Figure 3).**



**Figure 3. ROS loaded Transgenic Wounded Larval Zebrafish Images.** Zebrafish wound (A) at 10x magnification shows fluorescent macrophages (B) color mapping, to detect low threshold (blue) and high threshold (red) pixel intensity in (C) 3D with total travel path vector displacement of (D) macrophages

*In vivo* visualization of real-time inflammatory oxidative stress responses to biochemical cues such as reactive oxygen species (ROS) are possible. However, quantitative ROS detection over time is still underdeveloped, limited by qualitative or *ex vivo* static endpoints (Mugoni, Camporeale, and Santoro 2014b, Owusu-Ansah, Yavari, and Banerjee 2008). The use of *in vivo* ROS probes could theoretically provide information on oxidative stress in real time after injury in zebrafish. However, new forms of *in vivo* quantitative analysis require new custom non-generic processing pipelines of image-based analysis, which current available commercial software do not meet (Mikut et al. 2013, Koopman et al. 2006, Walker et al. 2012, Pase, Nowell, and Lieschke 2012).

Cell tracking image processing algorithms and software, in contrast, are more developed. Many imaging tools and software such as ImageJ®, Fiji®, Volocity®, Metamorph® and even Photoshop® have been used to map morphological behavior of cells in zebrafish injuries (Schindelin et al. 2012, Schneider, Rasband, and Eliceiri 2012, Hall et al. 2009, Gray et al. 2011). However, published zebrafish tracking software strategies have yielded discrete analysis on only relatively few fish (1-3 fish), short time segments, large sampling frequencies (3-10 minutes), and/or relatively small populations of cells (1-10 cells per fish). This gap may be explained by the complicated demand of manual modes of tracking and/or data management required to comprehensively format time-based changes. As a result, the added complexity and breadth of data analytics required is prohibitive of analysis. Quantitative analysis of time-based changes of both ROS and cell tracking outcome measures in parallel requires a standardized analysis pipeline.

*Zirmi* (**Z**ebrafish **i**nflammatory **r**eactive oxygen species- and **m**acrophage kinetics- based **i**mage analysis) software was developed to facilitate an image analysis pipeline to quantitatively derive fluorescence intensity and cell tracking measures of oxidative stress and cellular kinetics, respectively. This software, on the MATLAB platform, (1) automates image processing and (2) quantitative strategies (3) to manage and export data in user-friendly and reproducible formats, (4) leveraging existing image processing opensource software tools. A main advantage of using the *Zirmi* analysis pipeline is that it builds upon established, automated, and readily available algorithms. *PhagoSight* pre-processing and keyhole tracking algorithms (Reyes-Aldasoro, Akerman, and Tozer 2008) were incorporated to avoid parallel developments. Another advantage of *Zirmi* analysis is that it introduces user-customizable modes of selecting regions and cell tracks for standardized formats of quantitative measures. Lastly, *Zirmi* provides user-

friendly data management which is available open-source and can be readily amended to improve throughput and accessibility issues. We tested this analysis pipeline, according to wide-spread zebrafish preparation and imaging strategies, to acquire standardized quantitative data measures of oxidative stress and cell kinetics based on severity of wounding. Our study demonstrates that the *Zirmi* analysis pipeline solution facilitates gains in time, reproducibility, and data measures that support oxidative stress and cell kinetic quantitative evaluations.

## **3.2. Material and Methods**

### **3.2.1. Zebrafish Assay Preparation**

The *Tg(mpeg:dendra2)* zebrafish line, in which the promoter *mpeg* was used to drive *dendra2* expression in macrophages (Ellett et al. 2011), was purchased through ZIRC (Cat.#ZL10389). Housing, water quality and spawning were performed according to standard protocols (Mugoni, Camporeale, and Santoro 2014a, Renaud, Herbomel, and Kissa 2011). E3 embryo media was reconstituted in distilled water for a 1X Solution (5 mM NaCl, 0.17 mM KCl, 0.33 mM CaCl<sub>2</sub>, 0.33 mM MgSO<sub>4</sub>) with 0.05 % methylene blue for standard use with larval zebrafish for incubation at 28 °C in 100mm glass dishes. As per AVMA guidelines, larvae were anesthetized using buffered Tricaine, 3-amino benzoic acidethylester at certain time points as described below (Sigma, 168 mg/L, adjusted to pH 7.0 using NaHCO<sub>3</sub>). Immediately following experimental procedures, larvae were humanely euthanized first with 400 mg/mL tricaine solution and then 10 % sodium hypochlorite solution as per 2013 AVMA guidelines. All procedures and animal conditions described herein were approved by the Animal Care Committee at the University of Illinois at Chicago.

- (a) *Fish Selection*: Naturally dechorionated larvae at 3 dpf (days post-fertilization) were placed in 75mm glass dishes with 5mL of E3 media. Animals that did not meet uniformity in

wound size, distance from notochord, or demonstrated small breaks or nicks in the embryonic outline were euthanized and not included in the experiments (

(b) **Figure 4A**).

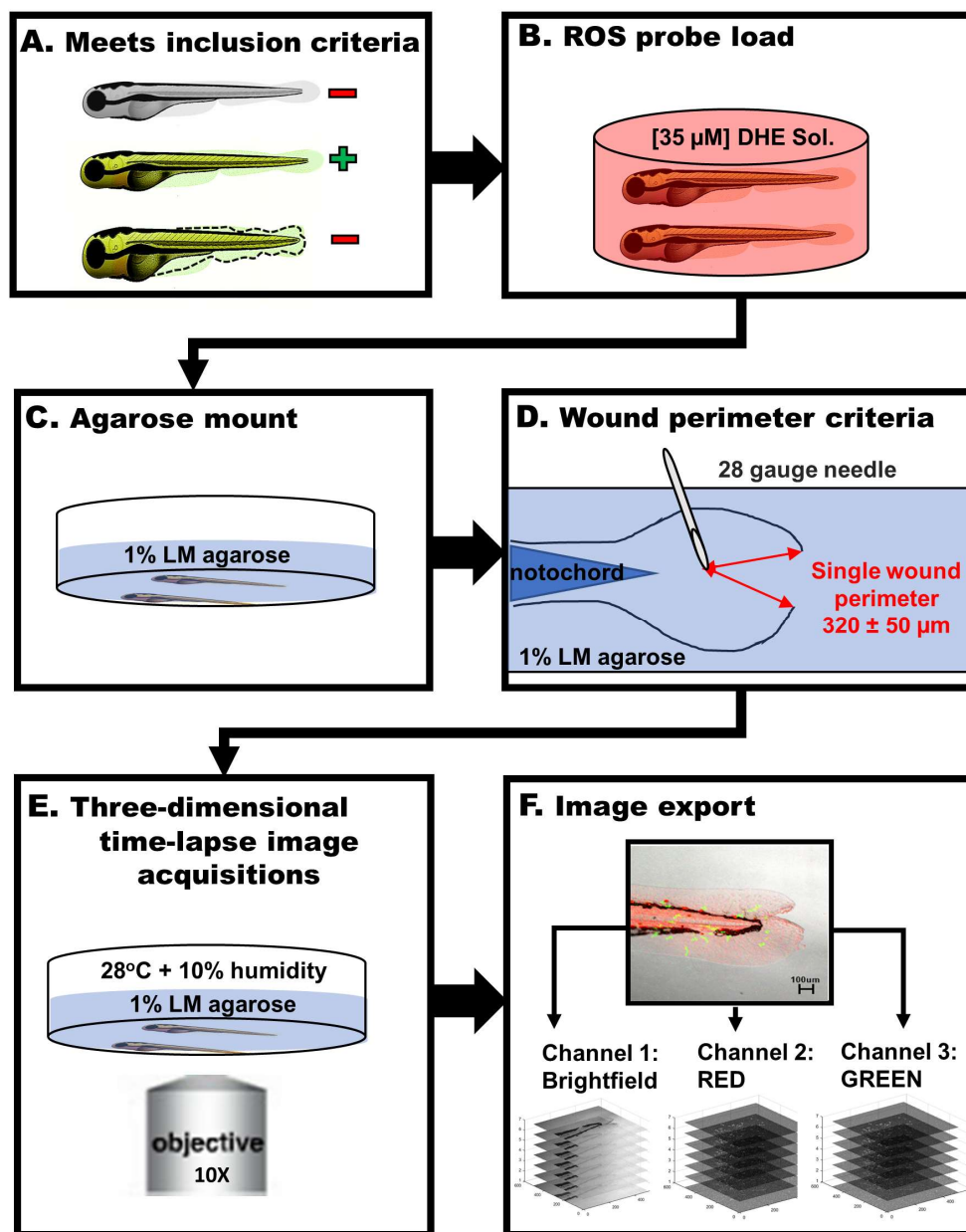
(c) *ROS Probe Loading*: Dihydroethidium (DHE, Sigma) dye was reconstituted in 1ml of anhydrous dimethyl sulfoxide (DMSO, Sigma-Aldrich) at 10mM and stored in aliquots. Zebrafish larvae, 3 dpf in groups of 8- 15, were transferred to a 35 mm diameter glass bottom dish (MATEK) and loaded (Mugoni, Camporeale, and Santoro 2014b) with 35  $\mu$ M DHE solution in 1X Dulbecco's Phosphate buffer solution and incubated for 40 minutes in the absence of light, then transferred to a separate 75 mm glass dish, and washed with pre-warmed E3 media to remove excess DHE (

(d) **Figure 4B**).

(e) *Mounting and Wound Placement*: After ROS loading, larvae zebrafish were anesthetized (168 mg/L, Tricaine), immobilized (1% low melting point agarose solution for lateral mounting), and underwent single caudal fin incisions, initiated approximately 50  $\mu$ m to 100  $\mu$ m from notochord and extended to the end of the caudal fin via 28-gauge sterile needle (

(f) **Figure 4C**). Animals which did not meet uniformity in wound size ( $320 \pm 50 \mu$ m), distance from notochord, or demonstrated small breaks or nicks in the embryonic outline were euthanized and not included in the subsequent stages of study (

(g) **Figure 4D**).



**Figure 4. Zebrafish image-based assay workflow schematic.** **A.** Zebrafish larvae selected for image-based assay had to meet an inclusion criterion based on physiological and fluorescence quality. **B.** Fish selected were loaded with reactive oxygen species probe solution, Dihydroethidium [35  $\mu$ M], that was optimized according to microscope setup. **C.** Fish were then mounting laterally in 1% Low melting temperature agarose as flat as possible. **D.** Once mounted fish were subjected specific injury resulting in “V” shaped wound perimeter (red) with a sterile 28-gauge needle to create a wound perimeter, **E.** Minutes post injury, fish were placed in a controlled 28°C temperature environment with 10% humidity and imaged in three-dimensional and time-lapse (3D +t) manner at 10X magnification to capture cell migration. Greyscale 3D+t digital images were exported into directories by channel: Brightfield, RED, and GREEN.

### 3.2.2. Imaging

A Zeiss LSM 510 confocal microscope was used with a NA 0.75/10X objective to image the zebrafish in time-lapse conditions. Two fluorescent channels (ch) were filtered with excitations 488 nm for dendra2 and 561 nm for ethidium were targeted at 0.80 and 0.08 mW respectively through ZEN® software. Three-dimensional time-lapse (3D+t) images were taken in 60 second intervals from 25 to up to 130 minutes' post injury (MPI). The lateral pixel resolution was 1.64  $\mu\text{m}$  and the image dimensions were 512 x 512 pixels. Using microscope programed automation, up to 8 fish were imaged per session with at least one non-wound for group baseline comparative analysis. Z-stacks were comprised of 7 frames with 10  $\mu\text{m}$  spacing along the Z axis. The typical larval zebrafish 3 dpf caudal fin demonstrated a depth approaching 100  $\mu\text{m}$  in thickness while the typical larval zebrafish leukocyte demonstrated a depth ranging from 10-20  $\mu\text{m}$ . Fluorescent macrophages were detected with various optical sections, overcoming the limitations of the NA 0.75/10X objective depth of focus of  $\sim 10 \mu\text{m}$ . Zebrafish Larvae were maintained on an enclosed microscope stage which maintained uniform conditions of 24°C and 10% Humidity (

**Figure 4E).** Greyscale images with 16 bits per pixel (BPP) were acquired and exported in TIFF file format from ZEN® software (

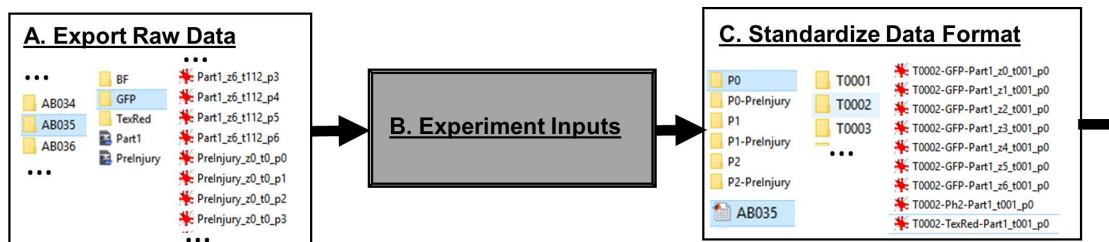
**Figure 4F).** The TIFF files were stored within a unique experiment labeled directory. Raw images were exported to channel labeled folders: grayscale z-stack bright field (channel 1:BF); Texas Red fluorescent z-stack 561 nm (channel2: RED); GFP fluorescent z-stack 488 nm (channel 3: GREEN).



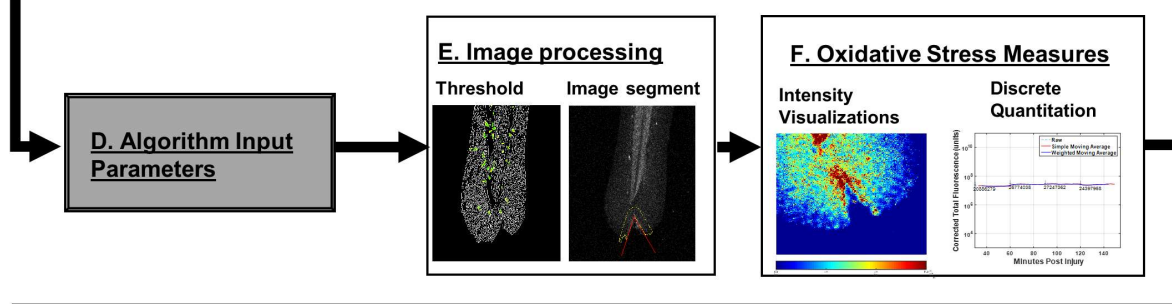
### 3.2.3. Overview of Software

Zebrafish inflammatory reactive oxygen species- and macrophage kinetics- based image analysis, *Zirmi*, software was developed to enable a pipeline for automated batch image processing and quantitative comparative analysis. The analysis software consisted of four modules: module 1, raw data formatting and standardization (**Figure 5A-C**); module 2, image-based fluorescence probe quantitation (**Figure 5D-F**); module 3, image-based cell fluorescence spatial and temporal migration kinetics(**Figure 5G-I**); module 4, data management and consolidation into Excel (**Figure 5J-K**). Additionally, supportive figures can be automatically exported to PowerPoint via *Zirmi* when applicable.

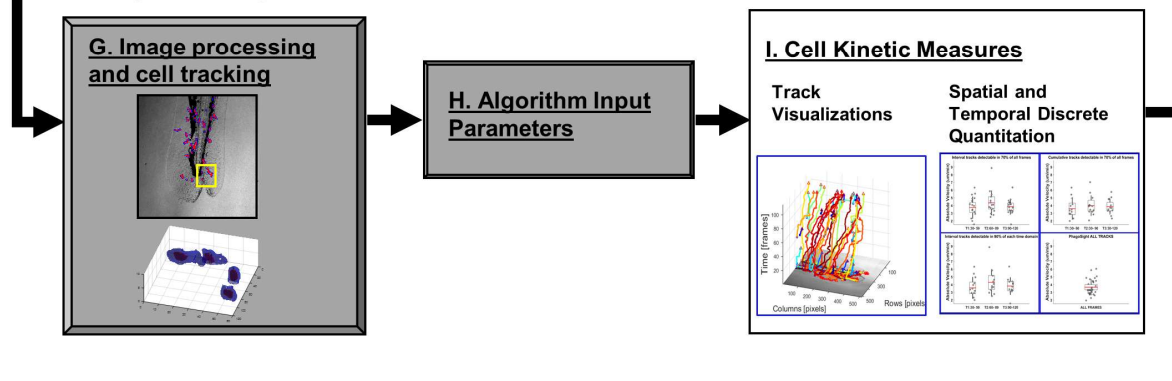
## Module 1: Three-dimensional time-lapse data format



## Module 2: Three-dimensional time-lapse fluorescent probe quantitation



## Module 3: Three-dimensional time-lapse cell trajectory kinetics quantitation



## Module 4: Database management

### J. Amendable Excel (.xls) oxidative stress measures (CTF) over time

MPI	AB036_P0	AB036_P1	AB036_P2
30	3212655	3212654.565	6019816
60	3400921	3400920.522	5673592
90	3322539	3322539.153	5782952
120	3484150	3484149.642	5684056

### K. Amendable Excel (.xls) cell Kinetics measures over time database

WorC	Name	sec per Frame	MPI	AbsVel um/min	Staticity (0 to 1)	Meander (0 to 1)	SD AbsVel
2W	AB035_P0	60	28	2.42681	0.48573	0.386097	1.6013924
W	AB035_P1	60	28	4.36859	0.46132	0.315245	2.2574483
C	AB035_P2	60	28	1.32621	0.31725	0.234459	1.2690029

**Figure 5. *Zirmi* software image analysis pipeline schematic.** *Zirmi* software progresses raw data through 4 modules in an automated fashion. In module 1, three dimensional time-lapse raw digital images (**A**) and experiment relevant inputs (**B**) are standardized into directories to facilitate throughput processing (**C**). Next, module 2 takes user-input parameters (**D**) to specify image processing algorithms (**E**) for image-based discrete oxidative stress measures over time (**F**). In module 3, *PhagoSight* algorithms are ran from formatted directories for throughput cell tracking (**G**). User-input parameters (**H**) are then used to customize algorithms to control outcomes and visual tools for context (**I**). Lastly, in module 4 the information gathered from the previous three modules are consolidated into Excel databases that are automatically updated as more raw data is analyzed through the analysis pipeline (**J, K**).

### 3.2.4. MATLAB Implementation

The *Zirmi* Software was developed in MATLAB R2015a. To streamline user inputs a graphical user interfaces were created to facilitate global access across modules. These user inputs were stored into databases within uniquely generated. mat files that were amendable. Once stored user inputs were used to standardize heterogeneous imaging as well as provide custom algorithm parameters (**TABLE VII, Appendix A**). The following imaging inputs were requested and used to standardize outcome measures: minutes post injury (MPI), sampling frequency (minutes per frame), image lateral resolution (pixels per micron), z-stack resolution (microns per stack), and bits per pixel.

- (a) Fluorescent probe image analysis steps: (1) RED composite digital images were created by fusing all respective 2D sections together, scaling the intensities of each image jointly; (2) employ median Gaussian filter to remove Poisson noise present in confocal imaging due to a statistical variation in the number of detected photons; (3) define **parameter 1** (pixel threshold) to image segment fish tissue; (4) employ morphological filters, using a kernel with radius of 20 pixels, to erode spurious pixels; (5) define **parameter 2** (ROI) by outlining wound margin in BF image; (6) employ **parameter 3** ( $\mu\text{m}$ ), the radial distance extended from the wound margin, to define wound ROI area, inclusive of only fish tissue via image

segmentation algorithms; (8) define **parameter 4** (ROI), background region(s) are selected at users discretion for **B(t)** average background fluorescence intensity determinations per time point, “t”; (9) employ background subtraction, where **X(t)** is the wound ROI based pixel intensity average at time point “t”, with the following equation:

$$\Delta X = X(t) - B(t) \quad (3)$$

(10) calculate Integrated Density (**IntDen(t)**) with wound ROI area (**A(t)**) with the following equation:

$$\mathbf{IntDen}(t) = \mathbf{A}(t) * \mathbf{X}(t) \quad (4)$$

(b) Fluorescent cell image analysis steps: (1) employ *PhagoSight*, a detailed description of this method can be found at (<http://PhagoSight.org>) (Henry et al. 2013), to avoid erroneous and manual tracking → Set GREEN image stack as 0 to 7 and BF as 8-9 → Set low and high threshold to optimize cell-to-cell segmentation and attenuate noise verified by visualization tools → Set minimum cell size surface area as 80 pixels<sup>2</sup> → save uniquely generated keyhole tracking file, ‘handles’ into standard directories → use visualization tools for quality control to verify distinguished tracks and eliminate collisions and artifacts; (2) For consistency, instantaneous speed, distance between tracks, net distance, max distance, and meandering index were algorithmically derived according to literature (Svensson, Medyukhina, Belyaev, Al-Zaben, et al. 2017); Pixel coordinate based centroid positions <x,y,z> from ‘*handles.nodeNetwork*’ struct array, used for spatial referencing of successfully tracked macrophage (‘*Mp*’) at different time frames (‘*t*’), were placed in a matrix array or **P(t)**; to determine absolute velocities, the Euclid distance between original [**x<sub>0</sub>,y<sub>0</sub>,z<sub>0</sub>**] and subsequent

$[x_1, y_1, z_1]$  centroid positions in a z-stack were computed per  $P(t)$ . Only single frame successive centroid position per macrophages were used and placed in cell array  $R_p(t)$ ; .

(3) tracks were further standardized to minimize strenuous proofing with amendable parameter conditions to customize algorithms to user needs with the following parameters → **parameter 5** (%), cell track inclusion criteria based on percent of distinguishable centroid position relative to frames → **parameter 6** ( $\mu\text{m}$ ), maximum distance traveled by cell to be considered static: To determine a quantifiable metric for the time macrophages spent not moving or moving slow, Stasis  $K_p(t)$  was determined; Stasis threshold was set to approximately 10% of macrophage surface diameter, equal to  $0.9 \mu\text{m}$  (**parameter B**, user customizable):

$$K_p(t) = \begin{cases} 1, & R_p(t) > \text{parameter 6} \\ 0, & \text{parameter 6} \leq R_p(t) \end{cases} \quad (5)$$

Therefore, the following formula was used to compute, Static Ratio,  $L_p$  per cell track in 'n' frames:

$$L_p = \frac{[\sum_{t=1}^n K_p(t)]}{n} \quad (6)$$

→ **parameter 7** (centroid position,  $S_0$ ), epicenter of the wound gap or position of interest → **parameter 8** (centroid position,  $N_0$ ) notochord tip or position of interest, used to define  $S_1$  spatial domain → **parameter 9** ( $\mu\text{m}$ ), radial distance used to define spatial domains  $S_2$ ,  $S_3$  and  $S_4$ ; (4) derive direction based kinetic from parameters → macrophage centroid positions were oriented with respect to  $S_0$ , for discrete oriented net Euclid vector distances ( $\mu\text{m}$ ) to wound determinations → Forward Migration Index (FMI) quantified the discrete movements toward wound assigned 1 or 0 and takes the ratio between the progress in the “wound”

direction by a cell and the total distance → Forward to Backward Index (FBI) (1 to -1), quantified as (Forward movements – Backward movements / Total movements).

### **3.2.5. Statistical Analysis**

Statistical analysis of the data was performed by paired and unpaired Student T test for parametric data via Microsoft Excel. Wilcoxon signed-rank test was used to test the hypothesis of zero median for the difference between paired samples via MATLAB®. Differences were considered significant at  $p < 0.05$ .

## **3.3. Results**

### **3.3.1. Module 1: Data Formatting of Standardized Three-dimensional Time-lapse Imaging**

The main goal of this software was to automate time-based quantitative measures of the changes in oxidative stress (channel 1 fluorescence) and macrophage (channel 2 fluorescence) kinetics within thousands of images per fish. A central limitation in throughput image analysis arises from inadvertent three-dimensional time-lapse (3D+t) imaging disturbances and unavoidable heterogeneity of batch-to-batch image acquisitions. To circumvent compromising data and time, assays are attuned to strict standardizations (

**Figure 4).** Voided from imaging analysis are fish absent of fluorescence and fish experiencing inadvertent nicks or breaches in tissue leading to an inflammatory response. Reactive oxygen species probe loading, and prolonged imaging preparation are performed in agreement with accepted and published experimental strategies (Mugoni, Camporeale, and Santoro 2014b, Owusu-Ansah, Yavari, and Banerjee 2008). Injury margins are created by V-shaped incisions within the caudal fin and consistent in location and wound perimeter size. Digital greyscale images are formatted by channel (GREEN, RED, and BF) and archived into subdirectories according to batch, position of acquisition sequence (P0, P1, P2...etc.), and frame

(T0001, T0002, T0003...etc.). Ultimately, to permit an automated analysis pipeline (**Figure 5**), respective subdirectory contains images distinguishable by channel with all stacked images respective to that batch, position, and time frame. Lastly (.mat) files are created with user-inputs (**TABLE VII, Appendix A**) to standardize future data measures regardless of heterogeneity of imaging.

### **3.3.2. Module 2: Fluorescent Probe Image Analysis**

The second module we tackled was to automate discrete image-based oxidative stress determinations of injuries (**Figure 6A-6E**) for comparative analysis. To obtain absolute quantitation capable of comparative analysis, unwounded (baseline) caudal fins needed to first have an automated approach. Region of interests (ROI's) pixel areas,  $A_o(t)$ , were determined by using 40, 10-pixel diameter, circles placed within unwounded caudal fin (**Figure 6G**), extending beyond the notochord. This enabled stochastic determinations of fluorescent intensity baseline values, to calculate Integrated Density, see methods. To calculate unwounded fin's Corrected Total Fluorescence, CTF, background intensity values,  $B(t)$ , were used in the following equation:

$$CTF_o(t) = (IntDen(t) \text{ of Unwounded fin}) - (A_o(t) * B(t)) \quad (7)$$

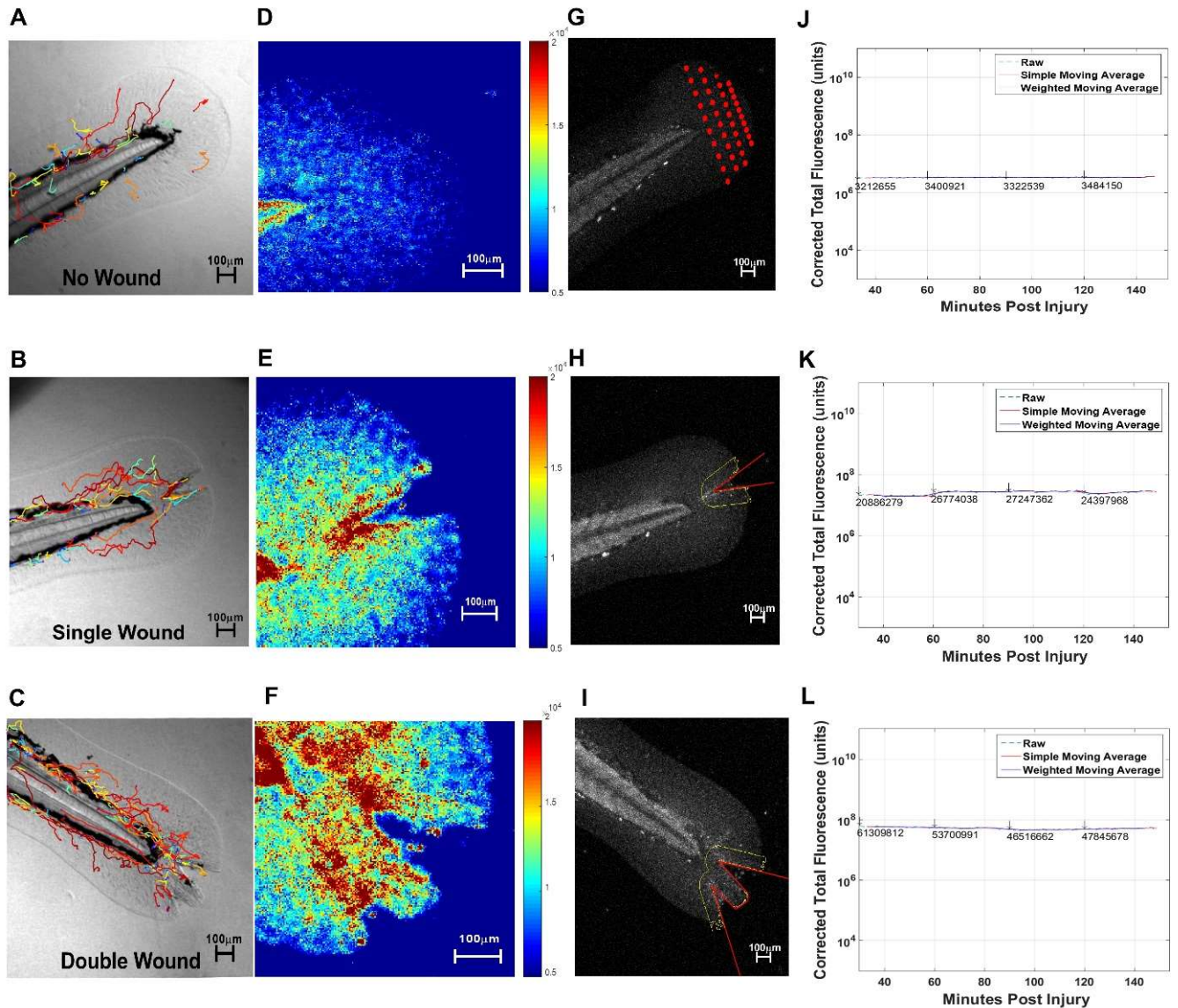
Next, for wounded fins, wound size and erroneous manual tracing biases needed to be eliminated. To circumvent manual tracing errors, V-shaped wounds were leveraged to accurately determine intensity values of interest. For larval zebrafish 3 days post fertilization a 65  $\mu\text{m}$  extended perimeter (yellow) surrounding the wound margin (red) (**Figure 6H-6I**) was used to form a robust wound area  $A(t)$  over the course of time, 't'. Next to circumvent area size-based bias, correction was employed through Integrated Density correction, through established

literature (McCloy et al. 2014). In this manner, the following equation was used to automate Corrected Total Fluorescence,  $CTF(t)$ , quantitative measures with user-defined check points for manual reselecting of ROI if necessary over the course of time, ‘ $t$ ’,

$$CTF(t) = IntDen(t) - (A(t) * X_o(t)) \quad (8)$$

where  $X_o(t)$  is the background subtracted fluorescent intensity of baseline over time, ‘ $t$ ’. This standardized method of selecting wound region provided automated CTF measures on a time-lapse frame-by-frame basis. *Zirmi* pipeline further permitted ROI adjustments on a frame-by-frame basis whenever necessary to remain precise regardless small fin shifting. Measurable V-shape wounds with simple ROS probe strategies provided a uniform method for imaging analysis to standardize oxidative stress measures. **Figure 6** visualizations are automatically displayed in MATLAB and exportable, at user’s discretion, to facilitate contextual understandings and to correct ROI’s in a meaningful way.





**Figure 6. Zirmi module 2 - reactive oxygen species probe image analysis.** Macrophage migration patterns of unwounded control zebrafish (A), single wound (B), and double wound (C) can be detected in parallel with caudal fin oxidative stress (D,E,F). 40 discrete 10  $\mu\text{m}$  diameter circles in unwounded fins are used for capture background fluorescence regions of interest, ROIs (G). For wounded fins a uniform user-defined distance (yellow line - 65  $\mu\text{m}$ ) from wound perimeter (red line) was used to define wound ROI (H,I). Using these ROIs, the Corrected Total Fluorescence was discretely determined in an automated manner overtime per fin injury type (J,K,L) to form databases and visualization tools that could be exported to Excel and PowerPoint, respectively

### 3.3.3. Module 3: Fluorescent Cell Kinetic Image-based Spatial and Temporal Quantitation

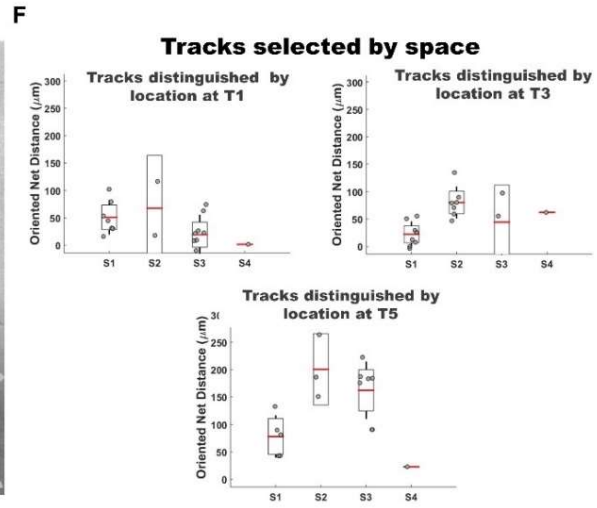
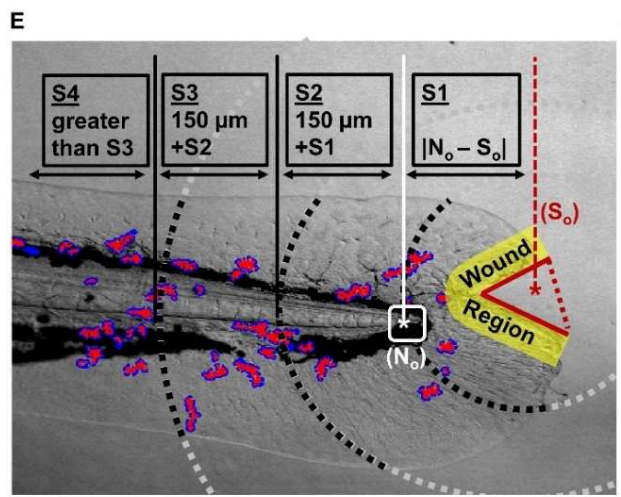
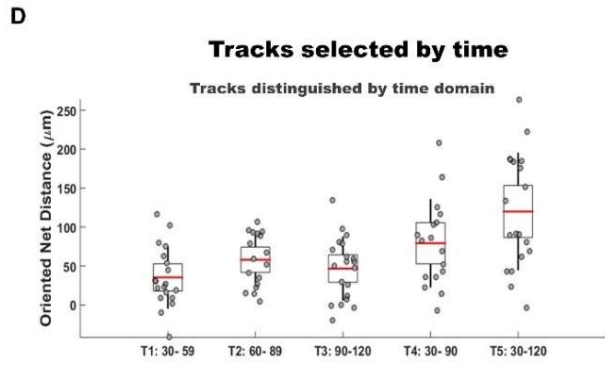
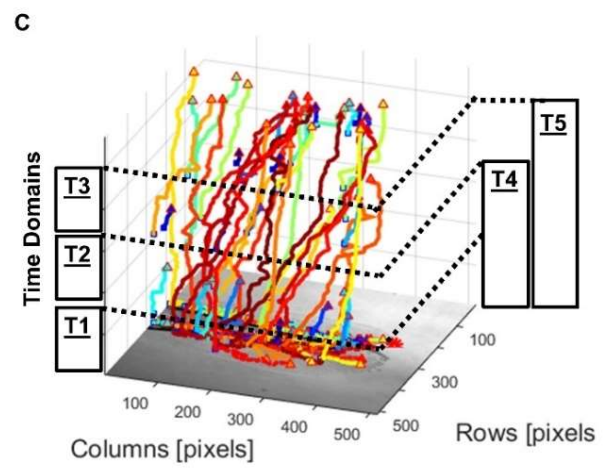
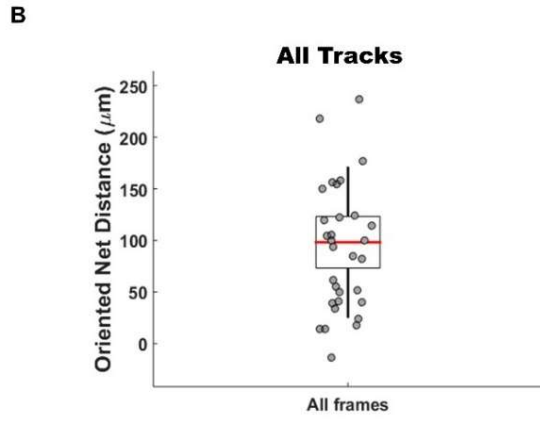
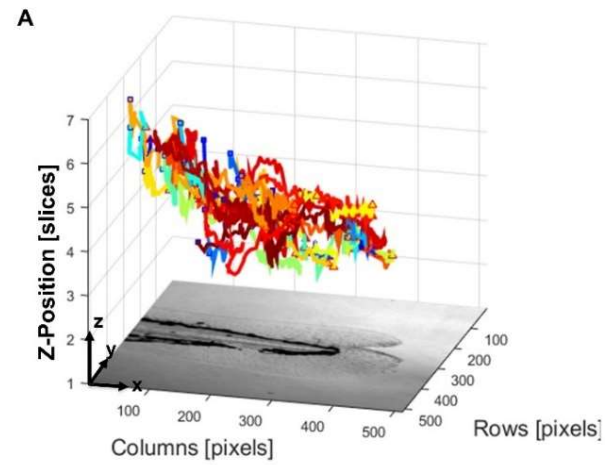
The third module of our image analysis pipeline was directed toward user-friendly throughput and uniform cell tracking for more granular cellular kinetic measures. However, tracks are user intensive and require several rounds of visual proofs to extract information worthy of comparative analysis. To tackle this obstacle a robust keyhole modeling solution, via *PhagoSight*, was implemented to determine macrophage centroid (3D+t) positions (

**Figure 7A, 7B**) regardless of image-set size. Further, to overcome constraints of single cumulative measures in one spatial or temporal domain (Svensson, Medyukhina, Belyaev, Al-Zaben, et al. 2017), *Zirmi* adapted customizable algorithm parameters (**TABLE VII, Appendix A**). User-defined parameters permitted streamline proofing and quality control selection of tracks based on time and space. As a results, quantitative data measures incorporated descriptive metric outcomes, such as average speed, meandering index, and net distance toward wound, to provide a simple and well accepted mode of evaluating persistence and direction (Svensson, Medyukhina, Belyaev, Al-Zaben, et al. 2017). Alternative inferential measures require assumptions, such as, isotropic or ergodic conditions, relying heavily on finding the right representation of data which can bottleneck reproducibility and minimize utility of image data (Loosley et al. 2015). *Zirmi* adaptation of simple measures permitted automated elimination of confounders; if a cell centroid position was not identifiable at any frame then measures were equally absent from discrete and averaged data sets. This provided another dimension to proofing and selecting tracks, minimizing assumptions and saving time. To standardize track selection, a track selection criterion was implemented to group tracks and respective measures according at user's convenience. First, track that met a user-defined percent of distinguishable

centroid positions were selected. This eliminated enabled relatively equal impact of measures from track to track; temporally shorter tracks can skew quantitative evaluations. Second, tracks could be grouped according to time domains [  $T_1 = 30-59$  MPI;  $T_2 = 60-89$  MPI ;  $T_3 = 30-60$  MPI ;  $T_1 = 30-60$  MPI ;  $T_1 = 30-60$  MPI] (

**Figure 7B, 7C).** And thirdly, tracks could be grouped according to spatial domains [ $S_1, S_2, S_3, S_4,$ ] originating from  $S_0$  (

**Figure 7D, 7E),** as defined in Methods . Using *Zirmi*, customizable parameters permit permutations of spatial and temporal domains, for more granular or cumulative derivations for comparative analysis. Measures are grouped according to these track selection criteria on a single fish basis, provided significant changes when compared than all-inclusive averages (**TABLE VIII, Appendix A**).



**Figure 7. *Zirmi* module 3 –cell migration image analysis.** Macrophage discrete positions in the tail were tracked via *PhagoSight* keyhole modeling in a three-dimensional and time-lapse manner (A) to derive all cell tracks inclusive of all frames (B). With discrete position information, tracks were then parsed by time domains (C) to derive time-based changes (D). Selection of tracks by space was done by outlining the wound perimeter (red solid line) to get the wound epicenter (red asterisk) by which the user can use to segment by wound region (yellow) and additional space domains S1 (via white asterisk), and S2, S3, S4 (E). With these selection criteria tracks could be grouped by time and space (F) on outcome measures ranging from speed, meandering index, static ratio, net distances, and direction. Selected tracks were plotted on MATLAB (B,D,F) exportable to PowerPoint and discrete values exportable to Excel.

### 3.3.4. Validation and Speed

A spatial overlap index, Dice Similarity coefficient (DICE), was used to measure reproducibility between manual and automated methods of segmentation of cells, fish tissue, and wound region over a 90-frame single wound imaging-set. DICE has been adopted to validate various image segmentations of clinical relevancy and a value > 0.7 is considered to be effective overlap (Zou et al. 2004).

$$\text{DICE} = 2 * \frac{|X \cap Y|}{|X| + |Y|} \quad (9)$$

DICE reproducibility validation metric ranged from 0, no spatial overlap to 1, complete overlap. We observed *Zirmi* incorporated automated image processing methods to be as effective as manual image processing strategies with up to 10-fold increase in speed execution (TABLE III). Manual methods were created in MATLAB scripts using available generic single imaging processing workflows (SCRIPT 1, Appendix B). However, manual image processing strategies of a reproducible “V”-shaped wound, as performed in *Zirmi* (SCRIPT 2, Appendix B), was difficult and highly prone to user error. Therefore, execution speeds of manual methods for wound region represented the time it would take to perform manual wound tracings at users best judgment (SCRIPT 3, Appendix B) compared to *Zirmi* automated strategy. To this effect the

DICE measure of the wound region represented the *Zirmi* method's first wound region spatial overlay to all respective future *Zirmi* time point wound region image segmentations.

TABLE III. ACCURACY VERIFICATION AND EXECUTION TIME OF *ZIRMI* IMAGE ANALYSIS PIPELINE

Time-lapse image segmentation	Accuracy verification	<i>Zirmi</i> execution speed	
	<i>DICE</i>	<i>Time [s]</i> <i>Automatic</i>	<i>Time [s]</i> <i>Manual</i>
<i>Module 2 -Wound Region</i>	0.84. $\pm$ 0.07	160 $\pm$ 16	2 020 $\pm$ 157
<i>Module 2 -Caudal Fin Tissue</i>	0.90 $\pm$ 0.18	122 $\pm$ 10	5 110 $\pm$ 233
<i>Module 3 - Macrophages</i>	0.78 $\pm$ 0.2	977 $\pm$ 512	3 740 $\pm$ 912
<i>DICE, Dice similarity coefficient</i>			

### 3.3.5. Module 4: Representative Experiment For Database Comparative Analysis

Finally, to test the assembly and utility of the *Zirmi* modular analysis pipeline we compared differences in macrophage migration and oxidative stress, in parallel, based on wound severity; no current analysis pipeline exists (TABLE IV). Test experiment data was gathered from *Tg(mpeg-dendra2)* zebrafish 3 dpf with three caudal fin wound severity conditions: unwounded (n=4); single wound with a wound perimeter averaging a total length of  $320 \pm 10$   $\mu$ m, (n=4); and doubly wounded with a wound perimeter,  $544 \pm 59$   $\mu$ m (n=4, p<0.0001) 1.7-fold larger than single wound perimeters. Imaging was performed with 90 frames (60 seconds sampling frequency), with 3 different channels (RED, GREEN, and BF) at 7 optical sections per frame (10  $\mu$ m apart) resulting in 1890 images just in a single fish to analyze in an automated manner. Raw data was ran through Module 1, 2, 3 and 4 consolidating databases of fish based

on wound severity to Excel for comparative analysis. To facilitate standard uniform measures, wound regions were selected with a 65- $\mu\text{m}$  radial distance from the wound perimeter (**Figure 6D-6F**). Track selection consisted of 30-minute based time domains (

**Figure 7B**), with cell centroid positions detectable within 70% of frames. Tracks were oriented toward the epicenter of the wound gap (selected as  $S_0$ ,

**Figure 7E**). In baseline unwound fish, the most distal position of the caudal fin was selected as  $S_0$ . Briefly, we observed severity of wounding to be associated with quantitatively higher levels of ROS and more rapidly responding macrophages as demonstrated by increased velocities, decreased static activity, and increased recruitment to the wound sites over time (

*TABLE V*) (**Figure 12, Appendix A**). A 2- to 3-fold increase in ROS from unwounded ( $0.9 \pm 0.2 \times 10^7$ ) to singly wounded ( $2.2 \pm 0.5 \times 10^7$ ) caudal fin averages, and an additional 2- to 3-fold increase from singly wounded to doubly wounded ( $5.4 \pm 0.4 \times 10^7$ ) caudal fins cumulatively over time. In doubly wounded caudal fins, velocity was significantly higher than singly wounded or unwounded fins ( $p=0.006$ ). Static movements, defined as 0.9  $\mu\text{m}$  or less, were measurably more prominent in uninjured caudal, when compared to singly wounded fins. Overall, significant differences observed between interval and cumulative analysis emphasized the dynamic changes that can be easily detected in macrophage kinetics by track selection criteria and Corrected Total Fluorescence values.

TABLE IV. ADVANCES IN REAL-TIME QUANTITATIVE SIMULTANEOUS CELL TRACKING AND ROS IMAGING

<b>First author</b>	<b>Cell tracking method</b>	<b>Quantifiable cell tracking</b>	<b>Automated cell tracking</b>	<b>ROS imaging</b>	<b>Quantifiable <i>in vivo</i> ROS measure</b>	<b>Automated ROS measure</b>
<i>Koopman (2006)</i>	not available	not available	not available	Single cell <i>ex vivo</i> , flow cytometric; real time unavailable	not available	not available (single timepoint measures)
<i>Owusu-Anshah (2008)</i>	not available	not available	not available	Dihydroethidium (DHE) fluorescent probe for real time live tissue imaging in <i>Drosophila</i>	not available	not available (single qualitative measures)
<i>Hall (2009)</i>	Image J	no solution provided (requires additional software)	time-lapse cell tracking; additional tools required for visual proofing	not available	not available	not available
<i>Pase (2012)</i>	not available	not available	not available	Metamorph fluorescent HyPer H <sub>2</sub> O <sub>2</sub> imaging	HyPer fluorescent intensity ratio measure	not available
<i>Walker (2012)</i>	not available	not available	not available	no image-based solution available; relies on fluorescent microplate reading; cannot detect wound region	ARQiv microplate whole fish detection	high throughput
<i>Henry (2013)</i>	<i>PhagoSight</i> , MATLAB	quantitative with data checking feature	Opensource, package; automated method for cell tracking and single time domain data measures;	not available	not available	not available



<i>Mugoni (2014)</i>	not available	not available	not available	Single cell <i>ex vivo</i> fluorescent probe based	not available (flow cytometric based)	not available; (single timepoint measures)
<i>Wang (2016)</i>	single image-based cell counts	not available	not available	Not available; PCR based	not available	not available
<i>Zhang (2016)</i>	not available	not available	not available	Single cell and whole fish fluorescent-probe based imaging	fluorescent-intensity – method not provided	not available; (single timepoint measures)
<i>Jelcic (2017)</i>	not available	not available	not available	Real-time image-based measures of HyPer within zebrafish wounds	corrected HyPer fluorescent intensity ratio-based measures	Image J, MATLAB, and Python methods used for specific automation

### 3.4. Discussion and Conclusions

The decision to create an opensource image analysis pipeline, *Zirmi*, was based on a lack of readily available and customizable software solutions capable of automating quantitative assessment of fluorescence outcome measures within the zebrafish model. *Zirmi* prompted user-friendly interfaces to customize algorithm parameters by which users could specify or balance the quality of measures relevant to their investigative purposes. To demonstrate utility to *Zirmi* image analysis pipeline wounding severity and oxidative stress were investigated. Results add to previous studies defining early wound macrophage recruitment (Ellett et al. 2011, Hall et al. 2009, Li et al. 2012b, Gray et al. 2011). These findings emphasize the importance of standardized automated analysis pipelines for experimental conditions, such as wound size, for accurate evaluations of oxidative stress and macrophage migration.

TABLE V. COMPARISON OF GROUP ZEBRAFISH AVERAGE ROS GENERATION & AVERAGE MACROPHAGE SPEED, STATIC RATIO, AND WOUND RECRUITMENT

Time frame (minutes)	Zirmi 30-59	Zirmi 60-89	Zirmi 90-120	Zirmi 45	Zirmi 60	Zirmi 90	Zirmi 120
	<i>Velocity</i> [ $\mu\text{m}/\text{min}$ ]	<i>Velocity</i> [ $\mu\text{m}/\text{min}$ ]	<i>Velocity</i> [ $\mu\text{m}/\text{min}$ ]	<i>M<math>\phi</math> #</i> <i>at Wound</i>	<i>M<math>\phi</math># at</i> <i>Wound</i>	<i>M<math>\phi</math># at</i> <i>Wound</i>	<i>M<math>\phi</math># at</i> <i>Wound</i>
<b>No Wound (NW)</b>	3.07 $\pm$ 0.06	2.88 $\pm$ 0.40	2.70 $\pm$ 0.40	N/A	N/A	N/A	N/A
<b>Single Wound (SW)</b>	3.65 $\pm$ 0.4	4.04 $\pm$ 0.14	4.27 $\pm$ 0.48	2 $\pm$ 1	4 $\pm$ 1	5 $\pm$ 1	6 $\pm$ 1
<b>Double Wound (DW)</b>	4.43 $\pm$ 0.35	4.21 $\pm$ 0.20	4.12 $\pm$ 0.21	4 $\pm$ 1	6 $\pm$ 2	7 $\pm$ 1	8 $\pm$ 1
<i>P values</i>							
<i>NW vs SW</i>	* <i>p</i> =0.049	** <i>p</i> =0.003	** <i>p</i> =0.006	N/A	N/A	N/A	N/A
<i>NW vs DW</i>	** <i>p</i> =0.003	* <i>p</i> =0.005	** <i>p</i> =0.001	N/A	N/A	N/A	N/A
<i>SW vs DW</i>	* <i>p</i> =0.02	n.s. <i>p</i> =0.2	n.s. <i>p</i> =0.3	* <i>p</i> =0.03	n.s. <i>p</i> =0.06	* <i>p</i> =0.04	* <i>p</i> =0.04
	<i>Static Ratio</i> (0 to 1)	<i>Static Ratio</i> (0 to 1)	<i>Static Ratio</i> (0 to 1)	<i>CTF</i> <i>10<sup>6</sup></i>	<i>CTF</i> <i>10<sup>6</sup></i>	<i>CTF</i> <i>10<sup>6</sup></i>	<i>CTF</i> <i>10<sup>6</sup></i>
<b>No Wound (NW)</b>	0.60 $\pm$ 0.21	0.59 $\pm$ 0.20	0.61 $\pm$ 0.19	0.91 $\pm$ 0.27	0.90 $\pm$ 0.21	0.9 $\pm$ 0.24	0.94 $\pm$ 0.2
<b>Single Wound (SW)</b>	0.32 $\pm$ 0.1	0.23 $\pm$ 0.08	0.25 $\pm$ 0.04	2.34 $\pm$ 0.72	2.17 $\pm$ 0.53	2.13 $\pm$ 0.4	2.15 $\pm$ 0.2
<b>Double Wound (DW)</b>	0.18 $\pm$ 0.07	0.20 $\pm$ 0.07	0.24 $\pm$ 0.07	5.92 $\pm$ 0.32	5.58 $\pm$ 0.4	5.22 $\pm$ 0.5	5.0 $\pm$ 0.28
<i>P values</i>							
<i>NW vs SW</i>	* <i>p</i> =0.01	* <i>p</i> =0.01	* <i>p</i> =0.01	* <i>p</i> =0.03	* <i>p</i> =0.02	** <i>p</i> =0.004	** <i>p</i> =0.001
<i>NW vs DW</i>	* <i>p</i> =0.01	* <i>p</i> =0.01	* <i>p</i> =0.02	*** <i>p</i> <0.0001	*** <i>p</i> <0.0001	*** <i>p</i> <0.0001	N/A
<i>SW vs DW</i>	* <i>p</i> =0.04	n.s. <i>p</i> =0.3	n.s. <i>p</i> =0.4	* <i>p</i> =0.04	** <i>p</i> =0.001	*** <i>p</i> =0.0001	*** <i>p</i> <0.0001
<i>M<math>\phi</math>, Macrophage; #, number; CTF, Corrected Total Fluorescence; N/A, Not applicable; n.s., Not Significant. Unpaired T-Test (*<i>p</i>&lt;0.05, * *<i>p</i>&lt;0.01, ***<i>p</i>&lt;0.001, n.s. &gt; 0.05)</i>							

To develop an automated process, we defined attributes of the wound for a standardized approach. We used a V-shaped incision within the caudal fin which differed from other caudal fin wounding methods, in which amputations were applied orthogonally to the notochord line. V-shape wounds provided a reproducible and measurable injury that imaging processing tools could use to standardize both wound oxidative stress and cell kinetic-based outcome measures. In our hands, we observed caudal fin amputations to result in a large single wound line which made tracking and localizing cells within the wound proximity problematic; wound orientation was too broad and cell clustering was increased making it difficult to algorithmically separate and track cells (data not shown). Another standardization was the definition of the wound perimeter. We observed that a larger wound margin consistently demonstrated a significantly larger inflammatory response with increased oxidative stress and increased macrophage activity. To allow automated comparisons between experiments, wound perimeters were defined; we believe that these boundaries set automatically can improve the accuracy of quantitative measures in oxidative stress and macrophage migration. Other standardizations include the use of non-wounded areas of the fish to serve as standardized background calculations for the detection of ROS.

The selection of DHE as a probe for ROS was based on prior reports of reliability with quantitative measures in other applications (Mugoni, Camporeale, and Santoro 2014b, Owusu-Ansah, Yavari, and Banerjee 2008). Our automated approach enables quantitative real time measurements, which is an advantage over existing methods that have been accomplished *ex vivo*, either through proteomic assays (Mugoni, Camporeale, and Santoro 2014b), flow cytometry (Owusu-Ansah, Yavari, and Banerjee 2008), or through HyPer genetically encoded peroxide levels (Niethammer, Grabher, Look, and Mitchison 2009). Jelcic *et al.*, have reported

image-based software approach, incorporating multiple software's, to elegantly quantify hydrogen peroxide reaction-diffusion kinetics in zebrafish (Jelicic et al. 2017). This method provides a unique and sensitive means to measure  $H_2O_2$  diffusion in real time using a radiometric biosensor. Our simplicity of method, which also quantifies ROS in real time, differs in that its method is designed to work with higher throughputs and is formatted to work with cell tracking. We observed Corrected Total Fluorescent values to be comparable across fish showing consistent, uniform, reproducible wound attributes. CTF allowed for comparative analysis of fish with differing wound severity. To address confounding areas of expression, we applied user proofing and manual tracing. To address the detection of DHE within the notochord as a potential confounder of wound ROS content in a standardized fashion, uniform wound distances of 65  $\mu m$  were defined as the limits of wound boundaries. In future applications, as fluorescent probes continue to improve in specificity (Zhang et al. 2016), we expect simple *Zirmi* opensource image-based quantitative methods to become even more effective.

Established *PhagoSight*, pre-processing and keyhole algorithms, were integrated into *Zirmi* workflow to leverage current powerful existing solutions and to avoid parallel developments. *PhagoSight* keyhole modeling algorithms can provide data on the most probable landing position of a macrophage in a time-ordered set of coordinate points (Reyes-Aldasoro, Akerman, and Tozer 2008). This software has advanced the field in providing single measures in one space or time domain (Svensson, Medyukhina, Belyaev, Al-Zaben, et al. 2017). Such analytics are user intensive and may require several rounds of visual proofs for comparative analysis. To increase throughput, we have extended this knowledge base, adding standardized methods for automated capabilities. *Zirmi* software eliminates uncertainties from computations if not proofed and corrected by user. Alternative more inferential measures of migration

persistence and direction bias can be used, such as, mean squared displacement, turning angle distribution and tangent to tangent correlation and, persistent random walks as a tool for understanding the migration system of populations of cells (Liepe et al. 2016). These measures make inferential determinations implicitly dependent on the sampling interval, therefore, they are not reproducible without equivalent sampling intervals across every analysis and high fidelity of cell positions (Loosley et al. 2015). The advantage of *Zirmi* is that incorporates a user-friendly workflow to eliminate confounding effects of heterogenous batch imaging conditions, such as varying sampling acquisition.

Custom made non-generic image solutions are needed to answer specific biological questions in the zebrafish whole organism model that that are reliable (Mikut et al. 2013). The contribution of this work to the field is its ability to automatically process three-dimensional time-lapse images with amendable parameters for standardized quantitative measures. This enabled standardized quantitative evaluations of both oxidative stress and macrophage migration after injury over time. Defining early events of macrophage activity and their degree of response to ROS can provide critical insights for the development of wound therapeutics. Future studies will incorporate this method to define simultaneous changes in ROS and macrophage metrics, and to what extent these parameters are perturbed in normal and dysfunctional wound healing conditions.

## CHAPTER 4

### 4. THE EFFECT OF FLUENCE ON MACROPHAGE KINTECS, OXIDATIVE STRESS, AND WOUND CLOSURE USING REAL-TIME *IN VIVO* IMAGING

#### 4.1. Background and Rationale

Resolution of the inflammatory phase of wound repair is highly dependent on the recruitment and function of macrophages and removal of excessive oxidative stress (Ross and Odland 1968) . Excessive recruitment or prolonged retention, results in a persistent pro-inflammatory state leading to deficient wound healing. In diseased states, macrophage dysfunction can result in the failure to adequately remove neutrophils, which produce a large number of free radicals and corresponding oxidative stress within the wound (Ushio-Fukai 2009). Early neutrophilic recruitment and respiratory burst activity result in increased oxygen consumption through NADPH-oxidase (NOX), generating reactive oxygen species, ROS, superoxide anion ( $O_2^{\cdot-}$ ) and peroxide,  $H_2O_2$ . NOX, in turn supports macrophage survival and promotes the phagocytosis of short-lived, neutrophils (Wang et al. 2007), initiating a necessary microenvironment for tissue regeneration. Excess ROS may impair macrophages, delaying the initiation of tissue repair and regeneration while low threshold levels may also impair wound healing due to insufficient levels to initiate macrophage phenotype switching to the more regenerative alternatively activated macrophages (Zhang et al. 2013). As a result, macrophages have a multifaceted role in mitigating oxidative stress and governing proliferative tasks critical to healing make them a sought after target for therapeutic intervention (Silva 2011, Koh and DiPietro 2015).

Photobiomodulation (PBM), most commonly delivered by red laser light near the 635 nm wavelength, has been reported to enhance cardinal functions such as phagocytosis and secretion

of chemical cues, crucial to oxidative stress clearance (Wynn, Chawla, and Pollard 2013, Silva 2011, Koh and DiPietro 2015, Chawla, Nguyen, and Goh 2011, Young et al. 1989, Karu et al. 1989, Lu et al. 2011, Souza et al. 2014, Fernandes et al. 2015). Further, some studies have suggested red laser light treatment promotes inflammatory resolution and wound closure (de Medeiros et al. 2017, Suzuki and Takakuda 2016, Figurová et al. 2016, Houreld 2014, Dawood and Salman 2013). Extension of *in vitro* studies to clinical trial has been promising (Kazemi-Khoo 2006, Houreld and Foot 2005, Heidari et al. 2017, Vaghardoost et al. 2018), however guidelines defining laser treatment settings of wavelength and duration are not yet established (Tchanque-Fossuo et al. 2016). The wide range of fluencies studied both *ex vivo* (1 J/cm<sup>2</sup> to 30 J/cm<sup>2</sup>) and *in vivo* to enhance macrophage function suggests a need for real time monitoring of macrophage response as well as their biochemical cues. Without such granular and *in vivo* contextual analyses, a consensus in defining precise parameters for low level red laser may lack precision and reproducibility (Wang et al. 2017, Tunér 2015).

The motivation for our work was to establish an *in vivo* model to interrogate the effects of a range of fluences on real time measures of macrophage kinetics and tissue oxidative stress and to correlate such effects with the pace of wound closure. The zebrafish model presents powerful transgenic phenotypes to facilitate *in vivo* real-time characterization of macrophage recruitment and oxidative stress after injury (Renshaw and Trede 2012, Ellett et al. 2011, Hall et al. 2009, Cvejic et al. 2008, Walters et al. 2010, Niethammer, Grabher, Look, and Mitchison 2009, Yoo et al. 2011). Insights on leukocyte migration behavior and reactive oxygen species generation at zebrafish wound sites have yielded high impact discoveries, providing novel insights translatable to mammalian systems (Lisse, King, and Rieger 2016, Niethammer, Grabher, Look, and Mitchison 2009, Oliveira et al. 2015, Robertson and Holmes 2014, Yoo et al. 2011). To track

individual macrophage trajectories following tissue injury, zebrafish, transgenic for a fluorescent macrophage marker, *Tg(mpeg-dendra2)*, underwent dihydroethidium (DHE), loading to enable simultaneous fluorescent detection of macrophage movement and tissue levels of oxidative stress throughout long time-lapse imaging. Fish were injured at the caudal fin and treated with red 635 nm, 5 mW output power, at a treatment dose range supported by the literature (Huang et al. 2010, Hawkins, Houreld, and Abrahamse 2005, Hamblin 2017) (control), 3, 9, 18 J/cm<sup>2</sup>. This model enabled studies of the effects of fluence from a constant wave source on macrophage responses and tissue oxidative stress in *real-time*. This powerful model will enable additional comparative studies on laser settings including wavelength, mode of delivery (intermittent vs constant) in a quantitative manner, providing greater precision in defining therapeutic settings.

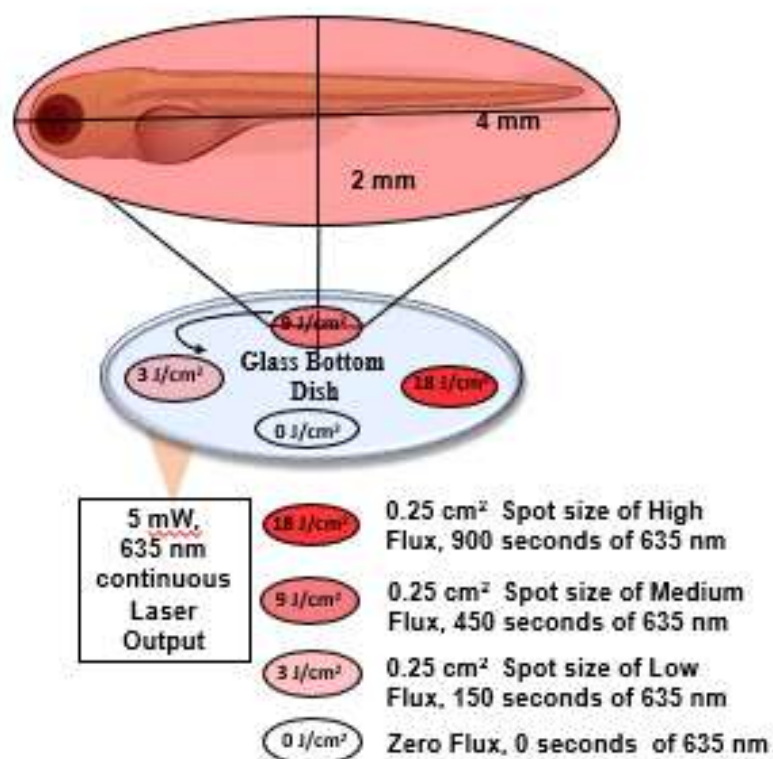
## **4.2. Material and Methods**

### **4.2.1. Zebrafish assay Preparation & Imaging**

Zebrafish housing, experiment selection, wounding, and DHE probe loading were performed in accordance to methods described in **Chapter 3, Section 3.2.1 Zebrafish assay preparation**. Three-dimensional time lapse confocal imaging was performed in accordance to methods described in **Chapter 3, Section 3.2.2. Imaging**.



## Photobiomodulation Therapy Schematic



**Figure 8. Photobiomodulation Therapy Schematic** shows laser treatment schematic with a continuous laser of 635 nm wavelength at 5mW output power. Laser is applied directly to the glass of 35 mm glass bottom dish to treat Fish. The entirety of the fish with a spot size of 0.25 cm<sup>2</sup> is treated with either 150, 450, or 900 seconds of irradiation for an energy fluence of 3, 9, and 18 J/cm<sup>2</sup>, respectively.

### 4.2.2. Laser Irradiation for Time-lapse Imaging

Photobiomodulation laser treatment was administered through laser irradiation via a research grade 5mW (laser Power Source box: Zerna Medical Laser, Mode #: EML-2245; Erchonia Corporation, McKinney, Tx) emitting 635 nm continuous wave. Laser spot was elliptical at 0.25 cm<sup>2</sup> (4 mm x 2 mm) at delivery site (

**Figure 8).** Laser dosing was quantified in energy fluency (unit Joules/cm<sup>2</sup>) equivalent, **TABLE VI.** Larvae were randomly assigned 5 treatment groups; baseline no laser no injury, no laser control 0 J/cm<sup>2</sup> with injury, 3 J/cm<sup>2</sup> laser dose with injury, 9 J/cm<sup>2</sup> laser dose with injury, and 18 J/cm<sup>2</sup> laser dose with injury. Laser irradiation was initiated 5-15 minutes post injury.

TABLE VI. LASER TREATMENT PARAMETERS AT TARGET

Treatment groups by Energy fluence (J/cm <sup>2</sup> )	0 J/cm <sup>2</sup>	3 J/cm <sup>2</sup>	9 J/cm <sup>2</sup>	18 J/cm <sup>2</sup>
Beam spot size (cm <sup>2</sup> )	n/a	0.25 cm <sup>2</sup>	0.25 cm <sup>2</sup>	0.25 cm <sup>2</sup>
Irradiance (mW/cm <sup>2</sup> )	0 mW/cm <sup>2</sup>	20 mW/cm <sup>2</sup>	20 mW/cm <sup>2</sup>	20 mW/cm <sup>2</sup>
Radiant energy (J)	0 J	0.75 J	2.25 J	4.5 J
Number of points irradiated	n/a	1	1	1
Number of treatment sessions	0	1	1	1

#### 4.2.3. Analysis of Time-lapse Images

All time-lapse images were analyzed using open source *Zirmi* software in MATLAB R2015a, as described previously in **Chapter 3**. Quantifying cells kinetic, measures were based on centroid positions, not whole cell morphology. Therefore, detailed morphological changes could were not distinguishable with the current analysis. Macrophage centroid positions were tracked using *PhagoSight* software's keyhole algorithm and visualization tools for proofing (Henry et al. 2013). Subsequently, *Zirmi* software was used to select macrophage tracks that

matched a selection criterion or of distinguishable centroid positions in over 70 % of all frames. Additionally, error prone tracks of macrophages near wound region were eliminated from analysis if they aggregated together. Macrophage migration was analyzed between (30 to 120) minutes post injury. Time intervals were defined as T1 [30 to 60 minutes post injury], T2 [30 to 90 minutes post injury], and, an overview time interval, T3 [30 to 120 minutes post injury]. To analyze the extracted data more efficiently wound regions were normalized, orienting positions with respect to the epicenter or Zero Position ( $S_0$ ) of the wound margin for discrete distance to wound determinations. Baseline unwound fish, most distal position of the caudal fin was selected as the Zero Position. Centroid positions of zebrafish macrophages were used to compute spatial-temporal metrics of macrophage tracks respective to wound including: absolute velocity ( $\mu\text{m}/\text{min}$ ), quantified as the average of each discrete movement per frame; static ratio (1 to 0), quantified as 1 when all movements per track exceeding as displacement  $0.9 \mu\text{m}$ ; meandering index (1 to 0), quantified as the vector distance length from start to finish over the discrete sum of distances traveled; wound oriented distance traveled ( $\mu\text{m}$ ), quantified as Euclid vector distance from macrophage centroid to  $S_0$ ; forward movements (1 or 0) with positive net displaced wound oriented distances quantified as 1. Additionally, *Zirmi* software was used to manually trace wound region to isolate background subtracted DHE mean fluorescent intensity values approximately  $65 \mu\text{m}$  radially extended from the wound margin.

#### **4.2.4. Fin Regeneration Assay**

Fish were mounted laterally in glass bottom dishes and imaged using a ZEISS inverted epi-fluorescent microscope in the first 60 minutes post injury. Immediately after, fish were treated with laser 0 (n=8), 3 (n=12), 9 (n=9), and 18 (n=10)  $\text{J}/\text{cm}^2$  doses. After treatment, fish were maintained at  $28^\circ\text{C}$  in E3 media and, 24 hours after injury, anesthetized and imaged again.

Total wound closure was reported as percent of wound closure. The wound perimeter was measured using ImageJ (NIH) for 1 hour and 24 hour fins per fish. Percent Closure (**R%**) was an evaluation of 24 hour wound closure defined as:

$$R\% = 100 \times \frac{1 \text{ hour wound perimeter} - 24 \text{ hour wound perimeter}}{1 \text{ hour wound perimeter}} \quad (10)$$

#### 4.2.5. Statistical Analysis

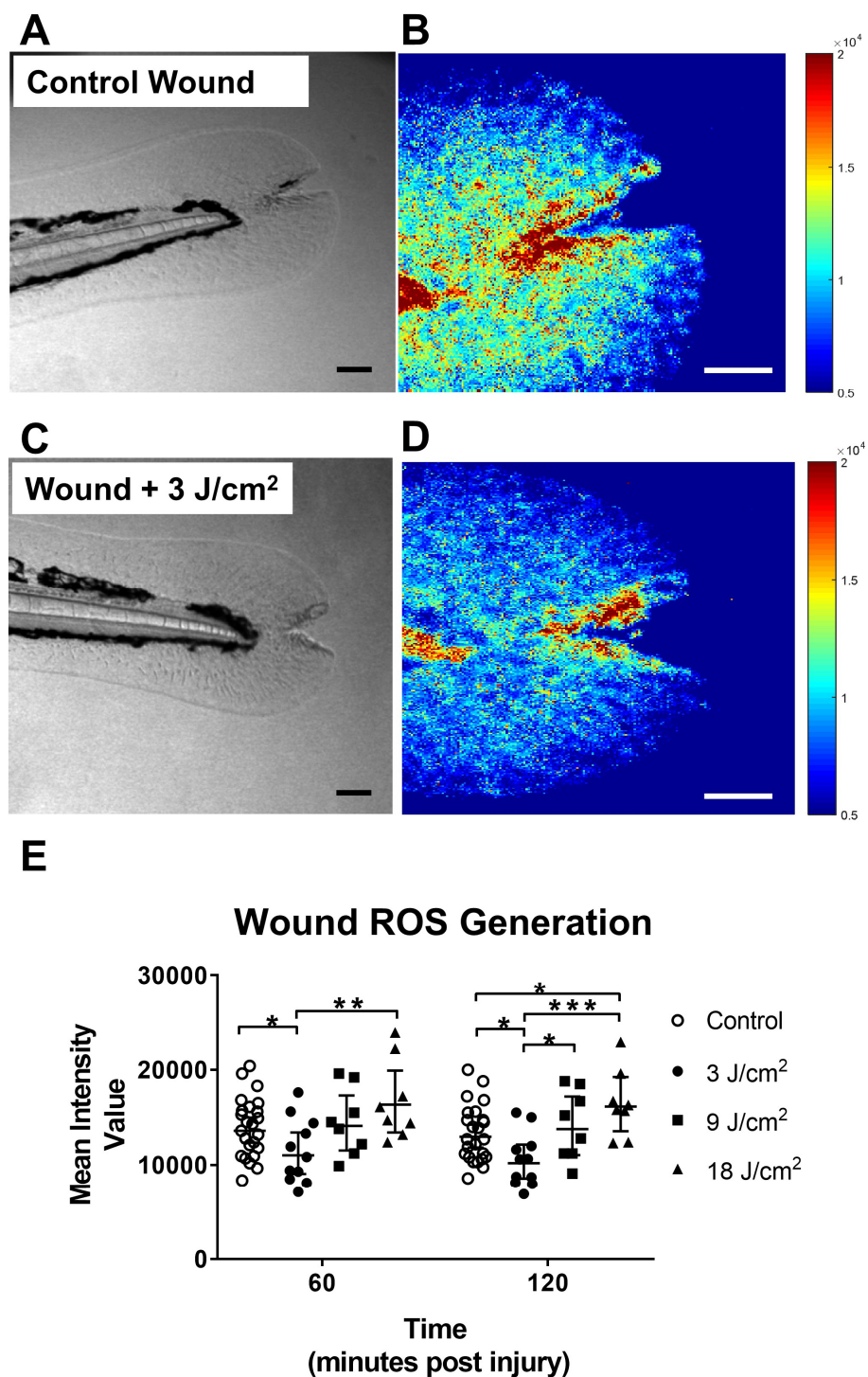
In each group the means, standard deviation, and 95% confidence intervals of macrophage metrics, corrected fluorescent values, percent regeneration was calculated. Statistical Analysis was performed in GraphPad Prism and Microsoft Excel. Linear correlations were performed to derive Pearson r coefficients. P values were used for testing the hypothesis that there is no relationship between observed phenomenon (null hypothesis). P smaller than the significance level (0.05) was considered significant.

### 4.3. Results

#### 4.3.1. Laser Dose Response of Oxidative Stress After Wounding

Control ( **Figure 9A**) untreated fish demonstrated higher pixel (red) intensity values around the margin of injury (( **Figure 9B**) than red laser treated 3 J/cm<sup>2</sup> (( **Figure 9C, 9D**). DHE mean intensity values used to calculate geometric means and 95% confidence intervals at 60 and 120 minutes post injury of control (n=21) and dose groups 3 J/cm<sup>2</sup> (n=11), 9 J/cm<sup>2</sup> (n=8), and 18 J/cm<sup>2</sup> (n=8) ((

**Figure 9E).** At 60 minutes post injury a dose trend was noted as 3 J/cm<sup>2</sup> exhibited an overall 29 % ROS reduction in wound region ( $11\,013.4 \pm 2\,000.59$ ,  $p=0.03$ ) compared to control fish ( $13\,599.55 \pm 1\,563.5$ ). In contrast, 9 J/cm<sup>2</sup> exhibited values were near control ( $14\,108.78 \pm 2\,456.05$ ,  $p=n.s.$ ) and 18 J/cm<sup>2</sup> exhibited an overall 19% increase in ROS values ( $16\,337.55 \pm 2\,893.64$ ,  $p=n.s.$ ) at near wound region compared to control. At 120 minutes post injury, the 3 J/cm<sup>2</sup> treated group remained improved over control group, ( $p=0.01$ , significantly lower ROS than control), whereas the 9 J/cm<sup>2</sup> treated group had no significant effect ( $p=n.s.$ ), and the 18 J/cm<sup>2</sup> group showed significantly increased ROS( $p=0.02$ ). At 120 minutes post injury, a more significant dose response was noted as 3 J/cm<sup>2</sup> oxidative stress ( $10\,190.45 \pm 1\,674.98$ ) was significantly 26% less than 9 J/cm<sup>2</sup> ( $13\,753 \pm 2\,527.06$ ,  $p=0.02$ ), and was significantly 37% less overall than 18 J/cm<sup>2</sup> ( $16\,161.02 \pm 2\,416.72$ ,  $p < 0.001$ ).



**Figure 9. Laser effects oxidative stress.** A and B display bright field image of fish after 60 minutes post injury of a wounded untreated control and of a wounded and treated fish with 3 J/cm<sup>2</sup>, respectively. Figure C and D display a color-map of the ROS probe (DHE) intensity; red hue indicating saturated DHE and blue hue indicated absence of DHE. Fish of untreated wounds

0 J/cm<sup>2</sup> (n=21) were compared with laser treated wounds: 3 J/cm<sup>2</sup> (n=11) and 9 J/cm<sup>2</sup> (n=8), 18 J/cm<sup>2</sup> (n=8). E displays group overall geometric mean  $\pm$  95% confidence intervals of DHE mean intensity values at 60 and 120 minutes post injury. Student T-tests \*(p < 0.05), \*\*(p < 0.01), \*\*\*(p < 0.001) were performed in Microsoft Excel.

#### **4.3.2. Laser Dosing Exhibits Different Levels of Macrophage Kinetics in Response to Wounding**

We investigated experimental fish groups, 0 (n=19; 227 macrophages tracked, 3 (n=12; 196 macrophages tracked), 9 (n=10; 96 macrophages tracked), and 18 (n=8; 118 macrophages tracked) J/cm<sup>2</sup> at the same three temporal groups [T<sub>1</sub>, T<sub>2</sub>, T<sub>3</sub>] to see if laser doses would influence macrophage kinetic behavior. When compared to control, 3 J/cm<sup>2</sup> macrophages overall demonstrated significantly more wound biased directed migration (

**Figure 10A, 10B**). Speed (

**Figure 10C**), and meandering index (

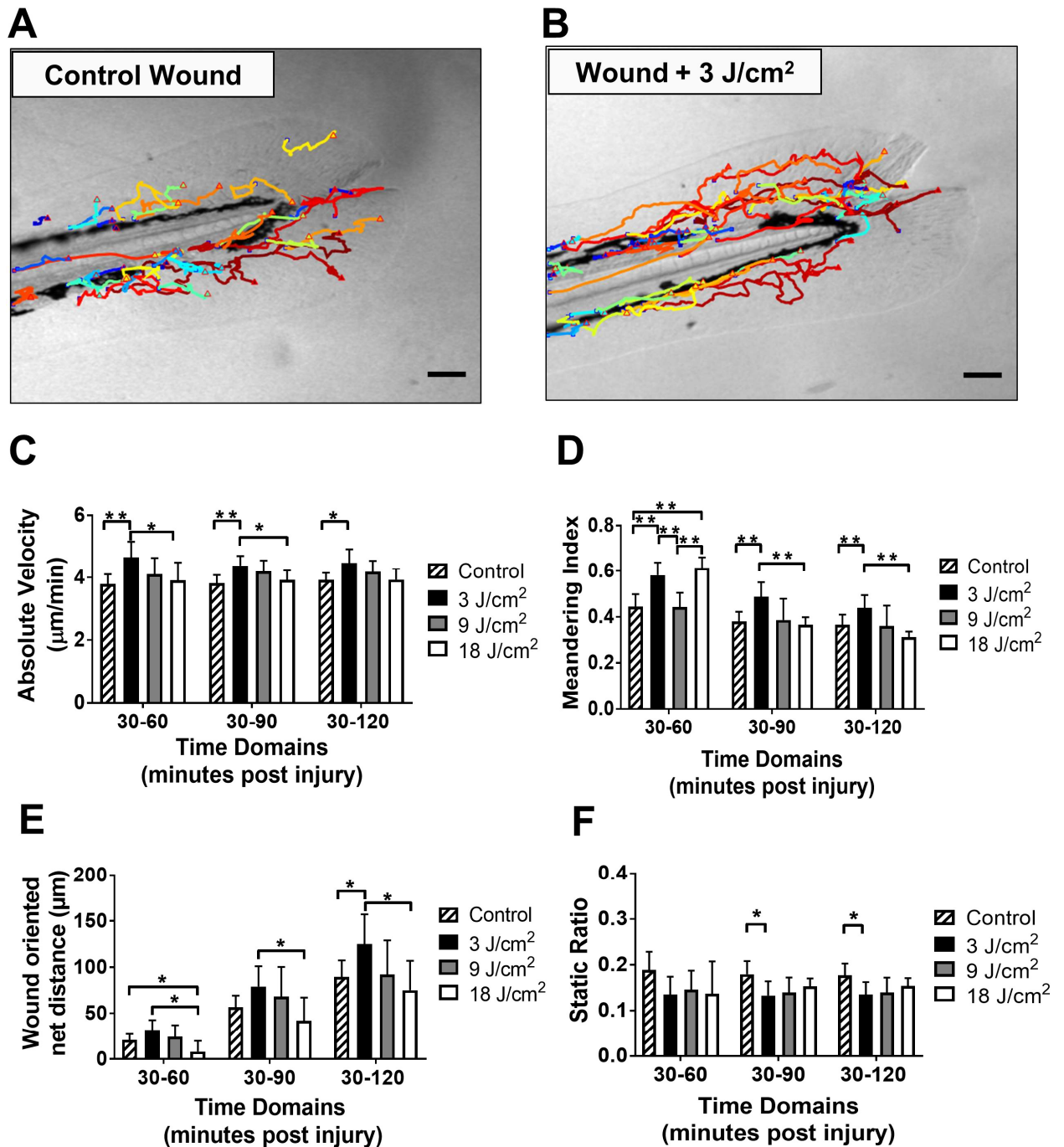
**Figure 10D**) were used for determining persistent travel. Overall, cumulatively, 3 J/cm<sup>2</sup> macrophages exhibited significantly faster speeds (T<sub>3</sub>: 4.5  $\pm$  0.7 vs 3.9  $\pm$  0.5  $\mu$ m/min, p=0.01), and more “straightness” or higher meandering index (T<sub>3</sub>: 0.44  $\pm$  0.09 vs 0.37  $\pm$  0.09, p=0.04) when compared to non-treated control fish. Higher Static ratio (

**Figure 10E**), was used to provide more insight on the pattern of travel, to provide insights on “pausing” and henceforth efficiency in travel. Compared to controls (T<sub>3</sub>: 0.177  $\pm$  0.05, p=0.03) 3J/cm<sup>2</sup> exhibited significantly less “pausing” overall (T<sub>3</sub>: 0.135  $\pm$  0.04, p=0.03), while 9 J/cm<sup>2</sup> (T<sub>3</sub>: 0.139  $\pm$  0.04, p=0.1) and 18 J/cm<sup>2</sup> (T<sub>3</sub>: 0.154  $\pm$  0.02, p=0.25) were only slightly less than control in a dose dependent manner. However, persistence through speed, meandering index, and static ratio does not demonstrate a migration bias, it merely reflects a consistent direction orientation. Therefore, vector distances from macrophage centroid positions

to the centroid position of the wound gap were used to compare cells orientation to the site of injury. Higher net distances traveled toward wound were used to indicate a preferential wound travel behavior, or migration bias (

**Figure 10F).** Laser demonstrated a significantly higher net distances toward wound in 3 J/cm<sup>2</sup> overall (T<sub>3</sub>: 125 ± 50 μm) when compared to 9 J/cm<sup>2</sup> (T<sub>3</sub>: 92 ± 52 μm, p=0.8) and compared to non-treated fish (T<sub>3</sub>: 89 ± 38 μm, p=0.02). 18 J/cm<sup>2</sup> demonstrated an overall decrease in macrophage wound oriented net distances (T<sub>3</sub>: 75 ± 38, p=0.2).



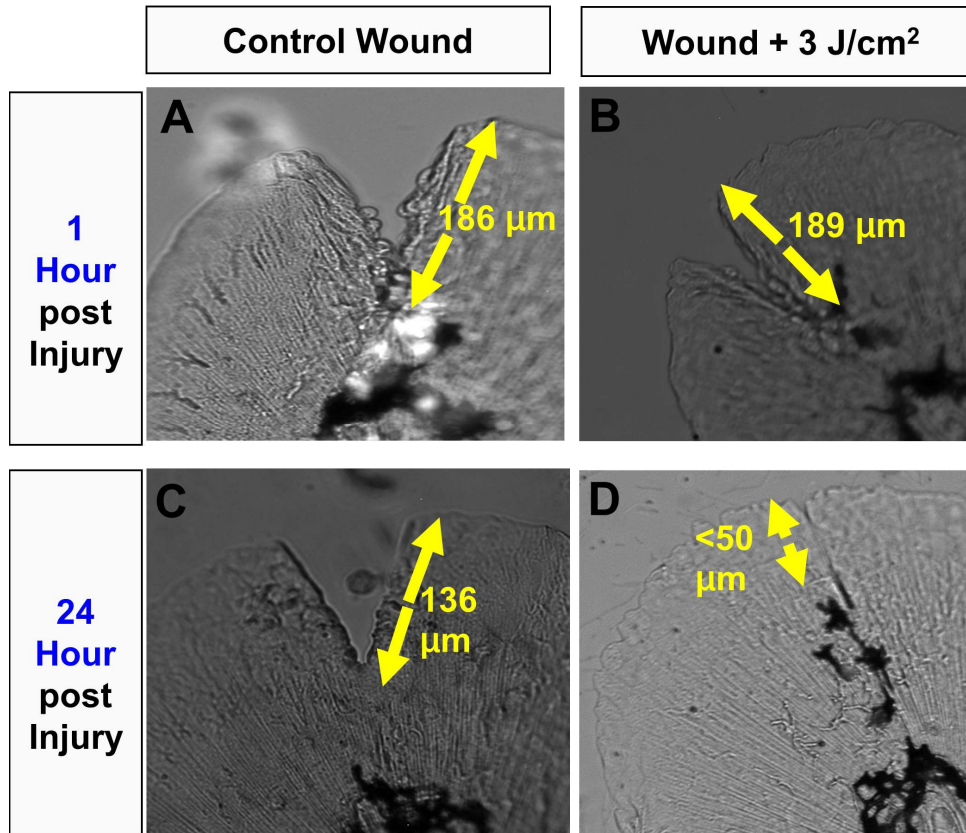
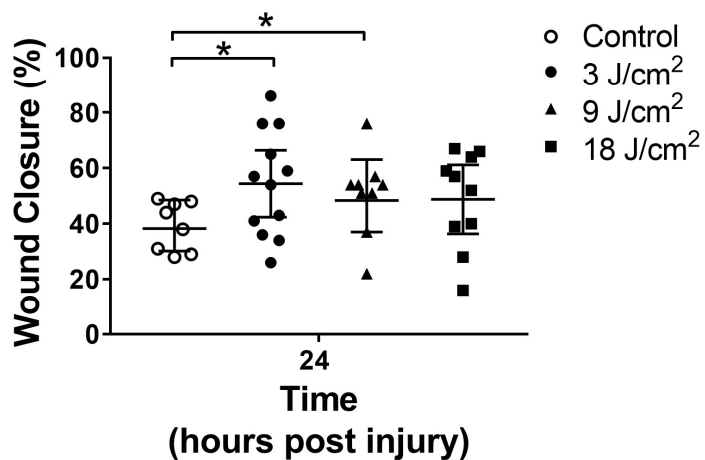


**Figure 10.** Wound recruited macrophages of 0, 3, 9, 18 J/cm<sup>2</sup> treatment groups of fish (n=20, 12, 10, and 8 respectively) were tracked using software analysis. Representative control fish (A) and 3 J/cm<sup>2</sup> (B) are shown with trajectories with the highest total distances hued as dark red and lowest values hued as dark blue. Quantitative measures of were algorithmically derived at T1 (30 to 60 minutes post injury), T2 (30-90 minutes post injury), and T2 (30-120 minutes post

injury) temporal domains post injury with means and 95% CIs for each independent group measure. Macrophage measures of absolute velocity (C), meandering index (D) were determined to evaluate persistence. Wound oriented net distance traveled (E) and static ratio (F) were determined to evaluate wound bias efficiency. Statistical differences were computed with Student t-tests \*( $p < 0.05$ ), \*\*( $p < 0.01$ ) in Graphpad® Prism.

#### **4.3.3. Laser Dose Response of 24 Hour Wound Closure**

To examine 24 hour regenerative capacity of the caudal fin, wounds were measured 1 hour (**Figure 11A, 11B**) and 24 hours post injury (**Figure 11C, 11D**). Single wounds were induced and grouped according to laser treatment: Control 0 J/cm<sup>2</sup> wound margin  $343 \pm 102 \mu\text{m}$  (n=8), 3 J/cm<sup>2</sup> wound margin  $309 \pm 64 \mu\text{m}$  (n=12), 9 J/cm<sup>2</sup> wound margin  $318 \pm 81 \mu\text{m}$  (n=9), 18 J/cm<sup>2</sup> wound margin  $318 \pm 88 \mu\text{m}$  (n=10). Percent wound closure (Geometric mean  $\pm$  95% confidence interval) of unirradiated controls ( $38 \pm 8 \%$ ) were compared to treated groups: 3 J/cm<sup>2</sup> ( $51 \pm 12 \%$ ,  $p=0.02$ ), 9 J/cm<sup>2</sup> ( $48 \pm 11\%$ ,  $p=0.04$ ), and 18 J/cm<sup>2</sup> ( $45 \pm 12\%$ ,  $p=n.s.$ ) (**Figure 11E**). Treated fish exhibited accelerated wound closure outcomes 24 hours post injury in a dose trend manner as doses exhibited by 13%, 10%, and 7% increases from 3, 9, and 18 J/cm<sup>2</sup>, respectively. To ensure 1 hour wound margin size did not influence 24 hour wound size outcomes, a linear regression was performed indicating no correlation to 1 hour wound size and 24 wound size per group: control ( $r=0.22$ ,  $p=n.s.$ ), 3 J/cm<sup>2</sup> ( $r=0.14$ ,  $p=n.s.$ ), 9 J/cm<sup>2</sup> ( $r=0.37$ ,  $p=n.s.$ ), and 18 J/cm<sup>2</sup> ( $r=0.09$ ,  $p=n.s.$ ) J/cm<sup>2</sup>. These results indicate that less than 9 J/cm<sup>2</sup> doses may be an ideal therapeutic range for zebrafish caudal fin accelerated wound closure.

**E****Wound Closure 24 Hour Post Injury**

**Figure 11.** Laser effects on fin wound closure. A and B show caudal fin wound region 1 hour post wounding. Figures C and D display the wound region 24 hours post wounding, untreated and treated with (3 J/cm<sup>2</sup>) laser, respectively. Figure E displays the geometric mean ± 95% confidence interval of percent wound closure from 1 hour to 24 hours post wound of untreated

control group (n=8) and 3, 9, and 18 J/cm<sup>2</sup> laser treated groups (n=12, 9, and 10 respectively). Student T-tests \*(p < 0.05) were performed in Microsoft Excel and wound measurements were performed in ImageJ.

#### **4.4. Discussion and Conclusions**

Results from the present study demonstrate a dose response, present in speed, meandering index, static ratio, and distance traveled toward wound by wound macrophages in response to fluence. A dose of 3 J/cm<sup>2</sup> was identified as eliciting the most persistent and wound oriented trajectory. The 3 J/cm<sup>2</sup> dose *in vivo* effect included elevated macrophage speeds, meandering index values, with a resultant contribution in more “straightness” in migration and less “pausing” when compared to either non-treated or treated groups. In contrast, a dose of 18 J/cm<sup>2</sup> resulted in slower macrophage responses. The 9 J/cm<sup>2</sup> cell kinetic measures consistently fell between both high and low energy fluences. Fluence elicited a dose dependent effect on wound reactive oxygen species content and wound closure. The magnitude of reactive oxygen species within the wound and wound closure rate are relevant to clinical parameters when monitoring wound therapeutics, providing support for this model as means to interrogate multiple parameters of laser treatment settings in an *in vivo* setting.

Our findings agree with recent *in vitro* studies in which laser treatment has been reported to promote a pro-healing macrophage response. In these studies, enhanced phagocytosis of various types of macrophages with red (600-700) nm laser with low energy fluences (2 to 20) J/cm<sup>2</sup> (Karu et al. 1989, Lu et al. 2011). Lu *et al.* reported 670 energy fluence of 9 J/cm<sup>2</sup> led to protection from retinal degeneration by decreasing pro-inflammatory cytokine expression and thus the reduction of polarized macrophages. A wavelength of 670 nm delivering 9 J/cm<sup>2</sup> has led to mitigation of oxidative damage (Albarracin et al. 2013). Song *et al.* reported red 632.8 nm laser treatment of 20 J/cm<sup>2</sup> enhanced phagocytic function of microglia in an *ex vivo* transwell

culture system and suppressed pro-inflammatory cytokine TNF- $\alpha$  and nitric oxide expressions (Song, Zhou, and Chen 2012). We observed 18J/cm<sup>2</sup> with a 635 nm wavelength *in vivo* to lead to undesirable increases in reactive oxygen species; differences in response may be explained as tissue specific. Souza *et al.* reported red laser 660 nm at 4.5 J/cm<sup>2</sup> reduced pro-inflammatory activation of alveolar macrophages, commonly tied to reactive oxygen species generation (Souza et al. 2014). El Kabany at Korraa reported 632.8 nm laser treated phagocytes (1 to 5) J/cm<sup>2</sup> *in vitro*, enhanced percent phagocytosis, respiratory burst production, and Arginase I mRNA production in a dose-dependent manner (El Kabany and Korraa 2008). Fernandes demonstrated that J774 macrophages could be oriented from a classically activated pro-inflammatory state, M1, to an alternatively active, M2, pro-healing state with red 660 nm or 780 nm laser 7.5 J/cm<sup>2</sup> and 2.6 J/cm<sup>2</sup>, respectively (Fernandes et al. 2015). Souza demonstrated both lasers could reduce TNF- $\alpha$ , iNOS expression and TNF- $\alpha$  and COX-2 production, however, 660 nm also resulted in an up-regulation of IL-6 expression. While the majority of reports favor a range of 3- 20 J/cm<sup>2</sup> to be beneficial to reduction of macrophage inflammatory behavior and improved regenerative responses, it is possible that other fluencies may be required depending on tissue target; Song *et al.* demonstrated an associated increase in alternative activated macrophages and recovery of rat spinal cord injury after 810 nm wavelength laser with 150 mW output power and 0.3/cm<sup>2</sup> light spot suggesting fluences far greater than those described above (Song et al. 2017). These findings punctuate a need to establish precise parameters for tissue specific responses.

Based on the large data sets involved in time lapse imaging, this study focused on macrophage initial recruitment; selection of the quantitative measures of migration was important for quantifying an elicited effect on cellular kinetics. Our study outlines macrophage kinetics speeds, 3  $\mu$ m/min to 6  $\mu$ m/min average, and meandering index, 0.4 to 0.6, that falls

within the, range previous zebrafish literature (Ellett et al. 2011, Li et al. 2012a). However, the time post injury is important in considering an average macrophage migration behavior. Initial recruitment (30 to 60) minutes post injury demonstrate elevated speeds and less meandering for all zebrafish groups. These values lessen as time progresses. Red laser treated zebrafish do not appear to experience supernatural kinetic behavior, with speeds, for instance, that exceed the range of macrophage ranges previously reported. Further,  $3 \text{ J/cm}^2$  macrophage static ratios were significantly correlated to respective speeds ( $r = -0.56$ ,  $p < 0.01$ , data not shown). To this effect, red laser treated macrophages at  $3 \text{ J/cm}^2$  demonstrated move movement, shown by decreased static ratio, implicating macrophages were simply more active rather than traveling at abnormally faster speeds frame-by-frame. It is well accepted that speed and meandering index can be used for determining persistence, also defined as period by which a cell moves in the same direction (Svensson, Medyukhina, Belyaev, Al-Zaben, et al. 2017). The  $3 \text{ J/cm}^2$  treated group demonstrated elevated speed and meandering index values, contributing to more “straightness” in migration when compared to both non-treated or treated groups. Additional, measures demonstrated a preferential wound migration bias with less “stopping” and lower static ratios when compared wound than the untreated controls. Therefore  $3 \text{ J/cm}^2$  macrophages demonstrate persistent or efficient wound oriented tracks, as they demonstrated considerably higher net distances toward wound and higher meandering index values (Svensson, Medyukhina, Belyaev, Al-Zaben, et al. 2017). Such vigorous movement is likely to utilize greater energy; recently, reports have highlighted the role of enhanced levels of ATP, as a means of stimulating changes in speed and migration behaviors of immune cells (Kotwal and Chien 2017, Kelly and O'Neill 2015, Sáez et al. 2017b). Since laser treatment has been linked to enhanced ATP production (de Oliveira et al. 2014, Anders, Ketz, and Wu 2017, Karu 2010, Hawkins and

Abrahamse 2006), it is possible that increased available ATP spurred increased macrophage activity (Kotwal, Sarojini, and Chien 2015). These migrations based descriptive measures help to shape a more complete characterization of red laser effect within the wound microenvironment.

Our work is in agreement with prior reports in which red laser treatment (1 J/cm<sup>2</sup> to 60 J/cm<sup>2</sup>) enhanced wound closure with a reduction of oxidative stress via elimination of inflammatory cellular infiltrates such as neutrophils and apoptotic or necrotic debris (de Medeiros et al. 2017, de Lima et al. 2016). Therefore, it is possible that increased macrophage cellular kinetics may play a direct role in the reduction of oxidative stress by hastening the pace neutrophil clearance. The minimization of stops along the way and speed in which macrophages traveled to the wound, support this notion. Alternatively, it is well accepted that the mitochondria, while an important source of energy, in inflammatory conditions are rendered hyperactive leading to excessive superoxide anion production. Therefore, this excessive production of ROS is a putative mechanism of a dysregulated wound microenvironment contributing to prolonged inflammation. Sanderson *et al.* provides evidence of a near-infrared laser (810 nm, > 100 J/cm<sup>2</sup>) effect on photoacceptor, cytochrome oxidase c, to reduce mitochondrial membrane potential, reducing its hyperactivation and excessive superoxide anion levels within cranial ischemia reperfusion injuries in rats (Sanderson et al. 2018). Photoacceptor, cytochrome oxidase c, is a well-accepted target red laser with previous studies demonstrating 632.8 nm wavelengths (low fluences, such as, 2 J/cm<sup>2</sup> and 5 J/cm<sup>2</sup>) modulating mitochondrial membrane potential and generation of reactive oxygen species (Karu et al. 2008, Pastore 2000, Silveira, Silva, et al. 2009). In contrast, red laser photobiomodulation is largely implicated in increasing mitochondrial membrane potential to increase ATP production and

redox signaling (Hamblin 2018). These contradicting findings may be explained by the biphasic nature of the effects of laser therapy, photobiomodulation, a query that might be addressed in future studies using the zebrafish *in vivo* model.

Previous zebrafish research has indicated that a hydrogen peroxide burst is prevalent in zebrafish within the first 20 minutes after injury, responsible for a chemotactic gradient correlated to leukocyte recruitment (Niethammer, Grabher, Look, and Mitchison 2009). Therefore, we probed deleterious superoxide anion, via Dihydroethidium (DHE), to focus on oxidative stress. We recognize DHE as one of many tools to probe oxidative stress. Its utility when compared to genetic models is its simplicity and reliability for *in vivo* detection of oxidative species (Mugoni, Camporeale, and Santoro 2014a). DHE has been effectively used to probe oxidative stress in zebrafish, validating the assay using KCN, a known inhibitor of superoxide dismutase (Nazarewicz, Bikineyeva, and Dikalov 2013). Notably, for an optimized ROS signal, the notochord and surrounding cavity was avoided due to high probe signal capable of confounding normalized measurements. Potential confounders of this method could also include potential off target binding with nitrogen-based species. Such binding is believed to be minimal and can be regulated, as recent report indicates fluorescence detection, preferential to reactive oxygen species enabling the possibility of ROS quantification in real time (Nazarewicz, Bikineyeva, and Dikalov 2013). Based on methods described in **Chapter 3** previous literature, we selected DHE for oxidative stress determinations.



## CHAPTER 5

### 5. FUTURE DIRECTIONS AND CONCLUSIONS

#### 5.1. PBMT and Dose Parameters

The zebrafish wound model provides a means to identify laser effects on macrophage and potentially, neutrophil kinetics *in vivo* and correlate these effects with the pace of wound healing. Future studies can advance the field by performing a series of comparative studies to demonstrate the effect of power, wavelength (violet, 405nm, green 535nm, red, 600-660nm, near infrared 800-850nm, etc..) and comparative of pulsed versus constant delivery of identical total Joules delivered. Further, the utility of singular vs combinatorial wavelength therapy can be identified. Such foundational studies undertaken *in vivo* can provide the mechanistic underpinnings for the development of clinical therapeutics.

#### 5.2. PBMT and ATP

Photobiomodulation has been well characterized to augment isolated mitochondrial ATP production (Passarella *et al.* 1988) and intracellular ATP levels. PBMT ability to increase wound microenvironment ATP levels wound may demonstrate a functional link to increased phagocyte recruitment kinetics and may serve to accelerate a physiologic process. Upon tissue injury, infected and dying cells release ATP extracellularly into the wound microenvironment (Idzko, Ferrari, and Eltzschig 2014). This extracellular ATP serves as a danger signal to phagocytes, such as macrophages, directly interacting with specific purinergic G protein-coupled receptors to affect motility (Honda et al. 2001a). A recent *in vitro* study demonstrated 500  $\mu$ M extracellular ATP levels in phagocyte media led to quantifiably faster phagocyte speeds, increased cytosolic calcium levels, and increased intracellular ATP levels (Sáez et al. 2017b).

Further, when extracellular Pannex1 and P2X<sub>7</sub> receptor were inhibited, membrane permeability and intracellular ATP and calcium levels decreased leading to decreased phagocyte speeds. Intracellular ATP is known for stimulating pathways involved in elevating cytosolic calcium levels, well characterized to intracellularly drive motility in phagocytes (Shumilina, Huber, and Lang 2011). Therefore, these studies suggest that that extracellular ATP levels boost motility by permeating into the cells to activate ATP dependent cytosolic calcium increases required for motility. Future studies can build upon this knowledge by evaluating therapeutic levels of photobiomodulation for its ability to generate intracellular ATP for quantifiably faster phagocyte speeds *in vitro*. Evaluations of intracellular calcium levels would help to corroborate a mechanistic avenue for PBMT to enhance phagocyte motility. Additional comparisons between extracellular ATP exposure to PBMT of intracellular ATP production and motility measures would further aid in assessing therapeutic effectiveness. High performance liquid chromatography is capable of assessing ATP metabolites in fish tissue (Lin, Cormier, and Torsella 1996) and would enable this determination. Evaluating ATP levels if *in vitro* in relation to macrophage motility will provide more information on PBMT ability to modulate ATP for enhanced cellular kinetics.

PBMT ability to increase ATP levels and microenvironment metabolism may further serve to regulate epigenetic modifiers such as histone modifications, DNA methylation and microRNA pathways (Sassone-Corsi 2013). Transcription silencing and activation at specific residues have influence on histone post translational modifications, such as acetylation and methylation. Therefore metabolites such as acetyl coenzyme A (acetyl-CoA), and ATP, can affect epigenetic modifiers to regulate gene expression (Wellen *et al.* 2009, Imai and Guarente 2010). Recognized epigenetic modifiers include HAT(histone acetyltransferases),

HDAC(histone deacetylases), HMTS(histone methyltransferases) , KDMs (lysine demethylases) , kinases, and phosphatases are dependent on localized concentrations of metabolites constituting the basis for a malleable epigenome (Sassone-Corsi 2013, Katada, Imhof, and Sassone-Corsi 2012). If specific PBM generated metabolites significantly influence epigenetic modifiers, this could serve as an additional traceable response of PBMT anti-inflammatory cell expressions.

### **5.3. PBMT and Neutrophils**

We propose to apply the same parameters to study the effect of 635nm irradiation on enhanced neutrophil migration kinetics *in vivo* as these effects are not known. Neutrophils and macrophages are well characterized to participate in cooperative inflammatory behaviors (Silva 2011), such as, cross-talk for cyclical recruitment (Filippo *et al.* 2013). In zebrafish, transgenic strategies have permitted real time monitoring of neutrophils (Keightley *et al.* 2014). Current zebrafish research has made unprecedented characterizations in neutrophil kinetics, demonstrating neutrophil retrograde migration behavior (Mathias *et al.* 2006) and redox based tyrosine kinase regulated recruitment (Yoo *et al.* 2011) of initial hydrogen peroxide bursts after tissue injury (Niethammer, Grabher, Look, and Mitchison 2009). Rosowske *et al.* demonstrated impaired motility in neutrophils, via Rac2 deficient neutrophil transgenic fish, resulted in fewer recruited macrophages and neutrophils to the site of injury (Rosowski *et al.* 2016b). Results further correlated fewer recruited neutrophils with higher susceptibility to infection, ultimately increasing percent mortality. Zebrafish studies also demonstrate neutrophil early recruitment leads to removal of debris and microbes (Li *et al.* 2012a), and reduces initial ROS levels following tissue injury (Pase *et al.* 2012). These findings suggest that kinetics of neutrophil migration behavior to the site of injury is important to the reduction of ROS and acceleration of

healing. Examination of fluence on neutrophil can help define a therapeutic protocol to optimize both macrophage and neutrophil kinetics for acceleration of wound healing.

In addition to accelerated neutrophil migration, neutrophil removal via macrophage phagocytosis may also be affected by 635nm laser therapy. Removal of wound neutrophils is required for resolution of acute inflammation and the progression of wound healing. Known macrophage dysfunction results in the failure to adequately remove neutrophils and leads to the production of a large number of free radicals and corresponding oxidative stress within the wound (Ushio-Fukai 2009). Excessive oxidative stress delays wound healing. The zebrafish animal model is a useful tool to observe neutrophil recruitment and persistence (Miller *et al.* 2003, Matsumoto 2003). Future studies could involve examination of neutrophil clearance rate, histologic measures of macrophage phagocytosis, and a correlation between wound ROS and neutrophil numbers. Studies to define expression of known molecules ( i.e., CD36, CD61, TNF-alpha ) involved in macrophage clearance of neutrophils can also be undertaken to identify whether laser treatment facilitates neutrophil clearance by these mechanisms (Savill *et al.* 1992, Meszaros, Reichner, and Albina 2000).

#### **5.4. Ischemia Reperfusion Injury**

Ischemia reperfusion injury contributes to the extent of morbidity and mortality in myocardial infarction, ischemic stroke, and acute kidney injury. For organ transplantation, ischemia reperfusion injury limits preservation times, increases transplant rejection, and decreases graft survival. In ischemia reperfusion injuries, a prolonged lack of adequate blood flow, or ischemia, inhibits oxygen supply to the site of injury, hinders metabolic capacity and exacerbates the accumulation of oxidative stress (Rodríguez *et al.* 2007). Ischemia may also lead to an irreversible pattern of mitochondrial dysfunction, (Buja 2005). Reducing ischemia

reperfusion damage could have widespread impact on morbidity and mortality of several different conditions.

Photobiomodulation therapy has been shown to minimize tissue damage after ischemia reperfusion injury in thoracic organs and the brain. In animal hearts, photobiomodulation therapy with red and infrared (600 to 900 nm ) wavelengths (8, >20 mW/cm<sup>2</sup>, >10 J/cm<sup>2</sup>) have demonstrated significantly increased levels of ATP as well as decreased infarct size, decreased myocardium inflammation, and decreased mortality (Oron, Yaakobi, Oron, Hayam, *et al.* 2001, Oron, Yaakobi, Oron, Mordechovitz, *et al.* 2001, Quirk *et al.* 2014). In brain, treatment with near infrared lasers (700 to 1000 nm) have led to improved protection from ischemic reperfusion conditions, modulating cytochrome c oxidase and reducing oxidative stress (Sanderson *et al.* 2018). In lungs, treatment with 660 nm (67.5 J/cm<sup>2</sup>, 375 mW/cm<sup>2</sup>) led to reduction of inflammatory neutrophil influx and inflammatory cytokine levels such as TNF-alpha levels when compared to non-irradiated controls. While there appears to be efficacy in thoracic organs and the brain, to date, the effect on organs located within the abdomen has not been determined and present a gap of knowledge in the field. After mechanistic studies can identify optimal laser wavelengths, power, and mode of pulsing effects on neutrophil and macrophage kinetics, these insights can be applied for the mitigation of ischemia reperfusion injury.

## **5.5. Conclusions**

Photobiomodulation therapy has reported both beneficial and non-beneficial effects on regenerating tissues and wounds (Al-Watban, Zhang, and Andres 2007, Byrnes, Barna, and Chenault 2004, Moon *et al.* 2014, Doroty *et al.* 2010, Lima *et al.* 2010). The field has a wide variety of reports with broad ranges in wavelength, fluence, power, and frequency and these variabilities make it difficult to compare outcomes and standardize therapy for optimal clinical

outcomes. Because this therapeutic has no known side effects, it has great potential. Its optimization rests on defining the laser parameters that optimize the regenerating microenvironment. This report outlines a quantitative *in vivo* means to identify and track a cellular element critically involved in changing the quality and pace of wound healing. Using this platform, new insights regarding macrophage velocity, meandering, and stasis were gained. These initial findings demonstrate the mechanistic effect of 635 nm wavelength on augmenting speed and directionality of macrophage responses to the wound. This newly established analysis of zebrafish model and associated software platform provides a foundation for a pipeline of investigations. Investigations examining each parameter of PBMT on macrophage and ROS behavior individually and in concert with each other in zebrafish is novel. These investigations provide a potential of more thorough investigations on the degree and speed of wound closure after PBMT, with potential future implications for the successful treatment of myocardial infarction, ischemic stroke, and the preservation and survival of transplanted organs.

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**APPENDICES**

## Appendix A

## SUPPORTING TABLES &amp; FIGURES

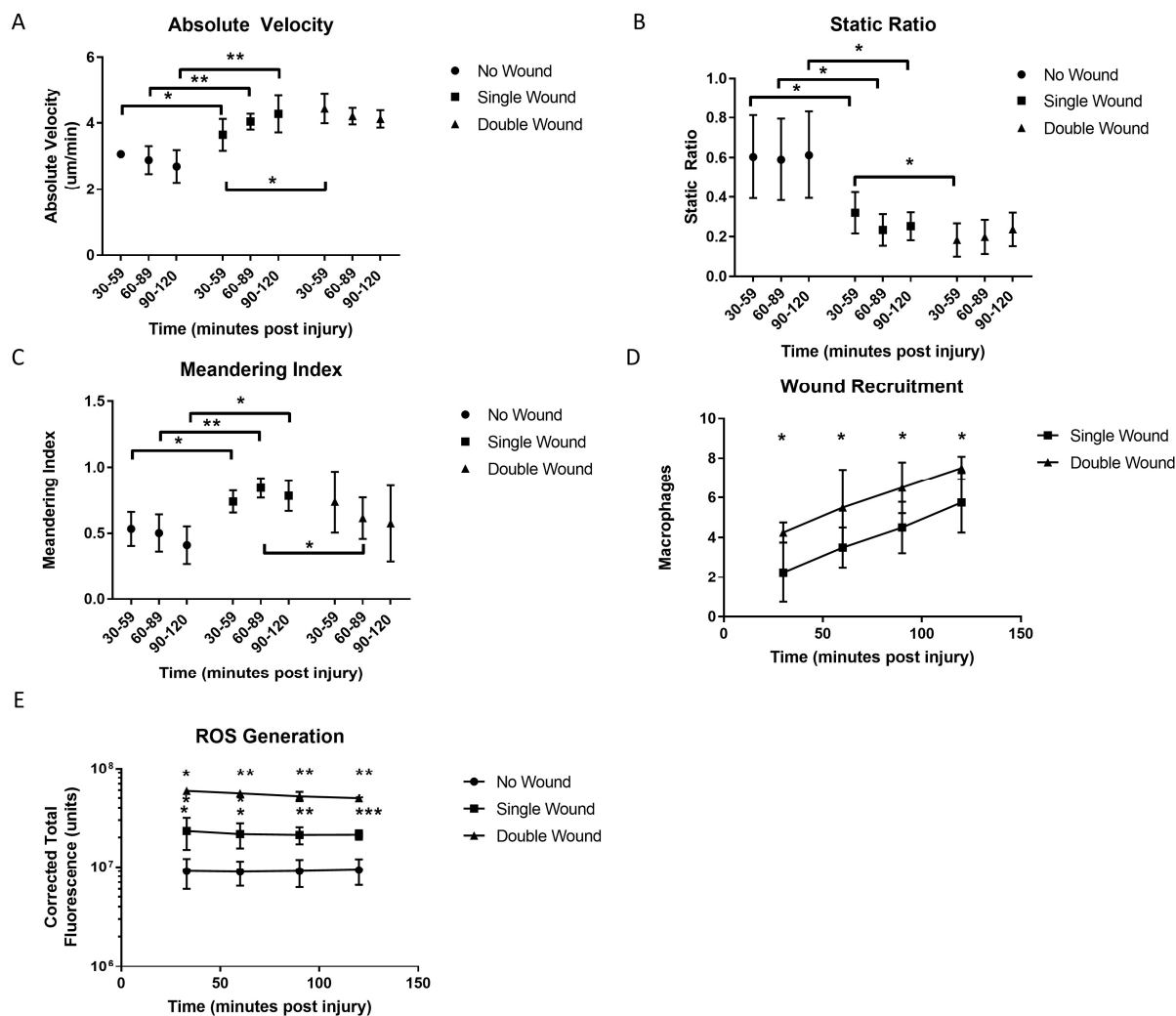
TABLE VII. USER-DEFINED PARAMETERS AND THEIR CORRESPONDING FUNCTIONALITIES IN *ZIRMI* TO EXECUTE AN IMAGE ANALYSIS

User Input	Default	Module	Functionality in <i>Zirmi</i>
Minutes Post Injury (MPI)	30 minutes	1	initial image time stamp in reference to injury; used to standardize time points across different imaging batches
Sampling Frequency	1 minute/frame	1	the rate at which images are taken; used to standardize time points across different imaging batches
Lateral Resolution	1.64 $\mu\text{m}$ / pixel	1	used to compute quantitative measures
Z-stack resolution	10 $\mu\text{m}$	1	used to compute quantitative measures
Bits per pixel (BPP)	16	1	Bit depth; used to compute quantitative measures
Parameter 1	Otsu value	2	used to threshold pixel intensities for image segmentation
Parameter 2	NA	2	outline of wound perimeter
Parameter 3	65 $\mu\text{m}$	2	radial distance extends from wound perimeter; used to reproduce wound region of interest
Parameter 4	NA	2	outline of background regions
Parameter 5	70%	3	a percent used to select cell tracks based on distinguishable centroid positions relative to time domain
Parameter 6	0.9 $\mu\text{m}$		used to threshold cell

Parameter 7	NA	3	movements as static used to outline a zero position, $S_0$ position; epicenter of wound
Parameter 8	NA	3	defines spatial domain, S1
Parameter 9	150 $\mu\text{m}$	3	defines the successive spatial domain radial extensions to define S2, S3, and S4
Parameter 10	NA	4	defines central directory used to save databases and visualizations
N/A, Not applicable		<i>Zirmi</i> is opensource permitting customization	

TABLE VIII. COMPARISON OF SINGLE WOUNDED ZEBRAFISH MACROPHAGE TEMPORAL SPEED AND STATIC RATIO AVERAGE

Time frame [min]	Velocity [ $\mu\text{m} / \text{min}$ ]	Respective P value	Static Ratio (0 to 1)	Respective P value
	<b>Interval</b>		<b>Interval</b>	
Zirmi 30-59, (Interval I, Z-I)	$3.03 \pm 1.2$	vs. Z-II, ** $p=0.009$ vs. Z-III, *** $p=0.0009$	$0.43 \pm 0.37$	vs. Z-II, n.s., $p=0.14$ vs. Z-III, * $p=0.01$
Zirmi 60-89 (Interval II, Z-II)	$4.00 \pm 2$	vs. Z-III, * $p=0.03$ ,	$0.35 \pm 0.35$	vs. Z-III, n.s. $p=0.1$
Zirmi 90-120 (Interval III, Z-III)	$5.08 \pm 1.5$	vs. PhagoSight * $p=0.01$	$0.16 \pm 0.13$	vs. PhagoSight 30-120 *** $p=0.0004$
	<b>Cumulative</b>		<b>Cumulative</b>	
PhagoSight 30-120	$4.01 \pm 1.77$	vs. Z-I, ** $p=0.004$ vs. Z-II, n.s, $p=0.9$	$0.40 \pm 0.39$	vs. Z-I, n.s. $p=0.96$ vs. Z-II, n.s. $p=0.6$
Zirmi 30-120 (Z -I,II,III)	$4.02 \pm 1.33$	vs. PhagoSight 30-120, n.s. $p=0.34$	$0.32 \pm 0.26$	vs. PhagoSight t30-120, n.s. $p=0.42$
Zirmi 30-59, data taken during the interval of 30-59 minutes, Zirmi 60-89 reflects the 60-89 minute interval, Zirmi 90-120 reflects 90-120 minute interval. PhagoSight 30-120 the 30-120 minute interval as determined by the PhagoSight software n.s., Not Significant, Wilcoxon signed-rank test (* $p<0.05$ , * * $p<0.01$ , *** $p<0.001$ , n.s. $> 0.05$ );				



**Figure 12. Wound severity comparative analysis.** Macrophage velocities (A), static ratios (B), and meandering (C) at three intervals: 30-59, 60-89, and 90-120 minutes post injury in unwounded, singly wounded, and doubly wounded fins. Macrophage cumulative wound recruitment in fish with single wounds (D) was compared to those with double wounds; ROS generation shown as Corrected Total Fluorescence (CTF) in unwounded fish (n=4) was compared to singly wounded (n=4) fish, and singly wounded CTF was compared to doubly wounded (n=3) fish at user defined time points (E). All values are shown as mean  $\pm$  SD in GraphPad, Prism.

## Appendix B

### SUPPORTING MATLAB SCRIPTS

#### SCRIPT 1

```

% Zirmi Source Information can be found at:
% <https://github.com/ADParedes/Zirmi>
% Written By: Andre Daniel Paredes | email: andre.paredes@ymail.com
% MATLAB Source Information can be found at:
% <https://www.mathworks.com/help/images/image-analysis.html>
% Description: Single Image Processing Workflow commonly performed through available
MATLAB tool. Requires % manual modifications of thresholding and morphological function
values per image.
Read Image
bytes = 2^8-1;
I = im2uint8(fluorescent_fish);
%Adjust Image to Prepare for Image Segmentation
background = imopen(I,strel('disk',15));
I2 = I - background;
I3 = imadjust(I2);
figure ();imshow(I3);
%Binary Version
close all
% Step 2. Detect entire Fish Tail
[~, threshold] = edge(I, 'sobel');
fudgeFactor = .5;
BWs = edge(I,'sobel', threshold * fudgeFactor);
figure(), imshow(BWs), title('binary gradient mask');
% Step 3. Dilate the Image
se90 = strel('line', 3, 90);
se0 = strel('line', 3, 0);
BWsdil = imdilate(BWs, [se90 se0]);
% figure(), imshow(BWsdil), title('dilated gradient mask');
% Step 4. Fill interior Gaps
BWdfill = imfill(BWsdil,'holes');
% figure(), imshow(BWdfill);title('binary image with filled holes');
% Step 5. Close objects
BW2 = bwareaopen(BWdfill, 1000);
% figure(), imshow(BW2), title('clear background objects');
% Step 6. Smoothen Objects
seD = strel('diamond',1);
BWfinal = imerode(BW2,seD);
BWfinal = imerode(BWfinal,seD);
BWfinal = bwareaopen(BWfinal,1000);
figure, imshow(BWfinal), title('segmented fish image');

```

```
%Outline Original Image
BWoutline      = bwperim(BWfinal);
thickBWoutline = bwmorph(BWoutline,'thicken',1);
Segout         = I;
Segout(thickBWoutline) = bytes;
B              = imoverlay(I,thickBWoutline,[1 1 0]);
figure, imshow(B), title('outlined original image');
%Analysis of Objects in Image
areaROI        = sum(sum(BWfinal));
MeanPixelIntensity = sum(sum(uint8(BWfinal).*I))/areaROI;
cc             = bwconncomp(BWfinal,4);
```

**Script 1 Description: Example of a single image processing pipeline commonly performed through available MATLAB tools; Requires custom user-defined modifications of thresholding and morphological function values per image.**



**SCRIPT 2**

```

% Zirmi Source Information can be found at:
% <https://github.com/ADParedes/Zirmi>
% Written By: Andre Daniel Paredes | email: andre.paredes@ymail.com
% Description: This uses “mindthegap” function incorporated into Zirmi as
% a means to reproduce a wound region, acquire raw pixel intensity values, and eliminate
confounding
% fluorescence within the wound gap that is difficult and time consuming
% to perform manually.
Read Image
bytes = 2^8-1;
I = im2uint8(fluorescent_fish);
Adjust Image to Prepare for Image Segmentation
background = imopen(I,strel('disk',15));
I2 = I - background;
I3 = imadjust(I2);
Binary Version
close all
% Step 2. Detect entire Fish Tail
[~, threshold] = edge(I, 'sobel');
fudgeFactor = .5;
BWs = edge(I,'sobel', threshold * fudgeFactor);
% Step 3. Dilate the Image
se90 = strel('line', 3, 90);
se0 = strel('line', 3, 0);
BWsdil = imdilate(BWs, [se90 se0]);
% Step 4. Fill interior Gaps
BWdfill = imfill(BWsdil,'holes');
% Step 5. Close objects
BW2 = bwareaopen(BWdfill, 1000);
% Step 6. Smoothen Objects
seD = strel('diamond',1);
BWfinal = imerode(BW2,seD);
BWfinal = imerode(BWfinal,seD);
BWfinal = bwareaopen(BWfinal,1000);
Outline Original Image
BWoutline = bwperim(BWfinal);
thickBWoutline = bwmorph(BWoutline,'thicken',1);
Segout = I;
Segout(thickBWoutline) = bytes;
B = imoverlay(I,thickBWoutline,[1 1 0]);
% figure, imshow(B), title('outlined original image');
Clean and Define
bytes = 2^8-1;
i = 1;
[ix,iy] = size(I);

```

```

diameter = 30;
bw = BWfinal;
Draw Circles
disp('Trace wound perimeter NOTE 1. Extend line to open water 2. Do not make a closed shape')
disp('Using "rice.png" example make a large open triangle in the middle of the figure to see how
this function works');
f=figure(1);imagesc(B); title('Trace Wound Perimeter');
[x, y] = getline(f);
bw_woundgap = poly2mask(x,y,ix,iy);
exist_woundgap = sum(sum(bw_woundgap));
if exist_woundgap>0
    exist_woundgap = 1;
    bw_woundgap_outline = bwperim(bw_woundgap);
    figure(2);
    Segout_woundgap = imoverlay(I,bw_woundgap,[1 0 0]);
    imshow(Segout_woundgap);
else
end;
Calculate the Metrics
%--find how many points have been established
num_points=length(x);
d = (0);
n = (0);
x1 = 0;
y1 = 0;
%-circle centers
Arr_xy = {0};
Arr_x = {0};
Arr_y = {0};
%-masks
CMASK={0}; % = combo;
RCMASK={0};% = raw_combo;
for i=1:(num_points-1)
    xy = 0; % saves two vertical arrays of centers of circles
    x1 = x(i);
    y1 = y(i);
    % Considering for loop condition this is impossible
    if i == num_points
        x2 = x(1);
        y2 = y(1);
    else
        x2 = x(i+1);
        y2 = y(i+1);
    end;
    f=figure(2+i);imagesc(I);
    hold on

```

```

plot(x,y,'LineWidth',2,'Color','r')
plot(x1,y1,'c*','LineWidth',2)
plot(x2,y2,'y*','LineWidth',2)
hold on
% calculate metrics
d(i)    = pdist([x1,y1;x2,y2]);
radius  = diameter/2;
n       = d(i);
num     = round(n); %number of circle points per line
%--figure out the line equation for the one drawn
coefficients= polyfit([x1, x2], [y1, y2], 1);
a       = coefficients (1);
b       = coefficients (2);
xmin    = min(x(i:i+1));
xmax    = max(x(i:i+1));
ymin    = min(y(i:i+1));
ymax    = max(y(i:i+1));
funct   = linspace(xmin,xmax, num); % Adapt n for resolution of graph
fun_y   = a*funct+b;
xy      = [funct',fun_y'];
Arr_xy{i} = xy;
Arr_x{i}  = funct;
Arr_y{i}  = fun_y;
%--Presets for next for loop -----%
lens    = length(funct);
Img_cmask = {0};
x_j     = 0;
y_j     = 0;
%--For Loop for Establishing Circles -----%
for j=1:lens
    %---showing purposes
    x_j     = funct(j);
    y_j     = fun_y(j);
    THETA   = linspace(0, 2 * pi, 1000);
    RHO     = ones(1, 1000) * radius;
    [X Y]   = pol2cart(THETA, RHO);
    xoc     = X + x_j;
    yoc     = Y + y_j;
    plot(xoc, yoc, '-', 'linewidth',2, 'color','g') %'color',0.5.*rand(1,3));
    %---masking purposes
    cx      = x_j ;
    cy      = y_j;
    r       = radius;
    [xm,ym] = meshgrid(-(cx-1):(ix-cx),-(cy-1):(iy-cy));
    c_mask  = ((xm.^2+ym.^2)<=r^2);
    cc_mask = c_mask & bw; %corrected circle mask to be inside fish

```

```

MaskPixelNum      = sum(sum(cc_mask));
MaskPixelIntensity = sum(sum(uint8(cc_mask).*I))/MaskPixelNum;
mmpi(j)           = MaskPixelIntensity;
Img_cmask{j}     = cc_mask;
if j==1
    raw_combo     = c_mask
    combo         = cc_mask;
else
    raw_combo     = raw_combo + c_mask;
    raw_combo     = im2bw(raw_combo);
    combo         = combo + cc_mask;
    combo         = im2bw(combo);
end;
Img_combomask{j} = combo;
hold on
end;
CMASK{i} = combo;
RCMASK{i} = raw_combo;

end;
%Final Image
%After you found a, You can get b from your equation y=a*x+b
%Creating Circle Mask BW
%-Raw BW before filtering
raw_blank = I;
blank     = BWfinal;
for kk=1:i
    if kk==1
        %--ultimate combo
        ultimate_mask = CMASK{kk};
        %--ultimate raw
        ultimateraw_mask = RCMASK{kk};
    else
        %--ultimate combo
        ultimate_mask = ultimate_mask + CMASK{kk};
        ultimate_mask = im2bw(ultimate_mask);
        %--ultimate raw
        ultimateraw_mask = ultimateraw_mask + RCMASK{kk};
        ultimateraw_mask = im2bw(ultimateraw_mask);
    end;
    blank = imoverlay(blank,bwperim(CMASK{kk}),0.3.*rand(1,3));
    raw_blank = imoverlay(raw_blank,bwperim(RCMASK{kk}),0.6.*rand(1,3));
end;
RUSegout = imoverlay(I,bwperim(ultimateraw_mask),[1 1 1]);
USegout = imoverlay(I,bwperim(ultimate_mask),[1 1 0]);
figure(); imshow(RUSegout); title('Raw Mask'); hold on

```

```

plot(x,y,'LineWidth',2,'Color','r')
hold off
figure(); imshow(USegout); title('Fish Mask'); hold on
plot(x,y,'LineWidth',2,'Color','r')
hold off
Mind the Wound Gap
disp('This is where we need to eliminate fluorescence debris in the wound gap')
    if exist_woundgap>0
        exist_woundgap      = 1;
        bwfinal = ~ultimate_mask | bw_woundgap;
        bwfinal = ~bwfinal;
    else
        end;
FinalSegout  = imoverlay(BWfinal,bwperim(bwfinal),[1 0 1]);
figure(); imshow(FinalSegout); title('Fish Mask'); hold on
plot(x,y,'LineWidth',2,'Color','r')
hold off
figure(); imshow(bwfinal); title('only regions of interest'); hold on
Analysis of Objects in Image
areaROI      = sum(sum(bwfinal));
MeanPixelIntensity = sum(sum(uint8(bwfinal).*I))/areaROI;

```

**Script S2 Description: Demonstrates the V-shaped image segmentation functionality within *Zirmi* as a reproducible means to reproduce acquire raw pixel intensity values and eliminate confounding fluorescence automatically within the wound gap. This is difficult and time consuming to perform manually.**

**SCRIPT 3**

```

% Zirmi Source Information can be found at:
% <https://github.com/ADParedes/Zirmi>
% Written By: Andre Daniel Paredes | email: andre.paredes@ymail.com
% Matlab Source Information can be found at:
% <https://www.mathworks.com/help/images/image-analysis.html>
% Description: Manual tracing technique to image segment wound region and acquire
% raw pixel intensity
Read Image
bytes = 2^8-1;
I = im2uint8(fluorescent_fish);
Manually Image Segment Wound Region
disp ('Outline the Wound Region')
close all; imagesc(I); colormap('gray'); movegui('northeast');title('ROS REGION');
RosRegion = roipoly();
imshow(RosRegion)
MaskPixelNum = sum(sum(RosRegion));
MaskPixelIntensity = sum(sum(uint8(RosRegion).*I))/MaskPixelNum;
display(strcat('Raw Pixel Intensity (abu):',num2str(MaskPixelIntensity)))
display(strcat('Region area (pixel^2):',num2str(MaskPixelNum)));

```

**Script S3 Description: Manual tracing technique to image segment wound region and acquire raw pixel intensity**

## VITA

### NAME:

**ANDRE DANIEL PAREDES**

### EDUCATION:

University of Illinois-Chicago, IL (UIC) **2018 (anticipated)**  
**Ph.D. Richard and Loan Hill Department of Bioengineering**

University of California-Irvine, CA (UCIrvine) **2010**  
**B.S. in Biomedical Engineering**

### RESEARCH EXPERIENCE:

**Ph.D. Thesis-Studies of Electromagnetic Waves in Zebrafish** **2016-2018**  
 Division of Translational Research, Transplant Biology Laboratory, UIC  
 Mentor and chair, Amelia Bartholomew, MD, MPH, FACS

- Developed and tested hypotheses for multiple projects on *in vivo (danio rerio)* transgenic zebrafish animal model, including:
  - (1) 3D + t confocal imaging
  - (2) soluble probe loading,
  - (3) caudal fin wound assay, and
  - (4) 635 nm CW HeNelaser irradiation
- Applied Data Vision and Data Science approaches in MATLAB to pipeline fluorescent and physical quantitative evaluations
- Established zebrafish model of single and dual tail fin wounding and reactive oxygen species quantification in real time
- Trained in the rabbit and murine models of electromagnetic radiation delivered by a LINAC source
- Applied Data Science approaches in MATLAB and R to establish predictors on whole blood evaluations of 48 hematopoietic, coagulopathic, and biochemical parameters following 6,7,8,8.5,9 and 10Gy total body radiation
- Performed quality control and assurance in key analytics, including plasma derived coagulation factors (II,V,VII,VIII,IX,X,XI, and XII) analytics and whole 4-color flow cytometric analyses of peripheral blood

**Ph.D. Thesis-Studies of Live-cell Imaging** **2010- 2016**  
 Bioengineering, Laboratory of Live-cell Imaging & Ultrafast Laser Microsurgery, UIC  
 Co-Mentor, Jun Cheng, Ph.D.

- Developed and tested hypotheses for multiple projects on *in vitro* J774A.1 macrophages, and *in vivo (danio rerio)* transgenic zebrafish after 1035 nm ultrafast pulse ND:YAG laser irradiation, including:
  - (1) *vitro* phagocytosis kinetics,
  - (2) *in vitro* and *in vivo* oxidative stress,
  - (3) *in vivo* wound leukocyte recruitment kinetics
- Performed laser to microscope unique set-up for 1035 nm ultrafast laser radiation, including automatically configuring robotic stage movements, 3D + t epifluorescence imaging, and laser energy deliverance via developed LabView and Visual Basic original scripts.
- Used developed digital image processing approaches for quantitative evaluations

**Biophotonics Research Program - Beckman Laser Institute, CA** **2009-2010**

- Developed experience with *in vitro* cell techniques including routine culturing,

transfections and fluorescent imaging

- Assisted in experimentation of cell mechanotransduction endocytosis force (pN) measurements, using 1035 nm ND:YAG laser tweezer and quad photodiode.

**Undergraduate Research Program** - Botvinick Laboratory, UCIrvine  
**2008-2009**

- Developed vaterite crystals and evaluated its ability to deform and flow a material
- Tested vaterite microrheology based viscous structural rearrangements

**Undergraduate Researcher** -Integrated Nanosystem Research Facility, UCIrvine  
**2007-2008**

- Performed polydimethylsiloxane PDMS synthesis and curing via photolithography etched silicon wafer.
- Performed positive pressure experiments to test microflow regulators of different conformations and consistencies to optimize a microvalve for cellular based evaluations

**CONFERENCE PROCEEDINGS:**

2018 RADRES, Radiation Research Society Annual Conference - *Chicago, IL*

Oral: *“Electromagnetic radiation of 3,9, or 18 Joule/cm<sup>2</sup> fluences demonstrate a dose response effect on macrophage recruitment, directionality, tissue injury, and reduction of oxidative stress”*

2017 MHSRS, Military Health System Research Symposium - *Kissimmee, FL*

Poster: *“Low Level Light Laser Treatment Reduces Macrophage Retention and Reactive Oxygen Species Levels accelerating wound regeneration”*

2017 ATC, American Transplant Congress - *Chicago, IL*

Poster: *“Low Level Light Laser Treatment Reduces Macrophage retention and ROS Levels Following Tissue Injury”*

2016 BMES, Biomedical Engineering Society - *Minneapolis, MN*

Accepted Abstract: *“An Automated Real-time Approach for Quantifying Phagocytosis and Reactive Oxygen Species Levels”*

2015 UIC College of Medicine Research Forum - *Chicago, IL*

Poster: *“In vivo Imaging of Leukocyte Inflammatory Migration Response to Caudal Fin Wound in Larval Zebrafish “*

2014 AAAS, American Association for Advancement in Science National Conference - *Chicago, IL*

Poster: *“Macrophage photobiomodulated inflammatory activity via NIR ultrafast laser irradiation”*

2010 AAAS, American Association for Advancement in Science National Conference – *San Diego, CA*

Poster: *“Evaluation of mechanic transduction in the adhesion forces between Notch and Delta Lateral inhibition”*

2008 Society of Advancement of Hispanic/Chicano & Native Americans Science National Conference - *Salt Lake City, UT*

Poster: *“Vaterite Crystal Formation for Microrheometry with Laser Tweezers”*

2008 AAAS, American Association for Advancement in Science National Conference – *Boston, MA,*

Poster: *“Novel Polymer Based Microflow Regulator: Lab-on-a-Chip Application”*



**MANUSCRIPTS:**

*Andre D. Paredes, David Benavidez, Jun Cheng, Steve Mango, Michael Donoghue, Amelia Bartholomew, Zebrafish automated and quantitative image analysis of in vivo macrophage kinetics and oxidative stress time-lapse images. Submitted to *J Biological Methods*, 2018*

*Andre D. Paredes, David Benavidez, Jun Cheng, Steve Mangos, Rachana Patil, Michael Donoghue, Enrico Benedetti, Amelia Bartholomew, In vivo detection of photobiomodulated macrophage kinetics, oxidative stress, and wound closure within Zebrafish. Submitted to *J. Photomedicine and Laser Surgery*, 2018.*