

Table 3.1

Sign	Score		
	0	1	2
<b>Heart rate</b>	Absent	< 100 beats per minute	> 100 beats per minute
<b>Respiratory effort</b>	Absent	Weak cry	Strong cry
<b>Muscle tone</b>	Limp	Some bending	Active motion
<b>Skin color</b>	Blue or pale	Body pink; arms & legs blue	Completely pink
<b>Stimulus response</b>	No response	Grimace	Cry, cough, or sneeze

Adapted from: Apgar, V. (1953) A proposal for a new method of evaluation of the newborn infant.  
*Curr.Res. Anesth. Analg.*, 32, 260-267.