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NCPAD NEWS: July 2005

Volume 4, Issue 7

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Director's Column: Cholesterol Levels Back in the News

Since the discovery by two Nobel laureates in 1985 of cholesterol's damaging effects on our cells and tissues leading to heart disease, heart attacks, and stroke, we have seen an explosion of interest on the topic and a more aggressive approach by the National Cholesterol Education Program to get Americans to lower their cholesterol levels. If you have a disability, you may want to pay greater attention to the types of medications that are prescribed for high cholesterol or low HDL (good) cholesterol. Many individuals with spinal cord injury, for example, have low HDL (good) cholesterol levels, which, according to several experts, is as much a risk for developing heart disease as high LDL cholesterol levels.

Read the entire column at http://www.ncpad.com/director/fact_sheet.php?sheet=336.

From the Information Specialist's Desk: Resources for a Healthful Summer

A big thanks to all who responded to last month's picture on accessibility problems! In this issue, we provide answers with ADA Accessibility Guidelines for Buildings and Facilities (ADAAG) references. We are also featuring new video clips on water skiing, three new NCPAD publications, one on pain management and the other two on accessible recreation, a review of the new encyclopedia on disability, and a few helpful resource guides. Also, check out our new Rectech Recreational Equipment database and search for a piece of equipment you are interested in purchasing or learning more about.

1) NCPAD News

- Take advantage of NCPAD's Summer Shape-Up Sensation Sale! Our VHS, DVD, and quick series booklets on exercise programs for persons with paraplegia are also appropriate for any individuals needing to exercise from a seated position. The VHS and DVD are priced at \$14.99, and the quick series booklet at \$4.99. A combo pack of the VHS or DVD and the quick series booklet is priced at \$16.99. Download an order form at <http://www.ncpad.org/get/video/real/sci/orderform.pdf> or call 800-900-8086 for more information.

- Before the summer season ends, use NCPAD's Discover Camp guide web-version at <http://www.ncpad.org/get/discover/index-2.html>, our guide to "Summer Camp Resources 2005" at http://www.ncpad.org/fun/fact_sheet.php?sheet=88&view=all, and the programs database for camps in your area at <http://www.ncpad.org/programs/>.

2) National Therapeutic Recreation Week is July 10-16. The focus this year is to enhance public awareness of therapeutic recreation programs and services, and expand recreation and leisure opportunities for individuals with disabilities. For more information, go to <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#1>. Also, view the NCPAD factsheets "Introduction to Therapeutic Recreation Services" (http://www.ncpad.org/fun/fact_sheet.php?sheet=47&view=all), and "Self-Advocacy in Recreation Settings" (http://www.ncpad.org/fun/fact_sheet.php?sheet=318&view=all).

3) Mark the 15th anniversary of the ADA with celebrations in your state. Go to <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#2> for a state-by-state list of events.

4) In March 2005, "Murderball" was awarded the American Documentary Audience Award at the 2005 Sundance Film Festival in Park City, Utah. The film, directed by Henry Alex Rubin and Dana Adam Shapiro, is about athletes with quadriplegia playing wheelchair rugby to overcome obstacles and compete in the Paralympic Games in Athens, Greece. The film will be shown in American movie theaters starting in July 2005. Read more at <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#3>.

5) New Resource Guides:

- "Growing Stronger: Strength Training for Older Adults!" was developed by experts at Tufts University and the Centers for Disease Control and Prevention (CDC), and is based on scientific research involving strengthening exercises-exercises that have been shown to increase the strength of muscles, maintain the integrity of bones, and improve balance, coordination, and mobility. In addition, strength training may help reduce some of the stiffness and pain associated with arthritis. Order or download the printer-friendly version at <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#4>.

- The Amputee Coalition of America (ACA) has a new 36-page resource guide, "Expectations: Parenting

Children and Teens With Limb Differences," which contains many useful tips for improving quality of life and ensuring that children and teens have adequate resources for transitioning into adulthood. To request your free copy or to learn more about programs for parents, contact ACA' toll-free at 888-AMP-KNOW (888-267-5669), e-mail acainfo@amputee-coalition.org, or access their website at <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#5>.

6) Listserv and Website:

- Visit Dixie Deaf Bowlers on the web at <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#6> and sign up for the free e-mail listserv, "Bowling News."

- The Challenged Athletes Foundation provides opportunities and support to people with physical disabilities to pursue an active lifestyle through physical fitness and competitive athletics. This includes funds for athletes with disabilities, post-rehabilitation support and mentorship to individuals with disabilities, community outreach, support for wounded troops, and a fund for athletes with disabilities in Ghana. For more information, go to <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#7>.

Rectech's National Users with Disabilities Group Exercising (NUDGE) Corner: New Recreational Equipment Database and Research Study

RecTech is a Rehabilitation Engineering Research Center funded by the National Institute on Disability and Rehabilitation Research (NIDRR).

1) The RecTech recreational equipment database is available at <http://www.rectech.org/equipments/index.php>. Choose from among recreation, fitness, and sports equipment. Each listing contains a detailed description of the product, including manufacturer and distributor details and classified as an equipment or personal adaptation.

2) The RecTech project seeks participants for its "Accessible Exercise Environments" study to increase access to fitness and recreation facilities such as fitness centers, parks, swimming pools and trails for persons with disabilities. The study will assess whether a process of accessibility assessment, identifying access issues and barriers, and developing strategies to remove or lessen the impact of these barriers will have a positive effect on facility access.

For more information, contact Barth Riley, Ph.D., Project Director, Department of Disability and Human Development, University of Illinois at Chicago, at 312-355-4054 or e-mail: barthr@uic.edu.

NCPAD Book Review: Disability Sport & Encyclopedia of Disability

Disability Sport, 2nd edition

Disability Sport, 2nd Edition, by Karen DePauw and Susan Gavron, provides a comprehensive and practical look at the past, present, and future of disability sport. Topics include youth through adult participation in sport with in-depth coverage of essential issues involving athletes with disabilities. This edition has updated references and brief chapter outlines that assist with individual study and class discussions.

To purchase, go to <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#8>.

Encyclopedia of Disability

The new five-volume *Encyclopedia of Disability*, by Gary L. Albrecht, from Sage Reference Publications, covers the world of disability from A to Z, including areas such as physical activity and health promotion for people with disabilities. Other additions include a reader's guide, comprehensive bibliography, index, and a volume of disability primary source documents.

For more information and pre-publication pricing (available until September 2005), go to <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#9>.

NCPAD Video Corner: Water Skiing for People with Disabilities

Water skiing is a great summertime activity that can be easily adapted for individuals with disabilities. It is both a recreational and competitive activity. The competitive form of water skiing includes three events: slalom, trick skiing, and jumping. USA Water Ski is a national governing body for water skiing and works with the Water Skiers with Disabilities Association (WSDA) to serve individuals with disabilities.

View the water skiing video factsheet at http://www.ncpad.org/fun/fact_sheet.php?sheet=248.

NCPAD Research Corner: Walking Program for Persons with Down Syndrome

Carmeli, E., Barchad, S., Masharawi, Y., & Coleman, R. (2004). Impact of a walking program in people with Down syndrome. *Journal of Strength & Conditioning Research*, 18(1), 180-84.

Purpose: The aim of this study was to evaluate how a pain-free, low-intensity walking program would affect older adults with intellectual disabilities (ID) who reside in institutions. The researchers hypothesized that a structured, low-intensity, walking program would lead to positive effects on older adults with ID who had intermittent claudication (IC), the primary complaint of patients with peripheral vascular disease (PVD).

Read the entire abstract at http://www.ncpad.com/research/fact_sheet.php?sheet=334&view=all.

Nutrition Corner: Eating Well for Diabetes

A meal plan for persons with diabetes must be balanced with insulin and oral medications, as well as exercise levels, so that blood glucose, blood pressure, cholesterol, and weight can be managed. The meal plan can help an individual determine what types of food to select and how much should be consumed during snack and meal times. By following such a plan, overall health will improve and other health conditions such as heart disease, some forms of cancers, and hypertension can be prevented.

Ways to manage diabetes nutrition include:

- 1) The My Pyramid individualized meal plan (<http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#10>; http://www.ncpad.org/nutrition/fact_sheet.php?sheet=331), which consists of breaking the pyramid into food groups, coupled with an individualized exercise plan;
- 2) Exchange lists (<http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#10>) group foods together that have similar carbohydrate, protein, fat, and calorie counts for simplified meal planning; and
- 3) Balanced portion control on one's plate, consisting of $\frac{1}{4}$ grains or starchy foods, $\frac{1}{4}$ protein, and $\frac{1}{2}$ non-starchy vegetables (<http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#10>).

See the American Diabetes Association website for useful information on planning quick and healthy

meals, shopping for healthful foods at the grocery store, and recipes (<http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#10>); guides to eating out (<http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#10>); and reading food labels (<http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#10>; http://www.ncpad.org/nutrition/fact_sheet.php?sheet=94&view=all).

Responses to the Accessibility Problem in the Photo

The majority of comments about this parking space photo concerned the lack of a curb ramp to the sidewalk. Note that though it is difficult to see, there is a curb ramp at the top of the access aisle.

Read the entire response at http://www.ncpad.com/yourwrites/fact_sheet.php?sheet=337.

New NCPAD Documents: Pain Management; Self-Advocacy in Recreation Settings for People with Disabilities

Primer on Pain Associated with Various Disabilities

Pain is a near-universal human experience. In some cases, it provides a valuable learning experience, without lasting effect, regarding what actions to avoid or adapt in order to prevent pain from reoccurring. In other cases, pain can significantly interfere with the ability to function in daily life on many levels.

This factsheet covers pain associated with the following conditions: spinal cord injury, limb loss, cerebral palsy, fibromyalgia, Parkinson's disease, rheumatoid arthritis, osteoarthritis, and post-polio syndrome.

Read the complete document at http://www.ncpad.org/disability/fact_sheet.php?sheet=325&view=all.

What to Know Before You Go: The Big Questions to Ask Before Arriving at Your Accessible Recreation Destination

Every day, millions of people participate in recreational activities. Recreation activities offer avenues for people with disabilities to improve their health, relationships, and enjoyment of life. In fact, recreational pursuits centered on physical activity and social engagement can help prevent secondary health problems such as obesity and depression. Recreational physical activity promotes weight loss, strength, flexibility, motor skills, and self-confidence.

Read the entire article at http://www.ncpad.org/fun/fact_sheet.php?sheet=319&view=all.

You're Here! Now What? Making Self-Advocacy Work For You In Recreation Settings

What's worse? Planning a great outing with your family and friends at the local bowling alley only to find out that you can't get your wheelchair to the lanes, or educating the owner of the local bowling alley about your disability and the accommodations you are entitled to by law, as a person who has the right to bowl?

While finding out that a recreational hotspot is not accessible and doing nothing about it is a daily event for some people, others are taking the matter into their own hands to become their own advocates, to fight for what is legally theirs, and to educate a public that often turns away from the civil rights movement of the disability community. Read the factsheet at http://www.ncpad.org/fun/fact_sheet.php?sheet=318&view=all.

Events

LaSalle Bank Chicago Marathon Runners Wanted

If you or anyone you know is running in the 2005 LaSalle Bank Chicago Marathon (October 2005), please consider running for the Spinal Cord Injury Association of Illinois.

For information, go to <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#11>.

Abilities Expo, metro Detroit, August 26-28, 2005

Abilities Expo offers independent and assisted living products and services for persons with disabilities, caregivers, and healthcare/education professionals, and allows visitors to test and compare products and services offered by state-of-the-art exhibitors.

For more information, go to <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#12>.

Yoga for Children with Disabilities, June 13-August 8, 2005

Yoga helps children with disabilities improve their health through exercises that increase strength, flexibility, and body awareness, and complements OT, PT, and ST (speech therapy) sessions, as it helps develop some of the components necessary for learning new functional skills.

For information on upcoming camps in Villa Park, IL, please contact Carey Freyman at 708-763-8847 or 708-404-4589 and go to <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#13>.

Adaptive Fitness, Sports, and Recreation for People with Disabilities, Rehabilitation Institute of Chicago, Chicago, IL, August 15, 2005

NCPAD partner, the Rehabilitation Institute of Chicago, will offer a conference in August on adapted fitness, sports, and recreation. Amy Rauworth, Associate Director of NCPAD, will give the keynote address. Distance learning continuing education credits are also available.

For more information, go to <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#14> to download the course brochure.

AXIS Dance Company and the University of Washington Physically Integrated Dance Summer Intensive Workshop, Seattle, WA, August 19-28, 2005

AXIS Dance Company will present its first Physically Integrated Dance Summer Intensive, August 19-28, at the University of Washington, Seattle, WA for adults and teens with and without disabilities.

Go to <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#15> for more information.

Conferences

2005 National Center on Birth Defects and Developmental Disabilities State Grantee & Partners Annual Meeting, Albuquerque, New Mexico, July 11-13, 2005

Federal and state agencies, including the Centers for Disease Control, are paying increased attention to and

are being increasingly affected by a focus on accountability, measurable indicators of success, and describing the impact that programs and services have on the public. The 2005 annual meeting will respond to these trends by focusing on key issues in performance measurement, including designing, implementing, evaluating, and reporting performance-based programs.

For more information, go to <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#16>.

Amputee Coalition of America Annual Educational Conference & Exposition, Dallas, TX, August 11-13, 2005

This year's theme is "Changing Direction - Leading the Way to Better Care" and will offer dozens of educational, fitness, and adjustment sessions, as well as an exhibit hall with education on the latest assistive technology, information on services for amputees and their families, and a comprehensive health-screening pavilion.

For more information and to register, go to <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#17>.

2005 Southwest Conference on Disability, Albuquerque, NM, September 28-30, 2005

The conference encourages contributions about quality of life from a variety of perspectives, including employment, housing, transportation, physical and emotional health, accessibility, education, assistive technologies, and culture.

For more information, go to <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#18>.

ACSM and the University of Illinois, Urbana-Champaign: Walking for Health: Measurement and Research Issues and Challenges, October 13-15, 2005

Walking and other forms of mobility for people with disabilities (i.e., wheelchair rolling) are the most simple and effective physical activity modes in promoting physical activity, but critical research and measurement questions remain. Topics will include measurement and research challenges; information on the latest research programs; and training on programs, measurement techniques, and statistical methods.

For information on registration and abstract submission (March 15 - August 31, 2005), go to <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#19>.

3rd National Prevention Summit, Innovations in Community Prevention, Washington, DC, October 24-25, 2005

The Summit will focus on chronic disease prevention and health promotion and will feature innovative prevention programs that are making a difference in communities across the country. These programs are focused on healthy lifestyle choices, including eating a nutritious diet, being physically active, avoiding high-risk behaviors, and obtaining preventive screenings to prevent the major health complications created by obesity, diabetes, asthma, cancer, heart disease, and stroke.

For questions or more information, contact summit@osophs.dhhs.gov. For information on how to submit an abstract or presentation, visit <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#20>.

Fax or mail your registration form to 3rd National Prevention Summit, c/o Unbridled Solutions, 1331 17th Street, Ste. 808, Denver, CO 80202, F: 303-996-6170.

International Conference on Aging, Disability, and Independence (ICADI), St. Petersburg, FL, February 1-4, 2006The conference will cover ways to maintain independence in later life, including mobility options, assistive technology, and home and work modifications.

For more information, go to <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#21>.

International Congress on Physical Activity and Public Health, Atlanta, Georgia, April 17-20, 2006

The Physical Activity and Health Branch at the U.S. Centers for Disease Control and Prevention will host this event to commemorate the 10-year anniversary of the release of the landmark U.S. Surgeon General's Report on Physical Activity and Health. Key scientific and programmatic advances in the field in the past 10 years will be emphasized and the direction of future research and promotion will be highlighted. Abstracts and contributed papers will be accepted for presentation at the Congress. Watch for the upcoming Call for Abstracts.

VISTA Conference, Bonn, Germany, May 6-7, 2006

This conference is to provide a forum for exchange on current information, research initiatives, and expertise related to classification in Paralympic Sport and the Paralympic Movement. Deadline for submission of abstracts is August 1, 2005.

For further information, go to <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#22>.

Employment

Director of Orthopedics and Rehabilitation Services, Bayhealth Medical Center

The director is responsible for the development and implementation of system-wide strategic initiatives and for operations of orthopedics and rehabilitation services at Bayhealth Medical Center, in Dover, Delaware. A Master's degree in Health Care Administration or MBA and 5 years in a similar position or with equivalent job components and responsibilities preferred. To apply, send resume with cover letter, preferably by e-mail, to the Hollander Group, T: 202-270-8772, F: 202-337-4046, e-mail: info@thehollandergroup.net.

Director of Recreation and Athletics for Persons with Disabilities, Lakeshore Foundation

Lakeshore Foundation seeks applicants for a Director-level position of Recreation and Athletics. The Director is responsible for the day-to-day operation of the Recreation and Athletic Department, including recreation, competitive athletics, events, and summer sports programs for youth and adults with physical disabilities to pursue active healthy lifestyles. Bachelor's degree in sports management, physical education, business or related field is required. Master's degree preferred. Submit a letter of intent, resume, and three references to Debbie Smith, 4000 Ridgeway Drive, Birmingham, AL 35209, e-mail: DebbieS@lakeshore.org.

Director, Steadward Disability and Exercise Centre

The Faculty of Physical Education and Recreation, in conjunction with the Steadward Centre for Personal and Physical Achievement at the University of Alberta, Edmonton, Alberta, invites applications for the position of Director of the Steadward Centre, which provides opportunities for Albertans with disabilities to enhance their physical and mental well-being through individually prescribed and group programs of physical activity, fitness-related medical interventions, and psychological services.

Click on <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#23> for more information.

Grant Opportunities

American Heart Association, Greater Midwest Affiliate Grants

The American Heart Association funds research broadly related to cardiovascular function and disease, stroke, or to related clinical, basic science, bioengineering or biotechnology, and public health problems. Predoctoral and postdoctoral fellowships, scientist development grants, and grant-in-aid grants are available.

The due dates range from July 12 to 13, 2005, 5 p.m., Central Standard Time.

More information is available at <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#24>.

National Association for Sports and Physical Education (NASPE) New Research Grant Program

This new Research Grant Program will provide substantial funding for critical, applied research issues that are related to NASPE's mission. These issues will have the potential for significant broad-based impact on the provision of quality physical education, physical activity, and youth/school sport programs. Funding of up to \$30,000 will be awarded once every three years to NASPE members; the first grant will be awarded in January 2006. The topic of the 2006-2008 grant is evidence-based physical education.

A letter of intent to submit (mini-proposal, 2,500-word maximum) is due to the NASPE office by July 15, 2005. If invited to submit a full proposal, it will be due to the NASPE office by September 30, 2005.

For more information, go to <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#25>.

Christopher Reeve Paralysis Foundation Quality of Life Grants

The Christopher Reeve Paralysis Foundation (CRPF) Quality of Life Grants Program offers grants to non-profit organizations that address the needs of persons living with paralysis (particularly spinal cord injury), their families and caregivers. Funding is awarded in 13 categories, including health promotion. The health promotion category provides funding to non-profit organizations that address paralysis caused by spinal cord injuries and/or other injuries, diseases and birth conditions.

Application deadlines are September 1, 2005, and March 1, 2006.

For more information, go to <http://www.ncpad.org/newsletter/newsletter.php?letter=40§ion=561#26>.

Newsletter Links

1. **National Therapeutic Recreation Week:** <http://www.nrpa.org/content/default.aspx?documentId=890>
2. **ADA state celebrations:** <http://www.aapd-dc.org/ADAcelebration/adace105/stateadace1.html>
3. **Murderball:** <http://www.murderballmovie.com>
4. **"Growing Stronger: Strength Training for Older Adults!":**
http://www.cdc.gov/nccdphp/dnpa/physical/growing_stronger/index.htm
<http://nutrition.tufts.edu/research/growingstronger/>
5. **The Amputee Coalition of America "Expectations: Parenting Children and Teens With Limb Differences" resource guide:** <http://www.amputee-coalition.org>
6. **"Bowling News" listserv:** <http://dixiedeafbowlers.com/>
7. **The Challenged Athletes Foundation:** <http://caf.temp.powweb.com/>
8. **Disability Sport, 2nd ed:** <http://ihrsa.humankinetics.com/products/showproduct.cfm?isbn=0736046380>
9. **Encyclopedia of Disability:** <http://www.sagepub.co.uk/book.aspx?pid=106772>
10. **American Diabetes Association links:**
 - the My Pyramid individualized meal plan: <http://www.diabetes.org/nutrition-and-recipes/nutrition/foodpyramid.jsp>
 - exchange lists: <http://www.diabetes.org/nutrition-and-recipes/nutrition/exchangelist.jsp>
 - balanced portion control: <http://www.diabetes.org/nutrition-and-recipes/nutrition/rate-your-plate.jsp>
 - planning quick and healthy meals, shopping, and recipes: <http://vgs.diabetes.org/recipe/index.jsp>
 - guides to eating out: <http://www.diabetes.org/nutrition-and-recipes/nutrition/eatingoutguide.jsp>
 - reading food labels: <http://www.diabetes.org/nutrition-and-recipes/nutrition/foodlabel.jsp>
11. **LaSalle Bank Chicago Marathon Runners Wanted**

For information, call 708-352-6223, e-mail sciinjury@aol.com, or see the website at <http://www.SCI-Illinois.org>.
12. **Abilities Expo:** <http://www.abilitiesexpo.com/IAEBrandManager/V41/index.cvn>

Shows include Metro Detroit, August 26-28; Chicago Metro, September 16-18; and Northern California, November 18-20.
13. **Yoga for Children with Disabilities**

Group #Y0T1 is designed for children ages 3-6 who have significant motor impairments and are unable to walk independently. Children with low, high, or fluctuating muscle tone will benefit. Parents must participate as his/her child's helper during the group. Mondays, June 13-August 8, 1-

1:45 pm.

Group #Y0T2 is designed for children ages 8-12, who are walking independently and have sensory or physical impairments. Children must be able to work within a group setting and follow multiple step directions independently, as they will participate without parents in this group. Mondays, June 13-August 8, 2-2:45 pm.

For more information, contact Carey Freyman at 708-763-8847 or 708-404-4589.

14. Adaptive Fitness, Sports, and Recreation for People with Disabilities, Rehabilitation Institute of Chicago

Presenters will explore how current and future community-based programs can integrate individuals with disabilities using fitness, sports, and recreation, as well as how a low-cost fitness program can be developed at home for people of any ability level.

<http://www.ric.org/education/schedule.php>

15. AXIS Dance Company and the University of Washington Physically Integrated Dance Summer Intensive

AXIS, Jürg Koch of the University of Washington Dance Department, and Olive Bieringa of the Body Cartography Project will teach physically integrated contact improvisation, technique, choreography, performance, and site-specific dance. The intensive workshop will culminate with an informal performance by workshop attendees and faculty.

Register online by visiting <http://www.axisdance.org/education/schedule.html> or by contacting the AXIS office at 510-625-0110 or info@axisdance.org.

16. 2005 NCBDDD State Grantee & Partners Annual Meeting, Albuquerque, New Mexico, July 11-13, 2005: <http://www.aahd.us/conferences/FlyerJul2005.pdf>

17. Amputee Coalition of America Annual Educational Conference & Exposition, Dallas, TX, August 11-13, 2005: http://www.amputee-coalition.org/annual_meeting_about.html

18. 2005 Southwest Conference on Disability

The conference encourages contributions about quality of life from a variety of perspectives, including employment, housing, transportation, physical and emotional health, accessibility, education, assistive technologies, and culture.

For more information, go to <http://cdd.unm.edu/swconf/main.htm> or call 505-272-9594.

19. ACSM and the University of Illinois, Urbana-Champaign: Walking for Health: Measurement and Research Issues and Challenges: <http://www.acsm.org/meetings/walkingconference2005.htm>

20. 3rd National Prevention Summit, Innovations in Community Prevention: <http://www.healthierus.gov/steps/summit/abstract.html>

21. International Conference on Aging, Disability, and Independence (ICADI): <http://www.icadi.phhp.ufl.edu/index.php>

22. VISTA Conference

This conference is to provide a forum for exchange on current information, research initiatives and expertise related to classification in Paralympic Sport and the Paralympic Movement, as well as to enhance and promote cross-disciplinary professional interaction among sport scientists, coaches, classifiers, athletes, and sport administrators.

Deadline for submission of abstracts is August 1, 2005. Authors must submit the abstract electronically, accompanied by an Abstract Submission Form.

For further information, please contact Miriam Wilkens, IPC Media and Communication Director at +49-228-2907-180, e-mail: Miriam.wilkens@paralympic.org or http://www.paralympic.org/release/Main_Sections_Menu/Vista_Conference_2006.

23. Director, Steadward Centre

This is a tenure-track position at the rank of Assistant or Associate Professor with a suggested start date of July 1, 2005, and an administrative appointment with support to enable the Director to maintain an active research program and to teach undergraduate and graduate students. The successful candidates will possess a completed doctorate, have strong evidence of effective teaching, and a proven track record of scholarly research and publication. The faculty is interested in attracting individuals who are considered to be emerging leaders in disability (particularly physical disability), physical activity, and sport.

The Steadward Centre website is at www.steadwardcentre.org. Further information about the University of Alberta and the faculty may be obtained from <http://www.ualberta.ca> and <http://www.physedandrec.ualberta.ca>.

Applicants should submit a curriculum vitae, brief descriptions of research and teaching interests, and the names of three references (including addresses, phone/fax and e-mail addresses). Please direct correspondence to:

Dr. Michael J. Mahon, Dean
Faculty of Physical Education and Recreation
Room W1-34, Van Vliet Centre
University of Alberta
Edmonton, AB T6G 2H9 Canada.
E-mail: mike.mahon@ualberta.ca; Telephone: 780-492-3364; Fax: 780-492-1008

24. American Heart Association Cardiovascular Health Grants:

<http://www.americanheart.org/presenter.jhtml?identifier=9713>

25. National Association for Sports and Physical Education New Research Grant Program

For more information, go to <http://www.naspeinfo.org>, "Hot News Items" entitled "New Research Grant Program." E-mail questions to naspe@ahperd.org, with a subject line of NASPE Research Grant Program. Additional information can be located at http://www.ahperd.org/naspe/template.cfm?template=grant_program.html.

26. Christopher Reeve Paralysis Foundation Quality of Life Grants:

<http://www.christopherreeve.org/OLGrants/OLGrantsMain.cfm>.

NCPAD Contact and Partner Information

NCPAD is funded by the National Center on Birth Defects and Developmental Disabilities at the Centers for Disease Control and Prevention (CDC) and is located at the University of Illinois at Chicago in the Department of Disability and Human Development. All materials listed below - and more - are available on the NCPAD website at <http://www.ncpad.org> or by calling our toll-free number: 1-800-900-8086. Alternative formats are available.

NCPAD's partner affiliates include the Rehabilitation Institute of Chicago (RIC), the National Center on Accessibility (NCA), The Arc of the U.S., the National Council on Independent Living (NCIL), and UCP National. Friendly, highly trained Information Specialists are available through a toll-free hotline and TTY at 1-800-900-8086, e-mail ncpad@uic.edu, or fax 1-312-355-4058 to provide personalized responses to your questions.

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